

MOOR SPA®

100%  
NATURAL  
SOURCE

SKIN CARE  
BODY CARE  
WELLNESS

## Guide For Spa Professionals

- ◆ General Information
- ◆ Product Details
- ◆ Treatment Protocols
- ◆ Wellness Regimens

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The entire Moor Spa product line is based on the remarkable revitalizing, purifying and soothing properties of the Austrian Deep Moor. The effects of 'Heilmoor' or healing moor have been known for many centuries. Probably the earliest record of its use comes from Galen and Plinius, the great medical minds from the Egyptian era, who described the use of moor deposits by the river Nile as a major healing medium.

Nearly 3,000 years ago, the Celts and Romans are known to have used moors in Austria to treat their wounded. In the 16th Century Paracelsus, the famous alchemist, described moor as the 'Quinta Essentia Vitae' - he believed it was the ultimate remedy or elixir of life.

More recently, a wealth of clinical studies has been conducted on moor therapy including several by the German and Austrian Governments. As a result, hundreds of European physicians now use and recommend moor treatments.

## What Is Moor?

Moor is a form of organic peloid created by the gradual decomposition of plant matter in a permanently waterlogged environment. Free from the decaying effects of oxygen and in the presence of certain types of bacteria, the plant matter undergoes a transformation process over periods of hundreds or thousands of years into a homogeneous dark brown or black magma. In this transformation or ripening process all of the organic and inorganic components within the plants are retained in the substance.

## Our Moor Source

In our ongoing research into various moor sources in different parts of the world we have located the most pure and potent source in the **Tiefenmoor** from Vorarlberg in Austria. This 'deep' moor was discovered by Dr. Walter Kosmath, a balneotherapist who helped pioneer the field of Moor Therapy over 50 years ago. The moor is excavated from up to 60 feet below the surface where it is richest and completely homogeneous, resulting in a natural, cream-like consistency.

The moor has been thoroughly analysed and verified for its therapeutic value by Austrian Government scientists and is used widely throughout Austria in hospitals, clinics, spas and physiotherapy centres as a treatment for a variety of health problems. Therapies using the moor bath, drink, body pack or combinations of these are used as an aid in the relief of the following disorders:

Acne, Arthritis, Arthrosis, Athlete's Foot, Bladder Infections, Burns, Circulatory Problems, Colic, Colitis, Duodenitis, Duodenal Ulcers, Endometritis, Fibrobylagia, Gall Bladder Complaints, Hyper-Acidity, Gastritis, Gout, Gynaecological Problems, Infertility, Kidney Disorders, Liver Complaints, Lumbago, Menopausal Problems, Menstrual Disorders, Muscular Aches and Pains, Myalgia, Neuralgia, Neuritis, Phlebitis, Piles, Prostatitis, Psoriasis, Rheumatism, Rheumatoid Arthritis, Scar Tissue Retraction, Sciatica, Skin Disorders, Spondylosis, Spondylarthritis, Treatment of Injuries, Inflammations of: Gastric Mucosa, Joints, Genital Tract, Intervertebral Discs, Pelvic Tissue, Renal Pelvis.

### ANALYSIS OF MOOR INGREDIENTS

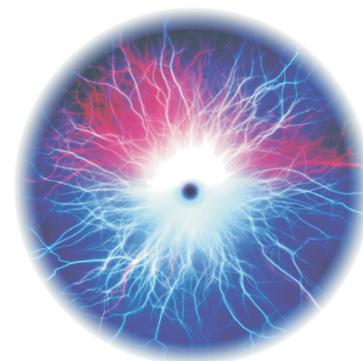
The following is a list of organic and inorganic substances that have been identified in the Tiefenmoor at Vorarlberg:

humic acids	waxes
fatty acids	oxalic acid
lignin	antibiotics
starch	iron salts
sugar	sulphur
humus substances	magnesium
amino acids	manganese
balsam	calcium
volatile oils	sodium
nitrogen compounds	iron
vitamins	phosphoric acid
organic sulphates	salicylic acid
protein	potassium
resins	boron
pectins	silicon
hemicellulose	aluminium
cellulose	calcium
bitumens	bio-active matter
pigments	and many more

These herbs, plants and flowers (botanical names) are found in the area of the Tiefenmoor.

Achillea millefolium	Lemna minor
Agrostis stolonifera	Linum catharticum
Agrostis tenuis	Liparis loeselii
Alisma plantago-aquatica	Listera ovata
Allium angulosum	Menyanthes trifoliata
Allium carinatum	Molinea caerulea
Allium suaveolens	Molinea arundinacea
Anthoxanthum odoratum	Nuphar lutea
Aquilegia atrata	Nymphaea olba
Aquilegia vulgaris	Ophrys apifera
Carex flava	Orchidaceae
Carex hostania	Orchis mascula
Carex panicea	Orchis militaris
Centaurea jacea	Orchis mario
Cladium mariscus	Orchis ustulata
Dactylorhiza incarnata	Pedicularis palustris
Dactylorhiza maculata	Peucedanum cervaria
Dactylorhiza majalis schmalb.	Peucedanum palustre
Dactylorhiza majalis ssp. maja	Phragmites australis
Danthonia decumbens	Pinguicula vulgaris
Drosera intermedia	Platanthera bifolia
Drosera rotundifolia	Potamogeton coloratus
Epipactis palustris	Potentilla erecta
Equisetum palustre	Primula farinosa
Euphrasia rostkoviana	Ranunculus flammula
Galium boreale	Rhinanthus glacialis
Galium palustre	Rhynchospora alba
Galium verum	Rhynchospora fusca
Gentiana	Salix
Gentiana pneumonanthe	Sanguisorba officinalis
Gentiana verna	Serratula tinctoria
Gentianella germanica	Silau silaus
Gladiolus palustris	Sparganium neglectum
Gymnadenia conopsea	Succisa pratensis
Gymnadenia odoratissima	Thymus pulegioides
Hermioniin monorchis	Trollius europaeus
Inula salicina	Typha
Iris pseudacorus	Typha angustifolia
Iris sibirica	Typha latifolia
Juncus articulatus	Typha minima
Juncus subnodulosus	Typha shuttleworthii
Laserpitium prutenicum	Vincetoxicum hirsutinaria

- ◆ The array of herbal properties, trace elements, biologically active matter and organic substances present in the Moor are highly bioavailable (easily absorbed) to the body either internally or through the skin. Those substances that are required by the body to re-establish balance and health are absorbed. The rest pass through the system unused.
- ◆ The Moor compound is highly anti-inflammatory. One researcher found that Moor baths stimulate the production of cortisones, helping to bring relief from pain. Another cited 4000 cases of chronic stomach ulcers which were treated internally with Moor. Of these cases, 95% were so successful that surgery was deemed unnecessary.
- ◆ The Moor is detoxifying. It is highly absorbent of body wastes and other toxic substances in the system.
- ◆ It also has a balancing influence on the hormones. For example, Moor clinics have reported great success in treating menstrual, menopausal and infertility problems.
- ◆ The Moor stimulates circulation to the area in which it is applied.
- ◆ Kirlian photographs of Moor samples also reveal that it contains a subtle life energy indicated by strong corona discharges. This energy is also absorbed into the system on a cellular level.



Kirlian Photograph of Moor Sample in 2oz jar

## Cosmetic Benefits

- ◆ When the Moor is applied to the skin, it creates a holistic effect throughout the whole system. Substances of the Moor cling to the skin or penetrate partially between the epidermis cells of the skin. A binding process with albumin in the skin takes place, producing an exchange reaction of ions. Harmful positive ions in the skin tissues are exchanged for the rejuvenating negative ions in the Moor. The particles are then captured by the blood vessels into the system to carry out their precious healing work.
- ◆ The Moor's cosmetic benefits also stem from an abundance of essential oils, fatty acids and lipoids which occur naturally and are not artificially introduced, as in most cosmetics. These penetrate easily into the skin and subcutaneous tissues, re-establishing the skin's natural pH balance and increasing the flow of blood to the skin.
- ◆ At the same time, the skin is detoxified, purified, toned and revitalized by soluble organic and inorganic active ingredients.
- ◆ The Moor is naturally hypoallergenic and will also harmonize with and benefit any skin type, eliminating the need for many different types of creams.
- ◆ The active herbal ingredients in the Moor have been found to be helpful in treating many skin problems including acne, eczema, psoriasis, burns, scars, stretch marks, and cellulite.
- ◆ Cellulite is an inflammation of the subcutaneous tissues caused by a build up of toxins, poor blood circulation and fluid retention due to poor lymphatic flow. The Moor directly influences both the inflammation and its causes, and is therefore an excellent treatment for cellulite and an aid to weight loss.
- ◆ Most estheticians are aware that, in order to create radiant healthy skin, it is necessary not just to have a top class skin care product but also to have a good diet and prevent the flow of harmful toxins to the skin. Taking the Moor internally helps to detoxify the whole system, and is therefore considered to be a vital part of the Moor Spa Therapies.

*"This moor is very special for its ability to create long-lasting 'deep warmth' inside the body and eliminate toxic substances from the tissues."* Prof. Robert Gieler, Vienna, Austria

*In addition to the Austrian Deep Moor, Moor Spa is proud to offer 5 other pure, therapeutic substances to enhance your spa menu and services:*

## Algamoor

*Algamoor is a unique, rich, 10,000 year old substance, extracted from a 50 feet thick deposit beneath a pristine lake bed in Northern Germany. The Algamoor was formed in a very similar way to Moor mud but is composed entirely of algae instead of plant matter.*

Algamoor was originally discovered in 1920. In 1933 it was analyzed by German scientists and is now used by many hospitals and clinics in Northern Germany for applications in dermatology, gynaecology, rheumatology as well as cosmetics and sports injuries. The Algamoor consists of over 10 different species of algae and is also rich in minerals including: [magnesium](#), [calcium](#), [manganese](#), [iron](#), [silicon](#) and [sulphur](#).

The Algamoor has a range of therapeutic benefits including [detoxifying](#), [remineralizing](#) and [anti-inflammatory](#). It has a silky-smooth texture that feels great on the body, is deeply hydrating and remarkably easy to remove both from the body and towels. Also, unlike seaweed or other algae, the Algamoor has relatively no smell.



## Kelzyme

*Kelzyme is a fossilized, calcified kelp deposit extracted from an ancient seabed over a hundred feet below the ground in Nevada. The deposit is estimated to be over 35 million years old.*

Kelzyme consists of over 70% calcium in a highly bio-available form; over 70 trace minerals including magnesium, potassium, sodium, manganese, selenium, phosphorus and iodine; and a wealth of life enhancing enzymes. Calcium is one of the essential elements in life growth.

Kelzyme opens pores allowing skin to breath. It also lightens the skin; and exfoliates and tightens to prevent wrinkles and signs of aging. The skin absorbs the minerals that are essential for restoring its tone and vitality. These minerals help to disperse local fatty deposits and other impurities ensuring soft, fresh and healthy looking skin for life.



## Himalayan Crystal Salt

*Our Himalayan Crystal Salt comes from the Karakurm area of Kashmir, Pakistan. It was originally formed from the earth's primal oceans over 250 million years ago. It is said that Alexander the Great arranged for the transport of this valuable natural crystal salt from the Himalayas to Europe, around 350 BC.*

This Himalayan Crystal Salt is mined in an exclusive, protected mountain area and is the only source which has been prepared manually. This maintains the energy vibration pattern in the crystal salt. After breaking the rocks by hand the salt is sorted, washed and dried in the sun to preserve its energy. Unfortunately many companies mine the rocks commercially by using explosives to extract the rock and metal equipment to refine it. This destroys the true holographic memory within the crystals and therefore diminishes the salt's effectiveness.



Himalayan Crystal Salt has supreme bio-energetic qualities and is also a source of over 80 trace minerals which are required by the body including:

lithium, beryllium, boron, carbon, nitrogen, oxygen, fluoride, sodium, magnesium, aluminium, silicon, phosphorous, sulfur, chloride, calcium, scandium, titanium, vanadium, chromium, manganese, iron, cobalt, nickel, copper, zinc, gallium, germanium, selenium, zirconium, silver, cesium, barium, platinum and gold

## Gemstone Clay

*Our Green Clay comes from a mountainside on the isolated west coast of Vancouver Island. The clay deposit is unique in that it consists not only of a wide variety of minerals but also rare earths and healing gemstone material.*

Minerals: barium, chromium, caesium, gallium, hafnium, niobium, rubidium, tin, tantalum, thorium, titanium, vanadium, tungsten, zirconium, selenium, cobalt, copper, molybdenum, nickel, zinc.

Rare Earths: cerium, dysprosium, erbium, europium, gadolinium, holmium, lanthanum, lutetium, neodymium, praseodymium, samarium, terbium, thulium, yttrium, ytterbium

In addition several healing crystalline gemstone substances have been identified in the clay by X-ray diffraction analysis conducted at the University of British Columbia: quartz, agate, plagioclase, k-feldspar, clinichlore, actinolite (non-fibrous), laumontite, prehnite, magnetite, diopside, molybdenite

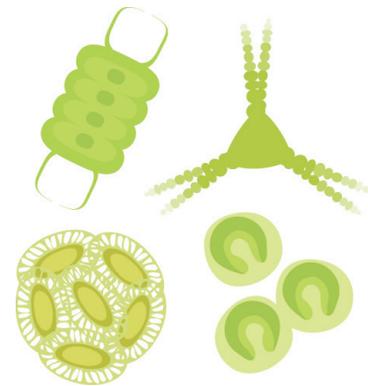


## Marine Phytoplankton

*Marine phytoplankton has been called the most nutritionally dense food on the planet, with a full complement of essential nutrients. These micro-algae are thought to contain every nutrient required by the human body.*

Our phytoplankton consists of over 60 individual wild species, containing an astonishing assortment of nutritional elements, including:

- Vitamins
- Essential Fatty Acids
- Amino Acids
- Vast assortment of phytochemicals
- Macrominerals
- Nucleic Acids (RNA & DNA)
- Protein
- Trace minerals
- Chlorophyll



Our phytoplankton is naturally cultivated and harvested from million-litre, ocean-side tanks, in a one-of-a-kind facility right on the coast of Vancouver Island. We don't use any artificial sea-water or bio-reactors. It grows as nature intended - in real ocean water, in the open air. Water conditions are carefully monitored during the entire process and each batch is thoroughly tested to ensure maximum purity.



Moor Spa marine phytoplankton is registered with a Health Canada NPN (Natural Product Number) supporting the following claims:

- Antioxidant properties for health maintenance
- Helps the body to metabolize fats and proteins
- Helps in wound healing
- Helps in the maintenance of bones, cartilage, teeth and gums
- Helps in connective tissue formation.

Moor Spa harnesses the potent, therapeutic properties of the moor in an extensive line of skin-care, body-care, and wellness products.

Some of the products include nothing but the pure moor which is simply harvested directly from the Vorarlberg Tiefenmoor, then carefully filtered and refined.

The other products are manufactured using moor water as their base. This water is extracted from the moor by a process of filtration which takes several weeks to complete. It contains most of the moor's water-soluble nutrients and is therefore extremely nourishing to the skin and body.

A range of high grade plant-based ingredients including natural emulsifiers, humectants, nourishing oils, herbal extracts, essential oils, and other 'actives' are blended in at our Vancouver facility, to create a range of truly exquisite products that work synergistically with the pure moor products.

**Moor Spa Products Include 100% Natural-Source Ingredients, Contain No Artificial Preservatives And Are Not Tested On Animals.**

## Natural Preservative System

The natural preservative system that we use comprises the following components:

**Propanediol:** a natural, green alternative to Propylene Glycol derived from corn sugar. In combination with Caprylyl Glycol, this binds the water content in a product preventing bacteria from growing.

**Caprylyl Glycol:** derived from Coconut Oil. Acts as a preservative against bacteria when combined with Propanediol.

**Natamycin:** a natural fungicide produced from fermentation of yeast. Prevents yeast and mold growth.

## Excluded Ingredients

Here is a list of commonly used chemicals that may produce a range of undesirable or harmful effects and which are totally absent from all Moor Spa Products. These are chemicals that are used commonly even in spa-grade skin-care and body-care products, and often in products that advertise "natural" or "organic".

1. **Sodium Lauryl Sulfate, Sodium Laurel Sulfate, Sodium Laureth Sulfate (SLS and SLES)** - detergent derived from coconut oil (can be called "natural" or even "organic") found in cleansers, shampoo, bubble bath, liquid soap, facial toner, toothpaste, dish soap, some nutritional supplements)

*Journal of American College of Toxicology (Volume 2, No. 7, 1983):*

- ◆ corrodes hair follicles and impairs ability to grow hair, may cause hair to fall out
- ◆ forms nitrosamines, a potent class of carcinogens, which cause the body to absorb nitrates at higher levels than eating nitrate contaminated food
- ◆ builds up in the heart, liver, lungs and brain from skin contact; may cause damage to these organs
- ◆ denatures protein - impairs proper structural formation of young eyes;
- ◆ can damage immune system

It is possibly the most dangerous of all ingredients found in personal care products.

2. **Mineral Oil** - makes skin soft and smooth

- ◆ found in baby oil, skin creams, massage oils and lotions, liquid foundations; derivative of petroleum
- ◆ suffocates and dries out the skin
- ◆ inhibits oils you produce naturally and so increases dehydration
- ◆ skin's natural immune barrier is disrupted as this plastic coating inhibits its ability to breathe
- ◆ clogs pores; locks in toxins and wastes, which can promote acne and other disorders. This process slows down skin function and normal cell development causing the skin to prematurely age.

3. **Propylene / Butylene Glycol** - a surfactant or wetting agent and solvent. This ingredient is actually the active component in antifreeze. There is no difference between the PG used in industry and the PG used in personal care products. It is used in industry to break down protein and cellular structure (what the skin is made of) yet is found in most forms of

lotions, face toners, creams, and hair products. This chemical derivative is often used in products with “healing” properties. It actually has the opposite effect by interfering with the body’s own mechanisms of healing itself, therefore slowing the healing process entirely.

- ◆ implicated in contact dermatitis, kidney damage and liver abnormalities
- ◆ can inhibit skin cell growth in human tests
- ◆ can damage cell membranes causing rashes, dry skin and surface damage

*American Academy of Dermatologists (January, 1991):*

- ◆ causes a significant number of reactions
- ◆ irritant to the skin even in low levels of concentrations (as low as 2% concentration)

*American Journal of Industrial Medicine 3:169-171, 1982 (“Multiple Myeloma in Cosmetologists” Guidottie, Wright & Peters)*

- ◆ mutagenic (chemicals that produce mutation in Bacteria are linked to multiple Myeloma)

*Bulletin of Environmental Contamination and Toxicology, Jan 1987*

- ◆ toxic to human cells in cultures

*Human Reproduction, Feb 1990*

- ◆ alters cell membranes

*Journal of Pharmacology of Belgium, Nov/Dec 1989*

- ◆ inhibits cell growth in humans
- ◆ inhibits cell respiration in animals

4. **DMDM Hydantoin, Diazolidinyl Urea and Imidazolidinyl Urea** - preservatives that release formaldehyde. It is estimated that 20 percent of people exposed to this chemical will experience an allergic reaction. Exposure to formaldehyde may cause joint pain, depression, headaches, chest pains, ear infections, chronic fatigue, dizziness and loss of sleep. In lab tests, formaldehyde has caused cancer and damaged DNA. Formaldehyde is a known sensitizer. Imidazolidinyl urea may cause contact dermatitis in some individuals.

5. **Parabens (Methyl, Propyl, Butyl, or Ethyl)** - a highly toxic chemical used as a preservative in almost all beauty products found on the shelf

- ◆ causes all sorts of skin rashes, allergic reactions, dermatitis
- ◆ may be carcinogenic and interfere with normal hormonal function
- ◆ may create hormonal imbalance raising concerns of women’s risk of breast cancer - Journal of Toxicology and Applied Pharmacology 1999

6. **PEG - Polyethylene glycol**- This is used in cleansers to dissolve oil and grease as well as thicken products. A number after “PEG” refers to its molecular weight, which influences its characteristics. Because of their effectiveness, PEGs are often used in caustic spray-on oven cleaners, yet are also found in many personal care products. Not only are they potentially carcinogenic, but they contribute to stripping the skin’s Natural Moisture Factor, leaving the immune system vulnerable

7. **Synthetic Colours** - Used extensively in personal care products, synthetic colours are made from coal. Coal tar colours have been found to cause cancer in animals and many people experience allergic reactions like skin irritation and contact dermatitis. They are listed as FD&C or D&C, followed by a colour and a number. Example: FD&C Red No. 6, or D&C Green No. 6.

8. **Synthetic Fragrance** - the most common ingredient found in personal care products. “Fragrance on a label can indicate the presence of up to 4,000 separate ingredients. Most or all of them are synthetic. Symptoms reported to the FDA have included headaches, dizziness, rashes, skin discoloration, violent coughing and vomiting, and allergic skin irritation. Clinical observations by medical doctors have shown that exposure to fragrances can affect the central nervous system, causing depression, hyperactivity, irritability, inability to cope, and other behavioral changes.” (Home Safe Home, Debra Lynn Dadd). Fragrance is a known trigger of asthma. Many of the compounds in fragrance are suspected or proven carcinogens. Phthalates in perfumes are known hormone disruptors. In 1989 the US National Institute of Occupational Safety and Health evaluated 2,983 fragrance chemicals for health effects. They identified 884 of them as toxic substances.

*Other important excluded ingredients include:*

Mono-, Di-, Tri-ethanolamine (MEA, DEA, TEA)  
Benzyl Alcohol  
EDTA  
Polysorbate  
Isopropyl Alcohol / Alcohol Denat. / Propanol  
Lanolin

Phenoxyethanol  
Cocamidopropyl Betaine / Cocamide  
Dimethicone / Cyclomethicone / Silicone  
Any Polymer / Copolymer  
Triclosan  
Quaternium 15

MASKS

**Product Name:** Facial Mask  
All Skin Types

**SKU#:** M101 2.9floz 80ml  
M101p 16.9floz 500ml

**Description:** Our signature skin treatment containing 100% pure vital moor complex, with no added ingredients. This organic treatment deeply nourishes and replenishes skin, for increased suppleness and a healthy, youthful glow.

**Key Features:**

- ◆ Detoxifies, purifies thus creating a radiant, soft and firmer skin
- ◆ Also stimulates circulation and supplies a range of nutrients to the skin
- ◆ 100% refined Heilmoor peat.
- ◆ Excellent skin repair after Micro-Dermabrasion, laser treatments or plastic surgery

**Professional and Home Use:** Mix 1 teaspoonful of mask with 1 or 2 drops of water to a smooth paste. Apply directly onto face and neck. Leave on for 3 minutes for the first application and gradually build up to a maximum of 10 minutes with each application. For optimal results use in conjunction with Moor Spa Skin-Care products. Excellent for skin repair following microdermabrasion, laser treatment or plastic surgery.

**Ingredients:**  
Heilmoor Clay  
Aqua



**Product Name:** Cream Mask  
Dry / Sensitive Skin

**SKU#:** M102 1.8floz 50ml  
M102P 16.9floz 500ml

**Description:** A combination of moor essence and a soothing cream base of olive oil, coconut fatty acids and lavender essential oil deeply hydrates the skin. An excellent alternative to the Facial Mask for very dry/very sensitive skin types.

**Key Features:**

- ◆ Excellent for after sun / burns
- ◆ Combination of Heilmoor clay & a cream base
- ◆ Olive oil: rich in skin nutrients, excellent moisturizer
- ◆ Glycerin: humectant, aids in retaining moisture
- ◆ Lavender oil: heals & balances the skin

**Professional and Home Use:** After cleansing and toning, apply an even layer over face and neck and relax for ten minutes. Rinse well with warm water and follow with appropriate Moisturizer for skin type.

**Ingredients:**  
Aqua  
Heilmoor Clay  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Glycerin  
Propanediol  
Cetyl Alcohol  
Caprylic/Capric Triglycerides  
Caprylyl Glycol  
Arginine  
Natamycin  
Lavandula Angustifolia (Lavender) Oil



**Product Name:** Vitamin C Mask  
Mature / Damaged Skin

**SKU#:** M103 4.2floz 120ml  
M103P 13.5oz 400ml

**Description:** This active, anti aging mask combines Vitamin C with papain and bromelain enzymes to exfoliate and support cell renewal, providing brightening benefits and a refreshed, refined appearance.

**Key Features:**

- ◆ Vitamin C: antioxidant that helps to fight free-radical damage, pH adjuster, stimulates the production of collagen. Highly bio-available form of Vitamin C
- ◆ Papain: enzyme from Papaya, increases the exfoliation levels
- ◆ Bromelain: enzyme from Pineapple exfoliates and breaks down the dead corneum cells

**Professional and Home Use:** Mix one vial of the Moor water with one sachet of the Vitamin C Powder until smooth and apply a thin layer onto the face and neck. Leave on for 10-15 minutes. For removal, rinse off with warm towels.

**Ingredients:**  
Aqua  
Zea Mays (Corn) Starch  
Albumen  
Cyamopsis Tetragonolobus (Guar) Gum  
Silica  
Sodium Ascorbyl Phosphate  
Ascorbic Acid  
Heilmoor Clay  
Gluconolactone  
Papain  
Bromelain  
Citrus Nobilis (Mandarin) Oil  
Citrus Medica Limonum (Lemon) Oil  
Citrus Aurantium Dulcis (Orange) Oil  
Actinidia Chinensis (Kiwi) Oil  
Salvia Officinalis (Sage) Extract



MASKS

Product Name: **Algamoor Mask**  
Oily / Acneic Skin

SKU#: M104 2.9floz 80ml  
M104P 16.9floz 500ml

**Description:** An organic marine mud from Germany containing twelve varieties of algae. This mask provides intensive hydration and helps to balance problem skin.

**Key Features:**

- ◆ **Algamoor:** Rich in minerals and organic nutrients - excellent for acne
- ◆ Very easy to work with - applies and comes off easily
- ◆ Deeply hydrating

**Professional and Home Use:** Apply a thin film to face and throat. Leave on for 10-15 minutes and rinse off thoroughly with warm towels.

**Ingredients:**

Aqua  
Algae  
Hydroxypropyl Starch Phosphate  
Propanediol  
Magnesium Aluminium Silicate  
Caprylyl Glycol  
Natamycin



Product Name: **Peel Off Mask**  
All Skin Types

SKU#: M105P 16.2floz 480ml  
*Professional Use Only*

**Description:** Formulated to seal in moisture as it sets. The Clay and Moor Peat combination is wonderful for skin purification, while retaining moisture. It is suggested to use the Peel Off Mask after application of any of the 5 Moor Spa Serums.

**Key Features:**

- ◆ **Kaolin:** has an excellent absorbent quality that draws out impurities and toxins
- ◆ **Alginate:** causes mask to "rubberize" as it sets
- ◆ Superb results in combination with serums

**Professional Use:** Thoroughly mix 1 sachet of the Mask powder with 1 vial (30ml) of moor water until smooth. Without delay, apply a generous amount onto the face. Leave on for 10 minutes. For removal, lift the mask slowly from the sides and rinse off with warm towels. For added results, apply a Moor Spa Serum prior to mask application.

**Ingredients:**

Kaolin  
Calcium Sulphate  
Sodium Alginate  
Heilmoor Clay  
Potassium Pyrophosphate



Product Name: **Soothing Gel Mask**  
All Skin Types

SKU#: M106 1.8oz 50ml  
M106P 16.9oz 500ml

**Description:** Deeply soothing extracts reduce irritation, redness and puffiness. Excellent after sun exposure, environmental damage or cosmetic skin procedures.

**Key Features:**

- ◆ **Aloe Vera Leaf Juice:** antiseptic and aids in healing
- ◆ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture
- ◆ **Shea Butter:** a natural cellular renewal ingredient
- ◆ **Silk Protein:** prevents dehydration and has anti-oxidant action

**Professional and Home Use:** Cleanse, tone and exfoliate. Apply the gel mask liberally to entire face and neck area or to the specific area required. Leave for 10 minutes. Rinse off with warm water then apply a Moor Spa moisturizer according to skin type.

**Ingredients:**

Aqua  
Glycerine  
Hydroxypropyl Starch Phosphate  
Propanediol  
Heilmoor Clay  
Arnica Montana (Arnica) Flower Extract  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Caprylyl Glycol  
Yeast Extract  
Butyrospermum Parkii (Shea) Seed Butter  
Sodium Magnesium Silicate  
Xanthan Gum  
Natamycin  
Boswellia Serrata (Olibanum) Gum  
Rosmarinus Officinalis (Rosemary) Extract  
Silk Amino Acids  
Arginine  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



MASKS

Product Name: **Kelzyme Mask**  
All Skin Types

SKU#: M107 2.9floz 80ml  
M107P 16.9floz 500ml

**Description:** This unique mask enlivens the skin with sea kelp, enzymes and minerals for superior exfoliation, skin tightening, cleansing and improved skin tone.

**Key Features:**

- ◆ Contains over 40% Kelzyme
- ◆ Rich in bio-available Calcium
- ◆ Excellent for skin brightening (whitening)
- ◆ Over 70 trace minerals provide skin nutrition
- ◆ Enzymes aid exfoliation.

**Professional and Home Use:** After cleansing and toning, apply a generous layer to the face and neck. Leave on for approx 10-15 minutes. Remove with warm water. Finish with a Moor Spa moisturizer.

**Ingredients:**

Aqua  
Macrosystis Pyrifera (Kelzyme)  
Bentonite  
Hydroxypropyl Starch Phosphate  
Magnesium Aluminium Silicate  
Propanediol  
Glycerin  
Caprylyl Glycol  
Natamycin  
Lavandula Angustifolia Oil



CLEANSERS

Product Name: **4-In-1 Bar**  
All Skin Types

SKU#: M111 6.2oz 175g

**Description:** This unique bar cleanses, exfoliates, soothes and moisturizes the skin. Our signature Moor essence is combined with hydrating algae extract and hyaluronic acid, colloidal oatmeal, chamomile and lavender.

**Key Features:**

- ◆ Can be used for face or body
- ◆ **Moor:** provides exfoliation and revitalizing effect
- ◆ **Colloidal Oatmeal:** soothes and softens the skin
- ◆ **Hyaluronic Acid:** deeply moisturizes the skin
- ◆ **Algae Extract:** normalizes the skin's moisture content and provides suppleness to the epidermis
- ◆ **Chamomile Extract:** provides therapeutic softening effect

**Professional and Home Use:** Use for both cleansing and mild exfoliation on the face and body.

**Ingredients:**

Sodium Palmate  
Sodium Palm Kernelate  
Sodium Cocoate  
Aqua  
Glycerin  
Heilmoor Clay  
Avena Sativa (Oat) Kernel Flour  
Cetearyl Alcohol  
Lavandula Angustifolia (Lavender) Oil  
Sucrose  
Sodium Hyaluronate  
Algae Extract  
Anthemis Nobilis (Chamomile) Flower Extract



Product Name: **Cleansing Gel**  
Normal / Oily Skin

SKU#: M112 4.0floz 120ml  
M112P 16.9floz 500ml

**Description:** A gentle, low sudsing cleanser with tea tree, lavender, lemongrass and ylang-ylang, for skin that is refreshed and balanced. Excellent for removing make-up. Sulfate free.

**Key Features:**

- ◆ Perfect for make-up removal/dirt/oil
- ◆ **Tea-Tree oil:** anti-septic and anti-bacterial
- ◆ **Lavender oil:** soothes and calm the skin
- ◆ **Lemongrass oil:** purifying and refreshing

**Professional and Home Use:** Wet hands, face and neck. Gently massage a small amount of Cleansing Gel onto face and neck. Rinse thoroughly and follow with a Moor Spa Toner.

**Ingredients:**

Aqua  
Sodium Cocoyl Sarcosinate  
Lauryl Glucoside  
Cetyl Betaine  
Glyceryl Stearate  
Propanediol  
Glycerin  
Heilmoor Clay  
Sorbitan Caprylate  
Caprylyl Glycol  
Citric Acid  
Natamycin  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Lavandula Angustifolia (Lavender) Oil  
Cananga Odorata (Ylang Ylang) Flower Oil  
Cymbopogon Citratus (Lemongrass) Leaf Oil



CLEANSERS

**Product Name:** **Cleansing Milk**  
Dry / Sensitive Skin

**SKU#:** M113 4.0floz 120ml  
M113P 16.9floz 500ml

**Description:** A mild yet effective blend of cleansing and soothing extracts including chamomile, lavender and arnica.

**Key Features:**

- ♦ Gentle and Non-drying
- ♦ If the client has make-up on, first use the Cleansing Gel and Eye Make-Up Remover then, for the 2nd cleanse use the Cleansing Milk
- ♦ **Chamomile extract:** anti-redness and soothing
- ♦ **Arnica extract:** heals & aids in regaining elasticity of the skin
- ♦ **Lavender oil:** reduces scarring

**Professional and Home Use:** Wet hands, face and neck. Gently massage a small amount of Cleansing Milk onto face and neck. Rinse thoroughly and follow with a Moor Spa Toner.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Cocos Nucifera (Coconut) Oil  
Stearic Acid  
Stearyl Alcohol  
Propanediol  
Caprylic/Capric Triglycerides  
Sodium Cocoyl Isethionate  
Ilex Aquifolium (Holly) Leaf Extract  
Heilmoor Clay  
Glycerin  
Arginine  
Caprylyl Glycol  
Natamycin  
Arnica Montana Flower Extract  
Ormenis Multicaulis (Chamomile) Flower Extract  
Lavandula Angustifolia (Lavender) Oil  
Pelargonium Graveolens (Geranium) Flower Oil



**Product Name:** **Salicylic Cleanser**  
Oily / Acneic Skin

**SKU#:** M114 4.0floz 120ml  
M114P 16.9floz 500ml

**Description:** This lightly exfoliating cleanser helps minimize uneven skin tone, dark spots and post blemish discoloration.

**Key Features:**

- ♦ **Salicylic Acid:** an excellent exfoliant and anti-irritant. Also has anti-inflammatory quality
- ♦ **Licorice extract:** skin brightening & clearing agent
- ♦ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture

**Professional and Home Use:** Apply the Salicylic Cleanser with water and massage over face and throat. Rinse with tepid water and repeat. At home - use a.m. and p.m.

**Ingredients:**

Aqua  
Sodium Cocoamphoacetate  
Sodium Lauroyl Sarcosinate  
Cetyl Betaine  
Glycerin  
Propanediol  
Salicylic Acid  
Heilmoor Clay  
Glycyrrhiza Glabra Root Extract  
Yeast Extract  
Sorbitan Caprylate  
Sodium Magnesium Silicate  
Caprylyl Glycol  
Natamycin  
Hydroxypropyl Methylcellulose  
Citric Acid  
Glycolic Acid  
Ascorbic Acid  
Sodium Guiazulene Sulfonate  
Camellia Sinensis Leaf Extract  
Citrus Aurantium Dulcis Peel Oil



**Product Name:** **Make-Up Remover**  
All Skin Types

**SKU#:** M115 4.0floz 120ml  
M115P 16.9floz 500ml

**Description:** A unique all natural formulation without harsh solvents. Effectively removes all types of make-up including mascara.

**Key Features:**

- ♦ Quick & easy removal of eye make-up, including waterproof mascara

**Professional and Home Use:** Shake thoroughly before use, then apply to cotton pads and remove make-up. Avoid direct contact with the eyes. **Please note:** product is ineffective unless thoroughly mixed prior to use.

**Ingredients:**

Aqua  
Helianthus Annuus (Sunflower) Seed Oil  
Olea Europaea (Olive) Fruit Oil  
Propanediol  
Oleic Acid  
Heilmoor Clay  
Caprylyl Glycol  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Citric Acid  
Sodium Citrate



CLEANSERS

Product Name: **Cleansing Foam**

All Skin Types

SKU#: M116 4.0floz 120ml  
M116P 8.5floz 250ml

**Description:** A rich and creamy foaming cleanser that gently removes impurities, makeup and excess oil - without using harsh surfactants. Provides approximately 160 applications.

**Key Features:**

- ◆ Highly convenient form of cleanser
- ◆ Can also be used as a hand cleanser
- ◆ All natural source formulation using mild surfactants

**Professional and Home Use:** Press the pump fully once and massage into face or hands as needed. Rinse thoroughly.

**Ingredients:**

Aqua  
Sodium Cocoyl Isethionate  
Disodium Lauroamphodiacetate  
Lauramine Oxide  
Propanediol  
Heilmoor Clay  
Glycerin  
Caprylyl Glycol  
Lavandula Angustifolia Oil  
Chamomilla Recutita Flower Oil  
Hydroxypropyl Methylcellulose



TONERS

Product Name: **Herbal Toner**

All Skin Types

SKU#: M121 4.0floz 120ml  
M121P 16.9floz 500ml

**Description:** This fragrant toner combines Moor water and moisture-trapping hyaluronic acid with lavender, cedar wood & tea tree.

**Key Features:**

- ◆ Astringent toner. Brings the skin back to its normal pH after cleansing
- ◆ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture
- ◆ **Lavender water:** calms and balances the skin
- ◆ Essential Oils of **Ylang-Ylang, Lemongrass, Tea-Tree & Cedar-wood**

**Professional and Home Use:** Perfect for daily cleansing and toning of the skin. Spray a small amount onto the face and neck. Cover the eyes with one hand while spraying.

**Ingredients:**

Aqua  
Lavandula Angustifolia Water  
Propanediol  
Heilmoor Clay  
Decyl Glucoside  
Sorbitan Caprylate  
Caprylyl Glycol  
Yeast Extract  
Cananga Odorata (Ylang Ylang) Oil  
Juniperus Virginiana (Cedar) Wood Oil  
Cymbopogon Citratus (Lemongrass) Oil  
Melaleuca Alternifolia (Tea Tree) Oil  
Lavandula Angustifolia (Lavender) Oil



Product Name: **Glycolic Toner**

Oily / Acneic Skin

SKU#: M122 4.0floz 120ml  
M122P 16.9floz 500ml

**Description:** This toner contains glycolic acid and witch hazel to help refresh, clarify and tone the skin.

**Key Features:**

- ◆ **Witch Hazel:** an astringent used to soothe irritated skin
- ◆ **Glycolic acid:** removes the dead outer layer of skin
- ◆ **Orange oil:** anti-bacterial, anti-septic

**Professional and Home Use:** After cleansing, pour the Glycolic Toner onto cotton pads and apply on skin. Or spray evenly over face and pat dry (take care to cover the eyes while spraying). Follow with a Moisturizer of choice.

**Ingredients:**

Aqua  
Hamamelis Virginiana (Witch Hazel) Water  
Glycerin  
Propanediol  
Glycolic Acid  
Heilmoor Clay  
Decyl Glucoside  
Sorbitan Caprylate  
Caprylyl Glycol  
Mimosa Tenuiflora (Mimosa) Leaf Extract  
Camellia Sinensis (Green Tea) Leaf Extract  
Citrus Aurantium Dulcis (Orange) Oil



## TONERS

Product Name: **Hydrating Toner**  
Dry / Dehydrated Skin

SKU#: M123 4.0floz 120ml  
M123P 16.9floz 500ml

**Description:** This cooling, alcohol-free toner contains hydrating and softening botanical extracts that "plump" dehydrated skin.

**Key Features:**

- ♦ **Green Tea extract:** rich in potent anti-oxidants; anti-inflammatory
- ♦ **Seaweed extract:** minerals, especially iodine, stimulate the general metabolism and cause an increase in osmotic exchanges
- ♦ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture

**Professional and Home Use:** After cleansing, pour the Hydrating Toner onto cotton pads and apply on skin. Or spray evenly over face, throat and décolleté and pat dry. Cover the eyes with one hand while spraying. Follow with a Moisturizer of choice.

**Ingredients:**

Aqua  
Glycerin  
Propanediol  
Yeast Extract  
Heilmoor Clay  
Decyl Glucoside  
Sorbitan Caprylate  
Caprylyl Glycol  
Camellia Sinensis Leaf (Green Tea) Extract  
Fucus Vesiculosus (Seaweed) Extract  
Salvia Officinalis (Sage) Oil  
Juniperus Communis (Juniper Berry) Fruit Oil  
Citrus Grandis (Grapefruit) Oil



## EXFOLIANTS

Product Name: **Facial Polish**  
All Skin Types

SKU#: M131 4.0floz 120ml  
M131P 16.9floz 500ml

**Description:** This gentle, gel based polish provides a thorough physical exfoliation, removing dead skin cells with fine jojoba beads. Calendula extract, lavender and chamomile smooth and soften skin.

**Key Features:**

- ♦ Gel-based exfoliant, removes dead skin and promotes cellular regeneration
- ♦ Improves absorption of masks and serums
- ♦ **Sunflower Beads:** loosen and soften hardened sebum
- ♦ **Aloe Vera Gel:** heals & is an anti-inflammatory
- ♦ **Calendula extract:** (Marigold) anti-oxidant

**Professional and Home Use:** Use once or twice a week. After cleansing, apply small amount of Facial Polish and rotate over skin with fingertips using very light pressure, taking care not to overstimulate the skin. Use caution when rinsing to avoid getting product in the eyes.

**Ingredients:**

Aqua  
Helianthus Annuus (Sunflower) Seed Wax  
Glycerin  
Propanediol  
Heilmoor Clay  
Aloe Barbadosensis (Aloe Vera) Leaf Extract  
Sodium Lauroyl Sarcosinate  
Caprylyl Glycol  
Calendula Officinalis (Calendula) Flower Extract  
Lavandula Angustifolia (Lavender) Oil  
Sodium Magnesium Silicate  
Xanthan Gum  
Arginine  
Acacia Senegal Gum  
Ormenis Multicaulis (Chamomile) Flower Extract



Product Name: **10% Glycolic Lotion**  
All Skin Types

(Note: Professional Size is 15%)

SKU#: M132 4.0floz 120ml  
M132P 16.9floz 500ml

**Description:** This 'chemical exfoliant' lotion removes dead skin cells using the "peeling" action of glycolic acid. It diminishes the appearance of fine lines, leaving a fresh, youthful glow.

**Key Features:**

- ♦ All Skin types (except for those who are on Accutane or concentrated Vitamin A topical creams)
- ♦ Aids in diminishing the appearance of fine lines, hyper-pigmentation and acne scars
- ♦ **Glycolic Acid:** derived from sugar cane. Used for peeling/exfoliating dead skin
- ♦ **Coconut oil:** loosens and softens hardened sebum (black heads)

**Professional and Home Use:** Cleanse thoroughly then gently smooth into face and neck. Leave on for a maximum of 10 minutes then rinse off with warm water. If skin becomes dehydrated, apply a Moor Spa Moisturizer appropriate for your skin type. pH = 3.5.

**CAUTION:** Use only as directed. Avoid contact with the eyes. If irritation persists, discontinue use and consult a physician. It is recommended that prior to exposure to the sun, users cover areas where product has been applied with sunscreen. Contact of the product with the skin must be of limited frequency and duration..

**Ingredients:**

Aqua  
Glycolic Acid  
Cocos Nucifera (Coconut) Oil  
Cetyl Alcohol  
Glyceryl Stearate  
Propanediol  
Heilmoor Clay  
Lauryl Lactate  
Hydroxypropyl Starch Phosphate  
Cetearyl Alcohol  
Cetyl Phosphate  
Sodium Hydroxide  
Glycerin  
Caprylyl Glycol  
Natamycin



## EXFOLIANTS

Product Name: **Pumpkin Peel**  
(Not For Sensitive Skin)

SKU#: M133 2.9floz 80ml  
M133P 16.9floz 500ml

**Description:** This enzymatic exfoliant blends pumpkin pulp, carrot extract, papain and bromelain enzymes, for a healthy, refined appearance.

**Key Features:**

- ◆ **Pumpkin Pulp:** A nutrient-rich pulp with enzymes containing high levels of vitamin A which assists skin renewal and healing
- ◆ **Papain:** enzyme from Papaya - active exfoliant
- ◆ **Bromelain:** enzyme from Pineapple - exfoliates and breaks down the dead corneum cells
- ◆ **Carrot extract:** rich in beta-carotene as well as vitamins B, C, D and E and extremely effective for dry and aging skin

**Professional and Home Use:** After cleansing, apply a thin layer over face. Avoid eye area. Leave on for 10-15 mins. Rinse thoroughly.

**Ingredients:**

Cucurbita Pepo (Pumpkin) Pulp  
Aqua  
Olea Europaea (Olive) Fruit Oil  
Caprylic/Capric Triglycerides  
Propanediol  
Cocos Nucifera (Coconut) Oil  
Stearic Acid  
Glycerin  
Glycyrrhiza Glabra (Liquorice) Root Extract  
Heilmoor Clay  
Cetyl Alcohol  
Sodium Stearoyl Lactylate  
Papain  
Caprylyl Glycol  
Bromelain  
Glyceryl Stearate  
Cetyl Palmitate  
Lauryl Lactate  
Natamycin  
Cetearyl Glucoside  
Cetearyl Oliviate  
Sorbitan Oliviate  
Arginine  
Rumex Crispus (Yellowdock) Root Extract  
Daucus Carota Sativa (Carrot) Root Extract  
Yeast Extract  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans (Nutmeg) Seed Oil  
Citrus Aurantium Dulcis (Orange) Peel Oil  
Actinidia Chinensis (Kiwi) Oil



## MOISTURIZERS

**All Moisturizers include:**

- ◆ **Olive Oil:** Rich in healthy fats, phenolic antioxidant vitamin E, squalene and oleic acids. These help in getting rid of free radicals and repairing sun damage
- ◆ **Sweet Potato Extract:** One of nature's richest sources of vitamin A plus a host of other nutrients including Omega 3 fatty acids, magnesium, phosphorus, potassium, sodium, zinc and vitamins B, C, K and E
- ◆ **Castoratum:** an emollient that forms a protective barrier and attracts moisture to the skin.
- ◆ **Phytosterols:** promote collagen production. Also help repair skin damaged by environmental influences. They reduce inflammation and help to moisturize by reducing transepidermal water loss.
- ◆ **Rosemary Extract:** strengthens capillaries and helps to slow the effects of ageing on skin. It also tightens sagging and loose skin. Additionally, rosemary stimulates biological activity and cell growth to reduce fine lines and wrinkles.
- ◆ **Zinc Oxide:** the natural and safest way to protect the skin against UVA and UVB damage. **Note:** there is sufficient zinc oxide included to provide background protection for short periods of sun exposure. For more complete protection use Moor Spa Protection Cream.

**NOTE:** Many of these ingredients are also included in Moor Spa Eye Zone products, Hand Cream and Skin Balm

Product Name: **Platinum Supreme Cream**  
All Skin Types

SKU#: M147 1.8floz 50ml  
M147P 16.9floz 500ml

**Description:** Combines the intensely hydrating action of hyaluronate spheres, the rejuvenating effects of sweet potato extract and the antioxidant properties of CoEnzyme Q10 - all in one advanced moisturizer.

**Key Features:**

- ◆ **Hyaluronic Spheres:** Microspheres of dehydrated hyaluronic acid. Easily lodge inside fine lines and wrinkles where they rapidly rehydrate causing them to expand and immediately smoothe the skin
- ◆ **CoEnzyme Q10:** Boosts skin repair and regeneration and reduces free radical damage.
- ◆ **Horsetail Extract** Contains the building blocks needed for collagen and elastin synthesis.

**Professional and Home Use:** After cleansing and toning, apply Supreme Serum evenly over the whole facial area. Allow to absorb, then massage Supreme Cream into the facial skin paying particular attention to wrinkled areas.

**Ingredients:**

Aqua  
Caprylic/Capric Triglycerides  
Sodium Hyaluronate  
Glycerin  
Propanediol  
Zinc Oxide  
Cetearyl Alcohol  
Cetearyl Glucoside  
Cetearyl Oliviate  
Sorbitan Oliviate  
Heilmoor Clay  
Sodium Stearoyl Lactylate  
Glyceryl Stearate  
Lauryl Lactate  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Caprylyl Glycol  
Xanthan Gum  
Natamycin  
Lactic Acid  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Tilia Cordata (Linden Blossom) Oil  
Calendula Officinalis (Calendula) Extract  
Equisetum Arvense (Horsetail) Extract  
Ubiquinone  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables  
Acacia Senegal Gum  
Arginine



MOISTURIZERS

**Product Name:** **Platinum Growth Factor Cream** All Skin Types

**SKU#:** M148 1.8floz 50ml  
M148P 16.9floz 500ml

**Description:** Utilizes advanced natural skin care technology to promote the appearance of radiant, youthful skin. Combines Indian Gentian, Crocus bulb, Gotu Kola and Milk Thistle extracts with mineral and fatty acid-rich Marine Phytoplankton. Also includes Vitamin C, Palmitoyl Tripeptide, Aloe Vera and skin-smoothing Konjac Root.

**Key Features:**

- ◆ **Swertiamarin:** Stimulates stem cells and increases keratinocyte growth factor resulting in thicker epidermis.
- ◆ **Crocus Chrysanthus Bulb Extract:** Boosts collagen and elastin production. Stimulates natural skin growth factors. Renews skin's resilience.
- ◆ **Konjac Root Extract:** Intensive moisturizer containing 40% glucomannan which plumps up skin cells diminishing fine lines & wrinkles.

**Professional and Home Use:** After cleansing and toning, apply Moor Spa Growth Factor Serum evenly over the whole facial area. Allow to absorb, then massage Moor Spa Growth Factor Cream into the facial skin paying particular attention to wrinkled areas. Recommended for night time use only.

**Ingredients:**

Aqua  
Caprylic/Capric Triglyceride  
Plankton Extract  
Prunus Armeniaca (Apricot) Kernel Oil  
Euphorbia Cerifera (Candelilla) Wax  
Glyceryl Stearate  
Propanediol  
Arachidyl Alcohol (and) Behenyl Alcohol (and) Arachidyl Glucoside  
Cetearyl Alcohol  
Stearic Acid  
Butyrospermum Parkii (Shea) Butter  
Glycerin  
Palmitoyl Tripeptide-5  
Ethylhexyl Palmitate (and) Trihydroxystearin (and) Sodium Hyaluronate (and) Amorphophallus Konjac Root Powder  
Sodium Ascorbyl Phosphate  
Aloe Barbadensis (Aloe Vera) Leaf Juice  
Centella Asiatica (Gotu Kola) Flower/Leaf/Stem Extract  
Silybum Marianum (Milk Thistle) Seed Extract  
Ricinus Communis (Castor) Seed Oil (and) Hydrogenated Castor Oil  
Camellia Sinensis (Green Tea) Leaf Extract  
Heilmoor Clay  
L-Arginine  
Citric Acid  
Caprylyl Glycol  
Maltodextrin (and) Swertia Chirata Extract  
Crocus Chrysanthus Bulb Extract (and) Acacia Senegal Gum (and) Aqua  
Xanthan Gum  
Cananga Odorata (Ylang Ylang) Oil  
Natamycin  
Helianthus Annuus (Sunflower) Seed Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Juniperus Communis (Juniper Berry) Oil



**Product Name:** **Hydrating Cream** Normal / Sensitive Skin

**SKU#:** M141 1.8floz 50ml  
M141P 16.9floz 500ml

**Description:** Combines plant sterols; extracts of sweet potato, aloe vera, thyme, rosemary and goldenseal; and moor water to deeply hydrate, protect and revitalize the skin.

**Key Features:**

- ◆ **Joboba Oil:** A natural emollient. Similarity to sebum allows it to absorb easily into the skin, making it a gentle, skin-softening moisturizer.
- ◆ **Rosehip oil:** regulates oil gland secretion, Rich in Vitamin C
- ◆ **Shea Butter:** A natural cellular renewal ingredient, it has excellent moisturizing and nourishing properties
- ◆ **Thyme, Rosemary and Golden-seal:** extracts known to be beneficial for normal/sensitive skin.

**Professional and Home Use:** Apply to face and neck after cleansing and toning. Rub between palms before applying for best results.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Euphorbia Cerifera (Candelilla) Wax  
Glycerin  
Propanediol  
Stearyl Alcohol  
Lauryl Lactate  
Cocos Nucifera (Coconut) Oil  
Heilmoor Clay  
Zinc Oxide  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Cetearyl Oliviate  
Sorbitan Oliviate  
Caprylyl Glycol  
Arginine  
Natamycin  
Butyrospermum Parkii (Shea) Nut Butter  
Ipomoea Batatas (Sweet Potato) Extract  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Thymus Vulgaris (Thyme) Leaf Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Hydrastis Canadensis (Goldenseal) Extract  
Rosa Moschata (Rosehip) Seed Oil  
Simmondsia Chinensis (Jojoba) Seed Oil  
Lavandula Angustifolia (Lavender) Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



**Product Name:** **Replenishing Cream** Dry / Devalitized

**SKU#:** M142 1.8floz 50ml  
M142P 16.9floz 500ml

**Description:** A rich skin cream for devitalized, aging or dry skin. With plant sterols, sweet potato extract, phyto-hyaluronate, arnica and helichrysum.

**Key Features:**

- ◆ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture
- ◆ **Arnica:** anti-inflammatory, circulation stimulating, healing, antimicrobial, and anti-irritant
- ◆ **Vitamin C:** Anti-oxidant, collagen stimulator

**Professional and Home Use:** After cleansing and toning, apply a small amount to skin and massage in gently. Allow 2-4 minutes for complete absorption.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Cocos Nucifera (Coconut) Oil  
Glycerin  
Sodium Stearoyl Lactylate  
Propanediol  
Cetyl Alcohol  
Lauryl Lactate  
Heilmoor Clay  
Butyrospermum Parkii (Shea) Nut Butter  
Zinc Oxide  
Glyceryl Stearate  
Cetyl Palmitate  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Cetearyl Oliviate  
Sorbitan Oliviate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Caprylyl Glycol  
Natamycin  
Yeast Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Arnica Montana Flower Extract  
Sodium Ascorbyl Phosphate (Vitamin C)  
Arginine  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables  
Lavandula Angustifolia (Lavender) Oil  
Pelargonium Graveolens (Geranium) Oil  
Citrus Reticulata (Tangerine) Leaf Oil  
Cymbopogon Martini (Palmarosa) Oil  
Juniperus Virginiana (Cedarwood) Oil  
Helichrysum Angustifolium Flower Oil



MOISTURIZERS

**Product Name:** **Renewal Cream**  
All Skin Types

**SKU#:** M144 1.8floz 50ml  
M144P 16.9floz 500ml

**Description:** Contains anti-oxidant Alpha Lipoic Acid and DMAE which help to reduce the appearance of fine lines and wrinkles.

**Key Features:**

- ◆ Day or Night cream
- ◆ **Alpha Lipoic Acid (ALA):** anti-oxidant helps prevent and repair skin damage. Diminishes fine lines and may cause skin to appear more radiant
- ◆ **DMAE:** found in fish, proven to reduce fine lines & wrinkles
- ◆ **Basil oil:** anti-stress, has toning properties

**Professional and Home Use:** Apply a small amount to face and neck. Massage in gently. Avoid contact with eyes.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Sodium Stearoyl Lactylate  
Stearyl Alcohol  
Cocos Nucifera (Coconut) Oil  
Propanediol  
Caprylic/Capric Triglycerides  
Heilmoor Clay  
Butyrospermum Parkii (Shea) Nut Butter  
Zinc Oxide  
Cetyl Palmitate  
Thioctic (Alpha-Lipoic) Acid  
Glyceryl Stearate  
Trifluoroacetyl Tripeptide-2  
Glycerin  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Cetearyl Olivatate  
Sorbitan Olivatate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Caprylyl Glycol  
Natamycin  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Sodium Ascorbyl Phosphate  
Arginine  
Cymbopogon Martini (Palmarosa) Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables  
Ocimum Basilicum (Basil) Oil



**Product Name:** **Mattifying Cream**  
Oily / Acneic Skin

**SKU#:** M145 1.8floz 50ml  
M145P 16.9floz 500ml

**Description:** This non greasy moisturizer contains oil-controlling calcium silicate to help regulate sebum production, for a smooth, pore-less finish.

**Key Features:**

- ◆ **Calcium Silicate:** absorbs excess oil and prevents oily film
- ◆ **Tea-Tree Oil:** antimicrobial, antiseptic, anti-fungal, anti-inflammatory, decongestant and stimulant
- ◆ **Grape extract:** very potent anti-oxidant, moisturizing and has superb emollient properties
- ◆ **Willowherb extract:** astringent and has antiseptic, anti-inflammatory and antipyretic properties

**Professional and Home Use:** After cleansing and toning, apply to oily areas or over the entire face.

**Ingredients:**

Aqua  
Lauryl Lactate  
Stearic Acid  
Stearyl Alcohol  
Propanediol  
Calcium Silicate  
Zinc Oxide  
Sodium Cocoyl Isethionate  
Heilmoor Clay  
Hydroxypropyl Starch Phosphate  
Glycerin  
Cetearyl Olivatate  
Sorbitan Olivatate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Caprylyl Glycol  
Arginine  
Natamycin  
Vaccinium Myrtillus (Bilberry) Extract  
Saccharum Officinarum (Sugar Cane) Extract  
Acer Saccharinum (Sugar Maple) Extract  
Citrus Aurantium Dulcis (Orange) Fruit Extract  
Citrus Medica Limonum (Lemon) Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Vitis Vinifera (Grape) Extract  
Thymus Vulgaris (Thyme) Extract  
Epilobium Parviflorum (Willowherb) Extract  
Citrus Medica Limonum (Lemon) Oil  
Citrus Grandis (Grapefruit) Oil  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



**Product Name:** **Clarifying Cream**  
Oily / Combination Skin

**SKU#:** M143 1.8floz 50ml  
M143P 16.9floz 500ml

**Description:** This light cream-gel restores a bright and clear skin tone. Includes sweet potato extract, cucumber, marshmallow, st. john's wort and asafetida.

**Key Features:**

- ◆ Super-light, cream-gel moisturizer
- ◆ **Cucumber extract:** soothing
- ◆ **Asafetida extract:** skin lightening & clarifying properties from resin
- ◆ **Tea-Tree oil:** anti-septic & anti-microbial properties healing (problem/acne skin)
- ◆ **St John's Wort:** believed to have potent healing effect

**Professional and Home Use:** Apply a small amount to face and neck and massage in gently, focusing on areas of discoloration. This creme-gel absorbs quickly and may be reapplied if desired for added moisture.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Propanediol  
Stearyl Alcohol  
Zinc Oxide  
Heilmoor Clay  
Lauryl Lactate  
Cucumis Sativus (Cucumber) Extract  
Ferula Assa-Foetida (Asafoetida) Extract  
Caprylyl Glycol  
Arginine  
Natamycin  
Yeast Extract  
Althea Officinalis (Marshmallow) Root Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Sodium Magnesium Silicate  
Acacia Senegal Gum  
Xanthan Gum  
Hypericum Perforatum (St. John's Wort) Flower Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Lavandula Angustifolia (Lavender) Oil  
Cananga Odorata (Ylang Ylang) Flower Oil  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



EYE CARE

Product Name: **Eye Zone Cream**

All Skin Types

SKU#: M151 1floz 30ml  
M151P 8.5floz 250ml

**Description:** A rich protective formula with GLA-rich rice bran oil and shea butter which aid in cell renewal. Also contains azulene & linden blossom.

**Key Features:**

- ◆ **Rice Bran Oil:** full of antioxidants, such as Vitamin E, ferulic acid, linolic acid, oleic acid and palmitic acid. The oil acts as both a carrier and emollient
- ◆ **Linden Blossom oil:** hydrating properties, excellent for irritated skin
- ◆ **Azulene:** anti-inflammatory, healing effect for dry, reddened or sensitive skin
- ◆ **Shea Butter:** moisturizing and aids in renewing skin cells

**Professional and Home Use:** Morning and evening, pat gently under eye area with ring finger from outer to inner corner of eye. Allow several minutes for full absorption if applying makeup.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Propanediol  
Glycerin  
Butyrospermum Parkii (Shea) Nut Butter  
Stearyl Alcohol  
Heilmoor Clay  
Caprylic/Capric Triglycerides  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Cetearyl Alcohol  
Cetearyl Glucoside  
Sodium Magnesium Silicate  
Caprylyl Glycol  
Natamycin  
Xanthan Gum  
Tilia Cordata (Linden Blossom) Oil  
Ipomoea Batatas (Sweet Potato) Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Oryza Sativa (Rice Bran) Oil  
Rosa Canina (Rosehip) Fruit Oil O  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables  
Acacia Senegal Gum  
Sodium Guiazulene Sulfonate



Product Name: **Eye Zone Balm**

Dry / Puffy Skin

SKU#: M152 1floz 30ml  
M152P 8.5floz 250ml

**Description:** A corrective cream that helps contour the eye area and protect against free radical damage, for advanced anti aging benefits. Japanese mushroom extracts reduce dark circles and puffiness.

**Key Features:**

- ◆ **Hemp Seed oil:** antioxidants in the form of vitamin E and carotene
- ◆ **Mushroom extracts:** anti-irritant
- ◆ **Ginseng extract:** revitalizes & strengthens cellular network
- ◆ **Yeast extract:** source of hyaluronic acid - gives skin a silky smooth texture. Potent moisturizing agent
- ◆ **Silk Protein:** soft & velvety feel, prevents dehydration & has anti-oxidant action

**Professional and Home Use:** Use around the eye area, blending inward from the outer corner. Use daily under make-up or alone.

**Ingredients:**

Aqua  
Caprylic/Capric Triglycerides  
Glycerin  
Propanediol  
Cetearyl Alcohol  
Cetearyl Glucoside  
Cetyl Alcohol  
Heilmoor Clay  
Sodium Stearoyl Lactylate  
Glyceryl Stearate  
Butyrospermum Parkii (Shea) Nut Butter  
Hydroxypropyl Starch Phosphate  
Cetearyl Oliviate  
Sorbitan Oliviate  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Caprylyl Glycol  
Natamycin  
Yeast Extract  
Arginine  
Cannabis Sativa (Hemp) Seed Oil  
Lentinus Edodes (Shiitake Mushroom) Extract  
Ganoderma Lucidum (Mannentake Mushroom) Extract  
Eleutherococcus Senticosus (Siberian Ginseng) Extract  
Silk Amino Acids  
Ipomoea Batatas (Sweet Potato) Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ormenis Multicaulis (Chamomile) Extract  
Cucumis Sativus (Cucumber) Extract  
Iris Pallida (Orris) Root Extract  
Camellia Sinensis (Green Tea) Leaf Extract  
Vitis Vinifera (Grape) Extract  
Salvia Officinalis (Sage) Oil  
Juniperus Communis (Juniper Berry) Fruit Oil  
Citrus Grandis (Grapefruit) Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



Product Name: **Eye Zone Gel**

Sensitive / Irritated Skin

SKU#: M153 1floz 30ml  
M153P 8.5floz 250ml

**Description:** A revitalizing fluid formula that soothes skin, reducing redness and signs of fatigue. Contains preventative botanicals including green tea and horse chestnut.

**Key Features:**

- ◆ **Rosehip Oil:** healing & rich in Vitamin C
- ◆ **Green Tea extract:** rich in potent anti-oxidants; anti-inflammatory
- ◆ **Horse Chestnut extract:** protects and strengthens veins and capillaries, prevents cellular filtration (leaking), promotes collagen production, anti-inflammatory
- ◆ **Soy Isoflavone:** powerful anti-oxidant

**Professional and Home Use:** Gently pat a small amount around the eye area, blending inward from the outer corner. Use daily under make-up or alone.

**Ingredients:**

Aqua  
Glycerin  
Propanediol  
Heilmoor Clay  
Hydroxypropyl Starch Phosphate  
Caprylyl Glycol  
Natamycin  
Sodium Ascorbyl Phosphate (Vitamin C)  
Camellia Sinensis Leaf (Green Tea) Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Aesculus Hippocastanum (Horse Chestnut) Extract  
Rosa Canina Fruit (Rosehip) Oil  
Arginine  
Lavandula Angustifolia (Lavender) Oil  
Salvia Officinalis (Sage) Oil  
Citrus Medica Limonum (Lemon) Oil  
Citrus Aurantifolia (Lime) Oil  
Matricaria Chamomilla (German Chamomile) Extract  
Phytondadione  
Soy Isoflavone  
Sodium Guiazulene Sulfonate



## EYE CARE

Product Name: **Eye Lotion**

All Skin Types

SKU#: M154 4floz 120ml  
M154P 16.9floz 500ml

**Description:** Contains nutrient rich moor water combined with witch hazel extract. Helps to reduce the visible effects of puffy or tired eyes.

**Key Features:**

- ◆ All skin types
- ◆ Reduces puffiness and redness
- ◆ **Moor water:** healing properties
- ◆ **Witch Hazel water:** astringent, soothing to irritated skin

**Professional and Home Use:** Pour 10 drops onto a cotton pad and apply around the eyes.

Please ensure that the water is not used in the eyes. Excellent for use as an add-on treatment to Moor facials or body wraps.

**Ingredients:**

Aqua  
Hamamelis Virginiana (Witch Hazel) Water  
Heilmoor Clay



## SERUMS

Product Name: **Platinum Supreme Serum**

All Skin Types

SKU#: M165 1floz 30ml  
M165P 8.5floz 250ml

**Description:** Incorporates the renowned age-defying effects of Palmitoyl Tripeptide, DMAE and Alpha Lipoic Acid - all in one concentrated serum.

**Key Features:**

- ◆ **Palmitoyl Tripeptide:** Potent stimulator of collagen and elastin synthesis in the skin. Great alternative to collagen injections
- ◆ **Alpha Lipoic Acid:** Very effective antioxidant; also improves the performance of other antioxidants
- ◆ **Progeline:** (Trifluoroacetyl Tripeptide-2) reduces signs of aging including sagging and wrinkles.

**Professional and Home Use:** After cleansing and toning, apply Supreme Serum evenly over the whole facial area. Allow to absorb, then massage Supreme Cream into the facial skin paying particular attention to wrinkled areas.

**Ingredients:**

Aqua  
Palmitoyl Tripeptide-5  
Glycerin  
Hydroxyethylcellulose  
Propanediol  
Trifluoroacetyl Tripeptide-2  
Alpha Lipoic Acid  
Caprylyl Glycol  
Heilmoor Clay  
Lactic Acid  
Arginine

Product Name: **Platinum Growth Factor Serum** All Skin Types

SKU#: M166 1floz 30ml  
M166P 8.5floz 250ml

**Description:** Utilizes advanced natural skin care technology to promote the appearance of radiant, youthful skin. Combines Indian Gentian, Crocus bulb, Gotu Kola and Milk Thistle extracts with mineral and fatty acid-rich Marine Phytoplankton. Also includes Vitamin C, Hyaluronic Acid and Aloe Vera.

**Key Features:**

- ◆ **Swertiamarin:** Stimulates stem cells and increases keratinocyte growth factor resulting in thicker epidermis.
- ◆ **Crocus Chrysanthus Bulb Extract:** Boosts collagen and elastin production. Stimulates natural skin growth factors. Renews skin's resilience.
- ◆ **Marine Phytoplankton:** Supplies a wealth of revitalizing skin nutrients including calcium, potassium, magnesium, zinc, linoleic acid and oleic acid.

**Professional and Home Use:** After cleansing and toning, apply Moor Spa Growth Factor Serum evenly over the whole facial area. Allow to absorb, then massage Moor Spa Growth Factor Cream into the facial skin paying particular attention to wrinkled areas. Recommended for night time use only.

**Ingredients:**

Aqua  
Plankton Extract  
Palmitoyl Tripeptide-5  
Propanediol  
Sodium Hyaluronate  
Maltodextrin (and) Swertia Chirata Extract  
Glycerin  
Heilmoor Clay  
Silybum Marianum (Milk Thistle) Seed Extract  
Centella Asiatica (Gotu Kola) Flower/Leaf/Stem Extract  
Camellia Sinensis (Green Tea) Leaf Extract  
Aloe Barbadensis (Aloe Vera) Leaf Juice  
Magnesium Ascorbyl Phosphate  
Citric Acid  
Caprylyl Glycol  
Crocus Chrysanthus Bulb Extract (and) Acacia  
Senegal Gum (and) Aqua  
Hydroxyethylcellulose  
Xanthan Gum  
Rosmarinus Officinalis Oil



SERUMS

Product Name: **Renewal Serum**

All Skin Types

SKU#: M161 1floz 30ml  
M161P 8.5floz 250ml

**Description:** This potent anti-aging serum combines plant-derived collagen, Vitamin C and deeply hydrating hyaluronic acid for a firmer, more youthful appearance.

**Key Features:**

- ◆ Can be used before any facial mask application to improve absorption
- ◆ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture
- ◆ **Vitamin C:** increases collagen & elastin production
- ◆ **Vitamin B6:** promotes healthy skin by assisting new cell production

**Professional and Home Use:** Apply sparingly to a cleansed skin. Massage gently over entire face and throat. Follow with Renewal Cream. For a more intensive treatment: apply a thin layer all over the face, allowing it to dry, and then apply a mask of choice (for professional use - we recommend using the Peel Off Mask).

**Ingredients:**

Aqua  
Yeast Extract  
Glycerin  
Propanediol  
Hydroxyethylcellulose  
Heilmoor Clay  
Caprylyl Glycol  
Ascorbic Acid Polypeptide (Vitamin C)  
Pyridoxine Hydrochloride (Vitamin B6)  
Arginine



Product Name: **Rescue Serum**

All Skin Types

SKU#: M163 1floz 30ml  
M163P 8.5floz 250ml

**Description:** Corrects the look of tired, over-worked skin. Copper Peptide and Phyto-Hyaluronate restore and hydrate the skin's moisture barrier promoting overall skin balance.

**Key Features:**

- ◆ **Yeast extract:** source of hyaluronic acid - moisturizes and gives skin a silky smooth texture
- ◆ **Copper Peptide:** potent skin repair agent (cell-regenerator)

**Professional and Home Use:** Apply sparingly to a cleansed skin. Massage gently over entire face and throat. Follow with a moisturizer of choice. For a more intensive treatment: apply a thin layer all over the face, allow it to dry, and then apply a mask of choice over it (for professional use - we recommend using the Peel Off Mask).

**Ingredients:**

Aqua  
Yeast Extract  
Glycerin  
Propanediol  
Hydroxyethylcellulose  
Saccharomyces/Copper Ferment  
Heilmoor Clay  
Caprylyl Glycol  
Sodium Ascorbyl Phosphate (Vitamin C)  
Arginine



Product Name: **Plumping Serum**

All Skin Types

SKU#: M164 1floz 30ml  
M164P 8.5floz 250ml

**Description:** An advanced smoothing treatment containing Palmitoyl Tripeptide, to help significantly decrease the appearance of facial lines and wrinkles.

**Key Features:**

- ◆ **Palmitoyl Tripeptide-5:** is a highly advanced, patented small peptide (consisting of three amino acids) that boosts the Tissue Growth Factor necessary to produce collagen - improving skin's firmness & moisture level
- ◆ **Lactic Acid:** functions as a mild exfoliant
- ◆ **Horsetail extract:** astringent and wound healing properties and is useful for improving circulation, as well as boosting and rejuvenating connective tissue

**Professional and Home Use:** Apply sparingly to a cleansed skin. Massage gently over entire face and throat. Follow with a moisturizer of choice. For a more intensive treatment: apply a thin layer all over the face, allow it to dry, and then apply a mask of choice over it (for professional use - we recommend using the Peel Off Mask).

**Ingredients:**

Aqua  
Caprylic/Capric Triglycerides  
Glycerin  
Propanediol  
Hydroxypropyl Starch Phosphate  
Glyceryl Stearate  
Cetearyl Alcohol  
Heilmoor Clay  
Cetearyl Glucoside  
Cetearyl Oliviate  
Sorbitan Oliviate  
Caprylyl Glycol  
Natamycin  
Sodium Stearoyl Lactylate  
Lactic Acid  
Equisetum Arvense (Horsetail) Leaf Extract  
Palmitoyl Tripeptide-5



SERUMS

SPECIALITY

Product Name: **Radiance Serum**

All Skin Types

SKU#: M162 1floz 30ml  
M162P 8.5floz 250ml

**Description:** Reduces the appearance of hyper pigmentation, sun spots and acne scars. This exclusive formulation contains niacinamide and herbal extracts to brighten the complexion and even out skin tone.

**Key Features:**

- ◆ **Niacinamide:** An effective natural skin lightening compound that works by inhibiting melanosome transfer.
- ◆ **Emblica extract:** potent natural skin whitener from Amla fruit
- ◆ **Grape extract:** very potent anti-oxidant, moisturizing and has superb emollient properties
- ◆ **Asafetida extract:** skin lightening and clarifying properties
- ◆ **Licorice Root extract:** skin brightening and clearing agent

**Professional and Home Use:** Apply sparingly to a cleansed skin. Massage gently over entire face and throat. Follow with a moisturizer of choice. For a more intensive treatment: apply a thin layer all over the face, allow it to dry, and then apply a mask of choice over it (for professional use - we recommend using the Peel Off Mask).

**Ingredients:**

Aqua  
Niacinamide  
Glycerin  
Propanediol  
Hydroxyethylcellulose  
Heilmoor Clay  
Emblica Officinalis (Amla) Fruit Extract  
Vitis Vinifera (Grape) Extract  
Ferula Assa-Foetida (Asafoetida) Extract  
Caprylyl Glycol  
Glycyrrhiza Glabra (Liquorice) Root Extract  
Arginine



Product Name: **Hydrating Serum**

All Skin Types

SKU#: M160 1floz 30ml  
M160P 8.5floz 250ml

**Description:** This ultra hydrating serum simultaneously quenches your skin's thirst with hyaluronic acid and kelp extract; nourishes with marine phytoplankton and protects with vitamin C and ectoin.

**Key Features:**

- ◆ **Marine Phytoplankton:** Contains a vast array of nutrients including Omega 3&6 Fatty Acids, Proteins, Minerals and Vitamins
- ◆ **Hyaluronic Acid:** Ultra hydrating ingredient that attracts, binds and traps moisture from the air into your skin.
- ◆ **Vitamin C:** Highly effective water-soluble anti-oxidant. Helps to trigger collagen production and prevent breakdown of cells due to environmental exposure.
- ◆ **Ectoin:** Has hydrating, barrier regulating, stabilizing and soothing properties.

**Professional and Home Use:** Massage gently over entire face and throat after cleansing. Follow with an appropriate Moor Spa Moisturizer for your skin type.

**Ingredients:**

Aqua  
Plankton Extract  
Polyglyceryl-10 Stearate  
Cetyl Alcohol  
Glyceryl Stearate  
Propanediol  
Lauryl Lactate  
Sodium Hyaluronate  
Heilmoor Clay  
Oleyl Erucate  
Caprylyl Glycol  
Hydroxypropyl Starch Phosphate  
Sodium Ascorbyl Phosphate  
Macrocystis Pyrifera Extract  
Xanthan Gum  
Glycerin  
Algin  
Rosmarinus Officinalis Extract  
Lactic Acid  
Ectoin



Product Name: **Skin Balm**

Damaged / Irritated Skin

SKU#: M171 1.8floz 50ml  
M171P 16.9floz 500ml

**Description:** This multi purpose skin repair cream combines Moor, frankincense and golden-seal in a rich, soothing base of aloe, cocoa butter and shea butter. Excellent for minor skin irritation, dryness, windburn or sunburn.

**Key Features:**

- ◆ Multi-purpose/ soothing salve
- ◆ May be used as a moisturizer for very dry/damaged skin
- ◆ Great for burns, insect bites, bruising, cuts and stretch marks
- ◆ Also for post peel and post waxing
- ◆ **Cocoa Butter:** helps improve skin elasticity and tone; strong anti-inflammatory and antioxidant
- ◆ **Boswalia extract:** derived from Frankincense - skin conditioner & soothing agent

**Professional Use:** Used as a moisturizer for dry or damaged skin as part of the Moor Spa facial treatment. Excellent for skin repair after microdermabrasion, laser treatments or plastic surgery. Also excellent for burns, bruising and stretchmarks.

**Home Use:** Apply sparingly to damaged or irritated skin. For use as a night cream, apply sparingly to face and neck.

**Ingredients:**

Aqua  
Theobroma Cacao (Cocoa) Seed Butter  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Cera Alba (Beeswax)  
Heilmoor Clay  
Stearyl Alcohol  
Propanediol  
Glycerin  
Zinc Oxide  
Glyceryl Stearate  
Caprylic/Capric Triglycerides  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Macadamia Ternifolia Seed Oil  
Butyrospermum Parkii (Shea) Nut Butter  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Caprylyl Glycol  
Arginine  
Natamycin  
Boswalia Serrata (Olibanum) Gum  
Lavandula Angustifolia (Lavender) Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Hydrastis Canadensis (Goldenseal) Root Extract  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



SPECIALITY

**Product Name:** Facial Soother  
All Skin Types

**SKU#:** M172 4.0floz 120ml  
M172P 16.9floz 500ml

**Description:** Extracts of cucumber, aloe vera and chamomile soothe and hydrate sun burned, irritated or damaged skin. Also excellent for soothing skin after facial or body waxing procedures.

**Key Features:**

- ◆ **Cucumber extract:** soothes skin
- ◆ **Hyaluronic Acid:** moisturizes and gives skin a silky smooth texture
- ◆ **Shea Butter:** a natural cellular renewal ingredient
- ◆ **Green Tea extract:** boosts immune function of skin cells and protects them against the damaging effects of the sun

**Professional and Home Use:** Apply a generous amount to sensitive / sun exposed areas of the face and body. For a more intensive treatment apply a thin layer of gel all over the face and then apply a mask of choice.

**Ingredients:**

Aqua  
Glycerin  
Propanediol  
Heilmoor Clay  
Cucumis Sativus (Cucumber) Fruit Extract  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Caprylyl Glycol  
Yeast Extract  
Caprylic/Capric Triglycerides  
Butyrospermum Parkii (Shea) Nut Butter  
Sodium Magnesium Silicate  
Natamycin  
Xanthan Gum  
Camellia Sinensis (Green Tea) Leaf Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ormenis Multicaulis (Chamomile) Flower Extract  
Arginine  
Acacia Senegal Gum  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables  
Citrus Aurantium Bergamia (Bergamot) Fruit Oil  
Citrus Grandis (Grapefruit) Peel Oil  
Citrus Reticulata (Mandarin) Peel Oil  
Citrus Medica Limonum (Lemon) Peel Oil  
Citrus Aurantium Dulcis (Orange) Peel Oil  
Actinidia Chinensis (Kiwi) Fruit Extract  
Salvia Officinalis (Sage) Leaf Oil



**Product Name:** Blemish Gel  
For Problem Skin

**SKU#:** M174 1floz 30ml  
M174P 16.9floz 500ml

**Description:** Our unique spot treatment gel combines soothing slippery elm bark with the purifying effects of pure moor extract. The gel may be applied underneath moisturizer to keep the pores clean.

**Key Features:**

- ◆ High pH - antibacterial
- ◆ **Cucumber extract:** soothes skin
- ◆ **Slippery Elm Bark extract:** astringent compound called Tannin helps tighten and constrict tissue and coats minor wounds to protect them from further injury
- ◆ **Lavender Oil:** antiseptic, anti-bacterial, anti-fungal

**Home Use:** Apply a thin layer of gel to problem areas. Allow to dry, then apply a suitable Moor Spa moisturizer.

**Professional Use:** Apply a small amount on areas to be extracted. Reapply after extraction to ensure a bacteria-free environment.

**Ingredients:**

Aqua  
Coco-Glucoside  
Propanediol  
Heilmoor Clay  
Glyceryl Stearate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Cetearyl Oliviate  
Sorbitan Oliviate  
Sodium Magnesium Silicate  
Xanthan Gum  
Caprylyl Glycol  
Natamycin  
Caprylic/Capric Triglyceride  
Arginine  
Cucumis Sativus (Cucumber) Extract  
Ulmus Fulvulus (Slippery Elm) Bark Extract  
Lavandula Angustifolia (Lavender) Oil  
Citrus Nobilis (Mandarin) Oil  
Juniperus Virginiana (Cedarwood) Oil  
Cananga Odorata (Ylang Ylang) Oil  
Acacia Senegal Gum



**Product Name:** Cover Cream  
For Acneic Skin

**SKU#:** M175 1floz 30ml  
M175P 8.5floz 250ml

**Description:** This advanced all natural "BB Cream" minimizes the appearance of pores, blemishes and pigmentation, preparing the skin for flawless make-up application. Includes hyaluronic acid for deep hydration - without creating excess oil.

**Key Features:**

- ◆ **Olus Oil:** has excellent emollient and occlusive effects, moisturizing the skin whilst acting as a barrier to moisture loss
- ◆ **Olive oil:** rich in skin nutrients, excellent moisturizer.
- ◆ **Iron Oxide & Titanium Dioxide:** provides concealment over unsightly skin blemishes

**Professional and Home Use:** Apply a thin layer to problem areas both morning and evening and as required throughout the day.

**Ingredients:**

Aqua  
Olea Europaea Fruit Oil  
Zinc Oxide  
Glycerin  
Stearic Acid  
Caprylic/Capric Triglycerides  
Cetyl Palmitate  
Propanediol  
Iron Oxide  
Olus Oil  
Cetearyl Alcohol  
Sodium Hyaluronate  
Heilmoor Clay  
Lauryl Lactate  
Glyceryl Stearate  
Cetearyl Glucoside  
Sorbitan Oliviate  
Cetearyl Oliviate  
Caprylyl Glycol  
Arginine  
Natamycin



SPECIALITY

MENS CARE

**Product Name:** Nourishing Facial Oil  
All Skin Types

**SKU#:** M177 1.0floz 30ml  
M177P 3.4floz 100ml

**Description:** An exquisite blend of rosehip, kukui and argan oils - rich in revitalizing nutrients including fatty acids, minerals, vitamins and anti-oxidants. Subtly fragranced with rose otto essential oil.

**Key Features:**

- ◆ **Kukui Oil:** contains many important minerals as well as antioxidant nutrients like vitamins A, C and E. These perform an anti-aging function by protecting against cell damage caused by free radicals. Kukui oil is also effective against wrinkles, crow's feet and other skin blemishes.
- ◆ **Argan Oil:** With its high vitamin E and fatty acid content, Argan oil is the ideal product to give skin a natural boost. It absorbs easily and is non-greasy and non-irritating, which makes it a great natural moisturiser. It can also give skin a youthful glow, reduce the visibility of wrinkles and restore elasticity leaving skin feeling plumper and softer.
- ◆ **Rosehip Oil:** The anti-aging effects of rosehip oil come about due to the presence of antioxidants and the oil's ability to penetrate into deeper layers of skin. High levels of Vitamin C stimulate collagen production and help to reduce fine lines and wrinkles. Vitamin A, which has small enough molecules to go deeper into the skin, improves skin's hydration and enhances the skin smoothing effect.

**Professional and Home Use:** Pour a few drop into the palms of your hands, rub together for a few seconds then massage gently into the face and neck.

**Ingredients:**

Vitis Vinifera (Grape) Seed Oil  
Aleurites Moluccana (Kukui) Seed Oil  
Rosa Canina (Rosehip) Fruit Oil  
Argania Spinosa (Argan) Kernel Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Tocopherol (Vitamin E)  
Rosa Damascena (Rose Otto) Flower Oil  
Heilmoor Clay



**Product Name:** Shaving Foam

**SKU#:** M281 4.1floz 120ml

**Description:** A rich, 100% natural-source formulation that provides a luxurious and smooth shave, while protecting the skin with soothing cucumber and olibanum extracts.

**Key Features:**

- ◆ **Cucumber extract:** Has an astringent effect, and can soothe and relieve puffy / irritated skin.
- ◆ **Boswelia extract:** Anti-inflammatory. Stimulates collagen production. Reduces fine lines. Anti-bacterial. Anti-acne. Wound healing support.
- ◆ **Oleic Acid:** Restores the skin's natural oil, without clogging pores. Rich in antioxidants. Soothes the skin.

**Home Use:** Cleanse the face and leave the skin wet. Apply the shaving cream by hand or with a brush. Shave, then rinse off any excess foam with warm water. Finish with Moor Spa After Shave Balm.

**Ingredients:**

Aqua  
Stearic Acid  
Sodium Cocoyl Isethionate  
Sodium Myristoyl Sarcosinate  
Propanediol  
Glycerin  
Lauric Acid  
Potassium Hydroxide  
Glycol Distearate  
Heilmoor Clay  
Lanolin Alcohol  
Oleic Acid  
Glucose  
Hydroxyethylcellulose  
Caprylyl Glycol  
Natamycin  
Cucumis Sativas (Cucumber) Extract  
Boswelia Serrata (Olibanum) Extract  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil



**Product Name:** Aftershave Balm

**SKU#:** M282 4.1floz 120ml

**Description:** Combat shaving irritation with calming extracts of cucumber, olibanum, arnica and the soothing properties of Vitamin E.

**Key Features:**

- ◆ **Cucumber extract:** Has an astringent effect, and can soothe and relieve puffy / irritated skin.
- ◆ **Boswelia extract:** Anti-inflammatory. Stimulates collagen production. Reduces fine lines. Anti-bacterial. Anti-acne. Wound healing support.
- ◆ **Arnica:** Has astringent, antiseptic and anti-inflammatory properties. Stimulates circulation, speeding up healing.

**Home Use:** Massage a liberal quantity into the face and neck after shaving.

**Ingredients:**

Aqua  
Helianthus Annuus Seed (Sunflower) Oil  
Stearic Acid  
Propanediol  
Cetearyl Oliviate  
Sorbitan Oliviate  
Stearyl Alcohol  
Hydroxypropyl Starch Phosphate  
C12-C15 Alkyl Lactate  
Heilmoor Clay  
Caprylyl Glycol  
Natamycin  
Allantoin  
Glucose  
Tocopheryl Acetate (Vitamin E)  
Boswelia Serrata (Olibanum) Extract  
Cucumis Sativas (Cucumber) Extract  
Arnica Montana Extract  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil



MENS CARE

Product Name: **Exfoliating Cleanser**

SKU#: M283 4.1floz 120ml  
M283P 16.9floz 500ml

**Description:** Tackle two essential steps at once with this dual-powered gel. Gentle foaming agents cleanse the skin while fine silica powder gets rid of dead skin cells at the surface that can dull your complexion.

**Key Features:**

- ◆ **Silica:** Pumace exfoliant - removes dead skin cells by massaging into skin.
- ◆ **Clary Sage:** Exhibits a cooling property that soothes inflamed skin. Calms rashes, balances sebum production and strengthens the skin.
- ◆ **Cinnamon** Has skin lightening properties - fading away acne scars, blemishes and dark spots. Reduces redness and restores skin's moisture.

**Professional and Home Use:** Apply generously to moist skin. Massage manually with fingertips in a circular motion for 2-3 minutes, adding water as necessary. Use twice weekly. Avoid eye area. Not for use on sensitive skin.

**Ingredients:**

Aqua  
Silica  
Hydroxypropyl Starch Phosphate  
Decyl Glucoside  
Propanediol  
Glycerin  
Cellulose Gum  
Caprylyl Glycol  
Glyceryl Oleate  
Natamycin  
Tetrasodium Glutamate Diacetate  
Sorbic Acid  
Lactic Acid  
Heilmoor Clay  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil



Product Name: **Beard Oil**

SKU#: M284 1.0floz 30ml

**Description:** Say goodbye to flaky, scruffy bristles with this exquisite blend of almond, jojoba, kukui and argan oils. Moor Spa Beard Oil improves the look and feel of your beard and skin.

**Key Features:**

- ◆ **Kukui Oil:** Boosts skin regeneration and healing (which is great for razor burns and cuts). Prevents hair breakage and split ends. Reduces dandruff and soothes itchy skin.
- ◆ **Argan Oil:** A natural moisturizer that softens unruly beard hair and skin. It locks in moisture and nutrients to keep hair smooth. Promotes a natural shine in your beard for a more healthy appearance.
- ◆ **Sweet Almond Oil:** Beneficial for increasing beard growth, eliminating dandruff, and reducing inflammation.

**Home Use:** To apply, place 2-3 drops in your hand. Distribute evenly in both palms and then apply to beard. Start with the middle front, and then move to the sides with a final downward, smoothing motion back to the center front of the beard. Apply daily and neck.

**Ingredients:**

Prunus Amygdalus Dulcis (Sweet Almond) Oil  
Aleurites Moluccana (Kukui) Seed Oil  
Simmondsia Chinensis (Jojoba) Seed Oil  
Argania Spinosa (Argan) Kernel Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Tocopherol (Vitamin E)  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil  
Heilmoor Clay



Product Name: **Oil-Free Moisturizer**

SKU#: M285 1.7floz 50ml  
M285P 16.9floz 500ml

**Description:** Get the hydration your skin really needs, without leaving a greasy sheen. This oil-free formulation contains calcium silicate to control shine and an array of botanical extracts that leave the skin moisturized, with a smooth, matte finish.

**Key Features:**

- ◆ **Calcium Silicate:** Absorbs excess oil and prevents oily film
- ◆ **Grape extract:** Very potent antioxidant, moisturizing and has superb emollient properties
- ◆ **Willowherb extract:** Astringent and has antiseptic, anti-inflammatory and antipyretic properties.
- ◆ **Sweet Potato extract:** One of nature's richest sources of vitamin A plus a host of other skin nutrients.

**Home Use:** Apply a small amount to face & neck and massage in gently. Avoid contact with eyes.

**Ingredients:**

Aqua  
Lauryl Lactate  
Stearic Acid  
Stearyl Alcohol  
Propanediol  
Calcium Silicate  
Zinc Oxide  
Sodium Cocoyl Isethionate  
Heilmoor Clay  
Hydroxypropyl Starch Phosphate  
Glycerin  
Cetearyl Oliviate  
Sorbitan Oliviate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Caprylyl Glycol  
Arginine  
Vaccinium Myrtillus (Bilberry) Extract  
Saccharum Officinarum (Sugar Cane) Extract  
Acer Saccharinum (Sugar Maple) Extract  
Citrus Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Vitis Vinifera (Grape) Extract  
Thymus Vulgaris (Thyme) Extract  
Epilobium Parviflorum (Willowherb) Extract  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



## MENS CARE

Product Name: **Age-Defying Cream**SKU#: M286 1.7floz 50ml  
M286P 16.9floz 500ml

**Description:** Battle back against aging, tired skin with advanced active botanicals including Indian gentian, crocus bulb, gotu kola, milk thistle and marine phytoplankton, expertly combined to promote the appearance of revitalized, youthful skin.

**Key Features:**

- ◆ **Swertiamarin:** Stimulates stem cells and increases keratinocyte growth factor resulting in thicker epidermis.
- ◆ **Crocus Chrysanthus Bulb Extract:** Boosts collagen and elastin production. Stimulates natural skin growth factors. Renews skin's resilience.
- ◆ **Konjac Root Extract:** Intensive moisturizer containing 40% glucomannan which plumps up skin cells diminishing fine lines & wrinkles.

**Home Use:** Apply a small amount to face & neck and massage in gently. Avoid contact with eyes.

**Ingredients:**

Aqua  
Caprylic/Capric Triglyceride  
Plankton Extract  
Prunus Armeniaca (Apricot) Kernel Oil  
Euphorbia Cerifera (Candelilla) Wax  
Glyceryl Stearate  
Arachidyl Alcohol (and) Behenyl Alcohol (and)  
Arachidyl Glucoside  
Cetearyl Alcohol  
Stearic Acid  
Propanediol  
Butyrospermum Parkii (Shea) Butter  
Glycerin  
Palmitoyl Tripeptide-5  
Ethylhexyl Palmitate (and) Trihydroxystearin (and)  
Sodium Hyaluronate (and) Amorphophallus Konjac Root Powder  
Sodium Ascorbyl Phosphate  
Aloe Barbadensis (Aloe Vera) Leaf Juice  
Caprylyl Glycol  
Centella Asiatica (Gotu Kola) Flower/Leaf/Stem Extract  
Silybum Marianum (Milk Thistle) Seed Extract  
Ricinus Communis (Castor) Seed Oil (and)  
Hydrogenated Castor Oil  
Camellia Sinensis (Green Tea) Leaf Extract  
Heilmoor Clay  
L-Arginine  
Citric Acid  
Maltodextrin (and) Swertia Chirata Extract  
Crocus Chrysanthus Bulb Extract (and) Acacia Senegal Gum (and) Aqua  
Xanthan Gum  
Natamycin  
Helianthus Annuus (Sunflower) Seed Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Heilmoor Clay  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil

Product Name: **Age-Defying Mask**SKU#: M287 2.7loz 80ml  
M287P 16.9floz 500ml

**Description:** This active, age-defying mask combines vitamin C with fossilized kelp and papaya and pineapple enzymes to exfoliate and support skin cell renewal, providing rejuvenating benefits and a refreshed, refined appearance.

**Key Features:**

- ◆ **Vitamin C:** Antioxidant that helps to fight free-radical damage, pH adjuster, stimulates the production of collagen. Highly bio-available form of Vitamin C
- ◆ **Papain / Bromelain:** Fruit enzymes from papaya and pineapple. Exfoliate and break down dead corneum cells.
- ◆ **Kelp Enzyme:** Excellent for skin nourishing and brightening. Contains over 70 trace minerals and is a very rich source of bio-available calcium.

**Professional and Home Use:** Apply a small amount to face and neck and massage in gently. Avoid contact with eyes. Apply the mask straight from the tube in an even layer. Leave for approximately 10-15 minutes then rinse off with warm water. Finish with your Moor Spa moisturizer of choice.

**Ingredients:**

Aqua  
Macrocystis Pyrifera Powder  
Bentonite  
Propanediol  
Sodium Ascorbyl Phosphate  
Magnesium Aluminium Silicate  
Heilmoor Clay  
Glycerin  
Caprylyl Glycol  
Natamycin  
Salvia Sclarea (Clary Sage) Oil  
Cinnamomum Zeylanicum (Cinnamon) Leaf Oil  
Myristica Fragrans Fruit (Nutmeg) Oil  
Jasminum Grandiflorum (Jasmine) Oil  
Papain  
Bromelain

Product Name: **Lip & Eye Moisture Balm**

SKU#: M288 0.15loz 5ml

**Description:** This 2-in-1 stick with vitamin E lets you target those areas in need of intense hydration and support. Designed for quick and easy application on the lips and the skin around the eyes.

**Key Features:**

- ◆ **Vitamin E:** Antioxidant that helps prevent signs of aging and reduces UV damage to the skin. Soothes and hydrates the skin
- ◆ **Castor Oil:** Has antibacterial properties. Reduces puffiness. Moisturizes. Soothes sunburn. Fights dry lips. Promotes overall skin health.
- ◆ **Rosemary Extract:** Increases the skin's elasticity thereby decreasing droopiness and age spots. Protects skin cells from free-radical damage.

**Home Use:** Apply generously to lips and under eye area twice per day without placing product close enough to move into your eyes. Apply to all surface areas of the lips. Apply under the eyes starting at the outside corner moving gently toward the bridge of your nose.

**Ingredients:**

Ricinus Communis (Castor) Seed Oil  
Euphorbia Cerifera (Candelilla) Wax  
Copernicia Cerifera (Carnauba) Wax  
Brassica Campestris (Rapeseed) Seed Oil  
Methyl Cocoate  
Polyglyceryl-3 Laurate  
Hydrogenated Castor Oil  
Tocopheryl Acetate  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Heilmoor Clay



WELLNESS

**Product Name:** Herbal Bath

**SKU#:** M201 5 x 6floz/170ml  
 M202 1 x 6floz/170ml  
 M201P 135floz 4 Litres

Also available with Pine essential oil:

M203 27floz 750ml  
 M203P 135floz 4 Litres

**Description:** The famous Moor Herbal Bath is one of nature's truly luxurious treats. The water-soluble nutrients in the Moor create a soothing and purifying effect for the whole body. Take a Moor bath for a relaxing, reinvigorating bathing experience.

**Key Features:**

- ◆ Reduces fluid retention
- ◆ Has potent anti-inflammatory and detoxifying properties
- ◆ Used at clinics in Europe as an aid in the treatment of many chronic conditions including arthritis, muscular aches and pains, psoriasis, fibromyalgia and many more.

**Professional and Home Use:** Run a warm bath and stir in 1 sachet or 6oz of the Moor Bath paste. Make sure that the bath is not too hot (max 38°C). Relax in the bath for up to 20 minutes. After the bath, do not rub down, but wrap the body in a large towel and lie down for one hour in a warm room. When draining the moor bath, stir the water periodically.

May be used safely in hydrotherapy tubs and jacuzzis - flushing out jets after use is recommended. Manual exfoliation is recommended prior to taking a moor bath.

**Ingredients:**  
 Aqua  
 Heilmoor Clay  
 (M203 - Pinus Sylvestris  
 - (Pine) Oil)



**Product Name:** Himalayan Crystal Salt Bath

**SKU#:** M205 9oz 250g  
 M204 44oz 1250g

**Description:** Himalayan bath salt contains 84 essential minerals, more than any other bath salt, including magnesium, potassium, bromide and calcium which are readily absorbed into the skin during a 15-30 minute bath.

Himalayan bath salt is known to alleviate seHimalayanvere dry skin disorders. It stimulates circulation, hydrates the skin, increases moisture retention, promotes cellular regeneration, detoxifies the skin and helps heal dry, scaling, irritated skin.

**Key Features:**

- ◆ High concentration of negative ions which facilitate removal of cell-damaging positive ions from tissues by ion-exchanging
- ◆ Contains over 80 trace minerals which are essential for life
- ◆ Wide range of therapeutic benefits

**Professional and Home Use:** Add 125 to 250g of Alexander Himalayan bath salt to a bath tub then fill the bath with warm water. Make sure the water temperature is around body temperature - 38C for maximum benefit. For a mineral treatment soak for around 15 min or soak 30 minutes for a full body detox. Add a Moor Spa Aromabalance blend to enhance the therapeutic benefits of the bath.

**Ingredients:**  
 Sodium Chloride  
 Trace Minerals



**Product Name:** Herbal Infusion

**SKU#:** M211 8.5floz 250ml  
 M211P 33.8floz 1 Litre

**Description:** A 100% natural herbal supplement consisting only of the herbs, organic substances (including humic and fulvic acid) and trace elements of the Austrian deep moor. When mixed it is virtually odourless and tasteless. The Herbal Infusion helps to enhance your vitality and maintain your inner health.

**Key Features:**

- ◆ 100% natural herbal supplement (pasteurized)
- ◆ Contains hundreds of herbs, trace elements & organic substances including humic & fulvic acid.
- ◆ Highly bioavailable (easily assimilated by body)
- ◆ Enhances one's vitality and detoxifies

**Professional and Home Use:** Shake well and stir in one teaspoonful to any liquid 1 to 3 times per day, half an hour before meals.

**Ingredients:**  
 Aqua  
 Heilmoor Clay  
 Potassium Sorbate



WELLNESS

BODY TREATMENT

**Product Name:** Complete Nutrition  
Marine Phytoplankton  
Daily Supplement

**SKU#:** M213 60 x 150mg Capsules

**Description:** Marine phytoplankton is the most nutritionally rich substance on Earth, with a full spectrum of essential nutrients. These micro-algae are known to contain every nutrient required by the body. Moor Spa Complete Nutrition is a blend of over 60 wild species of marine phytoplankton, containing an amazing variety of nutrients including:

- Vitamins
- Trace minerals
- Nucleic Acids (RNA & DNA)
- Amino Acids
- Vast assortment of phytochemicals
- Macrominerals
- Essential Fatty Acids
- Protein

**Key Features:**

Moor Spa Complete Nutrition is registered with a Health Canada NPN (Natural Product Number) supporting the following claims:

- ◆ Antioxidant properties for health maintenance
- ◆ Helps the body to metabolize fats and proteins
- ◆ Helps in wound healing
- ◆ Helps in the maintenance of bones, cartilage, teeth and gums
- ◆ Helps in connective tissue formation

**Professional and Home Use:** Adults: Take 2 capsules daily

**Ingredients:**

Cellankton® Marine Phytoplankton Species 150mg Source Material / Phytoplankton Species:  
*Alexandrium tamarense, Asterionellopsis glacialis, Attheya septentrionalis, Cerataulina pelagica, Chaetoceros affinis, Chaetoceros compressus, Chaetoceros constrictus, Chaetoceros convolutus, Chaetoceros debilis, Chaetoceros decipiens, Chaetoceros didymus, Chaetoceros gracilis, Chaetoceros laciniosus, Chaetoceros radicans, Chaetoceros socialis, Chaetoceros teres, Choanoflagellata sp., Ciliata sp., Corymbellus aureus, Coscinodiscus radiates, Cryptomonas sp., Cylindrotheca closterium, Dactyliosolen fragilissius, Detonula pumila, Dicrateria inornata, Dinobryon sp., Ditylum brightwellii, Dunaliella tertiolecta, Eutreptiella marina, Guinardia delicatula, Gyrodinium spirale, Heterosigma carterae, Katodinium glaucum, Katodinium rotundatum, Leptocylindrus danicus, Melosira moniliformis, Micromonas pusilla, Navicula sp., Odontella aurita, Pleurosigma/ Gyrosigma sp., Protoperidinium bipes, Protoperidinium sp., Rhizosolenia setigera, Skeletonema costatum, Stephanopyxis nipponica, Strombidium sp., Tetraselmis sp., Thalassionema nitzschoides, Thalassiosira aestivalis, Thalassiosira angustelineata, Thalassiosira eccentrica, Thalassiosira nordenskiöldii, Thalassiosira punctigera, Thalassiosira rotula, Tintinnida sp., Thecate sp. Vitamin C 7%*



**Product Name:** Pure Air System  
**SKU#:** Air Purifying Oil  
M214 1.0floz 30ml  
Nebulizing Diffuser  
M215

**Description:** Our new Pure Air System has been scientifically proven to de-activate 99.9% of airborne and surface bacteria, viruses, yeast and mold.

The complete system includes the Moor Spa Nebulizing Diffuser which infuses pure essential oil vapor into the air (without the addition of water), plus Moor Spa Air Purifying Oil.

The oil is Certified Organic Thuja Plicata oil from the coastal forests of British Columbia. Also known as Western Red Cedar, the oil from leaves of this tree has been used for generations by Haida indigenous peoples as an antidote to colds, flu and respiratory illnesses.

Extensive published scientific research conducted at the University of British Columbia has found that this oil, prepared in the correct way and diffused into the air using a nebulizer, has a 99.9% deactivation rate against:

- Sick Building Syndrome
- Aerobic & Anaerobic Bacteria
- Influenza Viruses H1N1, H3N2, HSV-1, HSV-2
- MSRA Bacteria
- Mold Forming Fungi
- Staphylococcus 6538
- E.coli ..... and many more

The Nebulizing Diffuser can be programmed to vaporize at a rate suitable for any area up to approx 2000 sq. ft.

**Air Purifying Oil Ingredients:**

Thuja Plicata (Western Red Cedar) Leaf oil



**Product Name:** Body Mask  
**SKU#:** M221 16.9floz 500ml  
M221P 169floz 5 Litres

**Description:** Our signature skin treatment contains the 100% pure Moor complex, and offers powerful anti aging, detoxification and anti cellulite benefits. This organic product nourishes the skin for increased firmness and a radiant, healthy appearance.

**Key Features:**

- ◆ Used for wellness, detoxification and part of anti-cellulite & weight loss programs
- ◆ Contains over 100 herbs, plants & flowers plus a multitude of organic and inorganic substances
- ◆ Key component is humic acid - powerful antioxidant, cellular regenerator, anti-aging

**Professional Use:** Prepare the skin by first exfoliating, then applying Moor Spa Complete Oil. Wait for one or two minutes for the oil to fully absorb into the skin. Apply the Body Mask straight from container with a soft brush, sponge or by hand. Cover with warm, damp bandages or plastic sheet or film. Do not allow to dry. Leave for 30 to 40 minutes. Wash off with warm water. Finish with Moor Spa Body Lotion or Contour Cream for anti-cellulite treatment.

**Ingredients:**

Heilmoor Clay  
Aqua



BODY TREATMENT

Product Name: **Algamoor Body Mask**

SKU#: M222 16.9floz 500ml  
M222P 169floz 5 Litres

**Description:** Algamoor is a unique 10,000 year old deposit, nearly 50 feet thick, which is extracted from a lake bed in Northern Germany. The Algamoor was formed in a very similar way to Moor mud but is composed entirely of algae instead of plant matter.

Algamoor is used by many hospitals and clinics in Northern Germany for applications in dermatology, gynaecology, rheumatology as well as cosmetics and sports injuries.

There are 12 species of algae present within the Algamoor and it is also rich in minerals including: *magnesium, calcium, manganese, iron, silicon, sulphur and aluminium.*

The Algamoor has a range of therapeutic benefits similar to, but less potent than the Austrian Moor. However, its main feature is that it is deeply hydrating and is remarkably easy to remove both from the body and from towels. Also, unlike seaweed or other algae, the Algamoor has relatively no smell.

**Key Features:**

- ◆ Similar to Moor but derived from algae instead of plant matter
- ◆ Unlike regular algae - has no smell
- ◆ Deeply hydrating, remineralizing and detoxifying
- ◆ Extremely easy to apply and remove

**Professional and Home Use:** Exfoliate using the Salt Glow, Body Scrub Cream or Vital Chi Skin Brushing System. Apply the Algamoor straight from the container in a thin layer over the whole treatment area. Wrap in plastic sheet or mylar then cover with a blanket. Alternatively, envelop the body with steam. Leave for 30 minute then rinse off with warm water. Finish with Body Lotion or Contour Cream for cellulite-prone areas.

**Ingredients:**

Aqua  
Algae  
Hydroxypropyl Starch Phosphate  
Propanediol  
Magnesium Aluminium Silicate  
Caprylyl Glycol  
Natamycin



Product Name: **Moor Gel Body Mask**

SKU#: M223 33.8floz 1 Litre  
M223P 169floz 5 Litres

**Description:** An alternative to the Body Mask, for ease of use in a dry room environment. The Moor essence is blended with moisturizing Canadian willow extract and aloe vera, for softer, smoother skin.

**Key Features:**

- ◆ Alternative to the pure moor mask - easier to use in dry room environment
- ◆ Moor - Used for wellness, detoxification and part of anti-cellulite & weight loss programs
- ◆ Canadian Willow - contains salicylic acid which creates smoother softer skin

**Professional Use:** Stir thoroughly before each use. Paint Moor Gel Body Mask all over body; then use your choice of wrap (sheets, plastic, mylar, towels, etc) or steam. This product does not require shower for removal; remove with warm moist towels. Any remaining product can be massaged into the skin along with Moor Spa Body lotion.

**Ingredients:**

Aqua  
Heilmoor Clay  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Propanediol  
Stearyl Alcohol  
Caprylyl Glycol  
Glycerin  
Hydroxypropyl Starch Phosphate  
Arginine  
Natamycin  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Lavandula Angustifolia (Lavender) Oil  
Caprylic/Capric Triglycerides  
Aloe Barbadensis Gel  
Rosa Canina (Rosehip) Fruit Oil  
Epilobium Angustifolium (Willow) Extract  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



Product Name: **Seaweed Gel Body Mask**

SKU#: M224 33.8floz 1 Litre  
M224P 169floz 5 Litres

**Description:** Klamath blue-green algae and sea kelp extract are combined with a moisturizing gel base, to effectively purify and nourish the skin.

**Key Features:**

- ◆ Nourishing vitamins & minerals in moisturizing gel base
- ◆ Kelp extract: a natural cellular renewal
- ◆ Blue Green Algae: nutrient rich (glycoprotein, vitamins, minerals, lipids and enzymes)
- ◆ Rosehip oil: healing and rich in Vitamin C

**Professional Use:** Stir thoroughly before each use. Paint Seaweed Gel Body Mask all over body; then use your choice of wrap (sheets, plastic, mylar, towels, etc) or steam. This product does not require shower for removal; remove with warm moist towels. Any remaining product can be massaged into the skin along with Moor Spa Body lotion.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Propanediol  
Stearic Acid  
Heilmoor Clay  
Stearyl Alcohol  
Glycerin  
Cetyl Alcohol  
Sodium Stearoyl Lactylate  
Caprylyl Glycol  
Hydroxypropyl Starch Phosphate  
Natamycin  
Caprylic/Capric Triglycerides  
Arginine  
Lavandula Angustifolia (Lavender) Oil  
Ascophyllum Nodosum (Kelp) Extract  
Daucus Carota Sativa (Carrot) Root Extract  
Aphanizomenon Flos-Aquae (Blue Green Algae) Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Epilobium Angustifolium (Willow) Extract  
Rosa Canina (Rosehip) Fruit Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



BODY TREATMENT

Product Name: **Himalayan Crystal Salt Glow**

SKU#: M225 42oz 1.25 Kg  
M225P 212oz 7.5 Kg

**Description:** Himalayan salt contains 84 essential minerals, more than any other bath salt, including magnesium, potassium, bromide and calcium which are readily absorbed into the skin during a salt glow exfoliation treatment.

Himalayan salt is known to alleviate severe dry skin disorders. It stimulates circulation, hydrates the skin, increases moisture retention, promotes cellular regeneration, detoxifies the skin and helps heal dry, scaling, irritated skin. In addition the exfoliating action of the salt glow treatment has a wonderful revitalizing effect on the skin.

**Key Features:**

- ◆ Used as an exfoliant in combination with Complete Oil
- ◆ High concentration of negative ions which facilitate removal of cell-damaging positive ions from tissues by ion-exchanging
- ◆ Contains over **80 trace minerals** which are essential for life

**Professional Use:** Use in a 2:1 ratio: 2 tablespoons salt glow to 1 tablespoon Moor Spa Complete Oil. Massage gently over the body in circular motions. Add a few drops of appropriate essential oil blend if desired. The Complete Oil will fully absorb into the skin leaving only the dry salt. This may then be simply brushed off with a dry towel.

**Ingredients:**

Sodium Chloride  
Trace Minerals



Product Name: **Gemstone Clay Body Mask**

SKU#: M226 33.8floz 1 Litre  
M226P 169floz 5 Litres

**Description:** Our unique green gemstone clay comes from a remote mountainside on the pristine west coast of Vancouver Island. Rich in minerals, rare earths and energetic gemstone material. Supplemented with the potent energetic qualities of tourmaline.

**Key Features:**

- ◆ **Gemstone Clay:** contains energetic gemstones quartz, agate, plagioclase, K-feldspar, clinchlore, actinolite, laumontite, prehnite, magnetite, diopside and molybdenite. Each of these gemstones is purported to possess specific energetic properties to create balancing, healing effects for the individual.
- ◆ **Tourmaline** energetic mineral purported to remove anxiety, negativity and anger.

**Professional Use:** Stir thoroughly before each use. Carry out a full body exfoliation, then apply the Gemstone Clay Body Mask. Use your choice of wrap (sheets, plastic, mylar, towels, etc) or steam. Leave on for 20-30 minutes. Remove with warm moist towels. Finish with Moor Spa Body Lotion or Contour Cream. May be used with PEMF Therapy pad to enhance the energetic effects

**Ingredients:**

Aqua  
Illite (Green Clay)  
Tourmaline  
Glycerin  
Bentonite  
Propanediol  
Caprylyl Glycol  
Natamycin



Product Name: **Kelzyme Body Mask**

SKU#: M229 33.8floz 1 Litre  
M229P 169floz 5 Litres

**Description:** Kelzyme is a fossilized, calcified kelp deposit extracted from an ancient seabed over a hundred feet below the ground in Nevada. The deposit is estimated to be over 35 million years old. It consists of over 70% calcium in a highly bio-available form; over 70 trace minerals including magnesium, potassium, sodium, manganese, selenium, phosphorus and iodine; and a wealth of life enhancing enzymes.

**Key Features:**

- ◆ **Calcium:** highly absorbable form - exfoliant, detoxifier, pH balancer
- ◆ **Enzymes** for exfoliation, skin revitalization
- ◆ Rich in **trace minerals**

**Professional Use:** After exfoliation, apply directly in a thin even layer. Wrap in plastic film, mylar or wet towels and leave for approx. 30 minutes. Remove with warm water. Finish with Body Lotion or Contour Cream.

**Ingredients:**

Aqua  
Macrosystis Pyrifera  
Bentonite  
Magnesium Aluminium Silicate  
Glycerin  
Propanediol  
Caprylyl Glycol  
Natamycin  
Lavandula Angustifolia Oil



BODY TREATMENT

BODY PRODUCTS

Product Name: **Firming Contour Gel**

SKU#: M227p 16.9floz 500ml

**Description:** Contains Horse Chestnut Seed Extract, which has been shown to significantly reduce swelling in tissues, Seaweed Extract which firms and tones the skin and Menthol which creates a refreshing, cooling effect.

**Key Features:**

- ◆ **Horse Chestnut Seed Extract:** has been shown to reduce inflammation. The aescin in horse chestnut may help lessen the appearance of cellulite by toning the capillaries below the skin
- ◆ **Seaweed Extract:** aids in fat dissolution and stimulation of micro circulation
- ◆ **Menthol:** increases circulation

**Professional Use:** Thoroughly soak bandages in the gel, then wrap the bandages firmly around the treatment area. Leave on for 15 to 20 minutes. Remove bandages then clean the area with warm, moist towels.

**Ingredients:**

Aqua  
Glycerin  
Sorbitol  
Sodium Magnesium Silicate  
Propanediol  
Xanthan Gum  
Aesculus Hippocastanum (Horse Chestnut) Seed Extract  
Fucus Vesiculosus (Seaweed) Extract  
Algin  
Heilmoor Clay  
Menthol  
Caprylyl Glycol  
Natamycin  
Caffeine  
Centella Asiatica (Gotu Kola) Extract  
Ruscus Aculeatus (Butcher's Broom) Extract  
Acacia Senegal Gum  
Capsicum Annuum Resin



Product Name: **Body Lotion**

SKU#: M231 6.8floz 200ml  
M231P 16.9floz 500ml

**Description:** A unique blend of Moor plus chamomile, arnica, wild yam and sweet potato extracts leaves skin soft, smooth and well hydrated.

**Key Features:**

- ◆ Body moisturizer for all skin types
- ◆ **Wild Yam extract:** can lower cholesterol & blood pressure
- ◆ **Chamomile extract:** healing effect for dry, reddened and sensitive skin
- ◆ **Arnica extract:** high Vitamin E content can help the skin regain elasticity, clarity and suppleness

**Professional Use:** After Moor, Moor Gel and Seaweed Gel Body Wraps, Salt Glows and Moor Baths apply all over body for thorough skin moisturization.

**Home Use:** Apply after showering or bathing for general skin moisturization.

**Ingredients:**

Aqua  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Stearyl Alcohol  
Propanediol  
Caprylic/Capric Triglycerides  
Heilmoor Clay  
Butyrospermum Parkii (Shea) Butter  
Glycerin  
Arginine  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Caprylyl Glycol  
Natamycin  
Dioscorea Villosa (Wild Yam) Root Extract  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Ipomoea Batatas (Sweet Potato) Extract  
Cera Alba (Beeswax)  
Arnica Montana Flower Extract  
Ormenis Multicaulis (Chamomile) Flower Extract  
Yeast Extract  
Lavandula Angustifolia (Lavender) Oil  
Pelargonium Graveolens (Geranium) Flower Oil  
Citrus Reticulata (Petigran) Leaf Oil  
Cananga Odorata (Ylang Ylang) Flower Oil  
Helichrysum Angustifolium Flower Oil  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



Product Name: **Complete Oil**

SKU#: M232 6.8floz 200ml  
M232P 16.9floz 500ml

**Description:** A light, premium quality blend of moor water and exquisite oils, including jojoba and wheatgerm. Ideal for use with various Moor Spa body treatments.

**Key Features:**

- ◆ Emulsion of high grade plant oils and moor water
- ◆ Used as preparation for Moor body wraps, co-ingredient for Salt Glow and can be used on its own for intensive moisturization and skin revitalization
- ◆ **What Germ oil:** natural source of Vitamins A,D and E
- ◆ **Jojoba oil:** has natural affinity to skin, helps restore elasticity and smoothness

**Professional Use:** Use as a skin preparation prior to application of either Moor Body Mask or Facial Mask. Not suitable for body massage due to fast absorption. Also use for blending with the Salt Glow.

**Home Use:** Apply a few drops on tired or dry skin.

**Ingredients:**

Aqua  
Glycerin  
Hydroxypropyl Starch Phosphate  
Propanediol  
Cellulose Gum  
Coco Glucoside  
Sodium Stearoyl Lactylate  
Heilmoor Clay  
Helianthus Annuus (Sunflower) Seed Oil  
Caprylyl Glycol  
Natamycin  
Simmondsia Chinensis (Jojoba) Seed Oil  
Triticum Vulgare (Wheat) Germ Oil  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Citrus Grandis (Grapefruit) Peel Oil  
Lavandula Angustifolia (Lavender) Oil  
Arginine  
Citrus Aurantifolia (Lime) Oil



BODY PRODUCTS

**Product Name:** Shower Gel  
**SKU#:** M233 6.8floz 200ml  
 M233P 16.9floz 500ml

**Description:** An invigorating moor-based foaming shower gel with lavender, lime and lemon. Sulfate free.

**Key Features:**

- ◆ Foaming shower gel for home use or for pre-treatment preparation
- ◆ **Lavender oil:** heals and balances the skin
- ◆ **Lime oil:** soothing agent, astringent & skin conditioner
- ◆ **Grapefruit oil:** refreshing & revitalizing

**Professional and Home Use:** Use daily in bath or shower. For best results, use with a net sponge or loofah. Follow with Body Lotion.

**Ingredients:**

Aqua  
 Sodium Cocoamphoacetate  
 Sodium Cocoyl Isethionate  
 Cetyl Betaine  
 Lauramine Oxide  
 Propanediol  
 Glycerin  
 Heilmoor Clay  
 Sorbitan Caprylate  
 Lauryl Glucoside  
 Sodium Magnesium Silicate  
 Caprylyl Glycol  
 Natamycin  
 Hydroxypropyl Methylcellulose  
 Citric Acid  
 Citrus Grandis (Grapefruit) Peel Oil  
 Lavandula Angustifolia (Lavender) Oil  
 Citrus Aurantifolia (Lime) Oil



**Product Name:** Contour Cream  
**SKU#:** M234 4.0floz 120ml  
 M234P 16.9floz 500ml

**Description:** This rich cream combines the Moor essence with a variety of stimulating extracts including gotu kola, capsicum and ginger, to promote circulation in cellulite-prone areas.

**Key Features:**

- ◆ Targets cellulite prone areas
- ◆ **Black Pepper extract:** promotes good muscle tone, detoxifies and has diuretic benefits
- ◆ **Ginger oil:** warming and reduces inflammation
- ◆ **Cinnamon:** stimulates circulation

**Professional Use:** Use after Moor Bath or Body Wrap as an aid in anti-cellulite treatments.

**Home Use:** Recommended for night time use. Massage thoroughly into cellulite-prone areas using vigorous upward strokes.

**Ingredients:**

Aqua  
 Olea Europaea (Olive) Fruit Oil  
 Stearic Acid  
 Heilmoor Clay  
 Propanediol  
 Cetyl Alcohol  
 Glycerin  
 Cocos Nucifera Oil  
 Sodium Stearoyl Lactylate  
 Lauryl Lactate  
 Caprylyl Glycol  
 Glyceryl Stearate  
 Cetyl Palmitate  
 Cetearyl Oliviate  
 Sorbitan Oliviate  
 Cetearyl Alcohol  
 Cetearyl Glucoside  
 Natamycin  
 Butyrospermum Parkii (Shea) Nut Butter  
 Rosmarinus Officinalis (Rosemary) Leaf Extract  
 Arginine  
 Sodium Magnesium Silicate  
 Xanthan Gum  
 Hydroxypropyl Starch Phosphate  
 Cannabis Sativa (Hemp) Seed Oil  
 Dioscorea Villosa (Wild Yam) Root Extract  
 Capsicum Annuum Resin  
 Centella Asiatica (Gotu Kola) Root Extract  
 Vaccinium Myrtillus (Bilberry) Fruit Extract  
 Ruscus Aculeatus (Butcher's Broom) Root Extract  
 Cinnamomum Cassia (Cinnamon) Bark Oil  
 Eugenia Caryophyllus (Clove) Flower Oil  
 Zingiber Officinale (Ginger) Root Oil  
 Citrus Nobilis (Mandarin) Peel Oil  
 Piper Nigrum (Black Pepper) Seed Oil  
 Cymbopogon Citratus (Lemongrass) Leaf Oil



**Product Name:** Body Scrub Cream  
**SKU#:** M235 6.8floz 200ml  
 M235P 16.9floz 500ml

**Description:** This luxurious cream moisturizes and removes dead skin cells with the exfoliating action of ground walnut shells for smooth, radiant skin.

**Key Features:**

- ◆ Exfoliates & moisturizes in one, but needs to be rinsed off
- ◆ **Walnut Shell powder:** exfoliant
- ◆ **Olive oil:** rich in skin nutrients, excellent moisturizer.
- ◆ **Cinnamon oil:** promotes circulation & stimulation

**Professional and Home Use:** Apply generous amount to damp skin and massage all over body in circular motion. Rinse well. Not for use on face.

**Ingredients:**

Aqua  
 Olea Europaea (Olive) Fruit Oil  
 Juglans Regia (Walnut) Shell Powder  
 Stearic Acid  
 Glycerin  
 Stearyl Alcohol  
 Propanediol  
 Caprylic/Capric Triglycerides  
 Heilmoor Clay  
 Hydroxypropyl Starch Phosphate  
 Sodium Magnesium Silicate  
 Xanthan Gum  
 Caprylyl Glycol  
 Natamycin  
 Arginine  
 Rosmarinus Officinalis (Rosemary) Leaf Extract  
 Ilex Aquifolium (Holly) Leaf Extract  
 Zingiber Officinale (Ginger) Root Oil  
 Cinnamomum Cassia (Cinnamon) bark Oil  
 Citrus Reticulata (Mandarin) Peel Oil  
 Acacia Senegal Gum



BODY PRODUCTS

Product Name: **Joint Balm**

SKU#: M236 4.0floz 120ml  
M236P 16.9floz 500ml

**Description:** This deeply soothing cream combines the therapeutic properties of moor with organic sulphur (MSM) and devil's claw extract. Use as a support for pain in the joints, muscles or connective tissues.

**Key Features:**

- ◆ **MSM (Methyl Sulfonyl Methane):** a natural source of organic sulphur with anti-inflammatory properties
- ◆ **Devil's Claw extract:** anti-inflammatory and has normalizing effect on the immune system.
- ◆ **Lavender oil:** heals and balances the skin, reduces scarring and stimulates new cell growth

**Professional and Home Use:** Gently massage into desired area. At home - use several times daily.

**Ingredients:**

Aqua  
Dimethyl Sulfone (MSM)  
Olea Europaea (Olive) Fruit Oil  
Stearic Acid  
Cocos Nucifera (Coconut) Oil  
Propanediol  
Heilmoor Clay  
Glycerin  
Sodium Stearoyl Lactylate  
Cetyl Alcohol  
Lauryl Lactate  
Caprylyl Glycol  
Glyceryl Stearate  
Cetyl Palmitate  
Cetearyl Oliviate  
Sorbitan Oliviate  
Cetearyl Alcohol  
Cetearyl Glucoside  
Natamycin  
Arginine  
Sodium Magnesium Silicate  
Xanthan Gum  
Hydroxypropyl Starch Phosphate  
Harpagophytum Procumbens (Devil's Claw) Root Extract  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Lavandula Angustifolia (Lavender) Oil  
Juniperus Virginiana (Cedar) Wood Oil  
Acacia Senegal Gum



Product Name: **Tension Balm**

SKU#: M237 1.8floz 50ml  
M237P 16.9floz 500ml

**Description:** This unique cream helps soothe away muscular tension and headaches including migraines. It combines moor extract with a wealth of soothing botanical extracts including feverfew, linden, peppermint and melissa.

**Key Features:**

- ◆ Soothes muscle tension in the head (temples), neck and shoulders. Great for migraine
- ◆ **Feverfew extract:** reduces inflammation and prevents painful cerebral-vascular spasms
- ◆ **Melissa oil:** powerful anti-inflammatory, sedative effects
- ◆ **Peppermint oil:** feeling of coolness to the skin.
- ◆ **Magnesium ascorbate:** pain inhibitor

**Professional and Home Use:** As an aid in the relief of tension headaches, migraine and neck or shoulder tension apply sparingly to temples, neck and/or shoulders as needed. Rub between palms and then breathe in deeply. May be used for muscle tension anywhere on the body. Avoid eye area.

**Ingredients:**

Aqua  
Cera Alba (Beeswax)  
Butyrospermum Parkii (Shea) Butter Fruit  
Chrysanthemum Parthenium (Feverfew) Extract  
Vitis Vinifera (Grape) Seed Oil  
Mentha Piperita (Peppermint) Oil  
Oenothera Biennis (Evening Primrose) Oil  
Zingiber Officinale (Ginger) Root Extract  
Ascorbic Acid  
Melissa Officinalis Leaf Extract  
Anthemis Nobilis Flower Extract  
Tilia Americana Flower Extract  
Magnesium Sulfate  
Rosmarinus Officinalis (Rosemary) Leaf Oil  
Lavandula Officinalis (Lavender) Oil  
Riboflavin  
Squalane  
Sorbic Acid



Product Name: **Lip Balm**

SKU#: M238 0.2floz 5ml

**Description:** This rich lip treatment combines sweet almond oil, bees wax, coconut oil and shea butter for soft, smooth lips.

**Key Features:**

- ◆ 100% natural lip balm
- ◆ **Coconut Oil:** softens and lubricates the skin
- ◆ **Sweet Almond oil:** moisturizer & emollient
- ◆ **Spearmint oil:** fresh taste & scent and has a cooling feel

**Professional and Home Use:** Apply liberally as and when needed.

**Ingredients:**

Prunus Amygdalus Dulcis (Sweet Almond) Oil  
Cocos Nucifera Oil  
Cera Alba (Beeswax)  
Theobroma Cacao (Cocoa) Butter  
Heilmoor Clay  
Mentha Viridis (Spearmint) Essential Oil  
Menthol  
Glycerin



BODY PRODUCTS

**Product Name: Balance Cream**

For Women

**SKU#:** M241 1.8floz 50ml  
M241P 16.9floz 500ml

**Description:** This innovative cream contains high concentrations of wild yam, an effective support for women who have PMS, cramping, menopause, inflammation or osteoporosis.

**Key Features:**

- ◆ **Wild Yam:** contains diosgenin which stimulates the body to increase progesterone production. Wild Yam also dilates blood vessels and relaxes spasms
- ◆ **Chaste Berry:** may help alleviate symptoms of PMS and menopause
- ◆ **Black Cohosh:** may help reduce hot flashes and other menopausal symptoms

**Professional and Home Use:** Apply to inner arms and inner thighs. Please refer to detailed application instructions included with product.

**Ingredients:**

Aqua  
Vitis Vinifera (Grape) Seed Oil  
Glycerin  
Cetyl Alcohol  
Prunus Amygdalus Dulcis (Sweet Almond) Oil  
Dioscorea Villosa (Wild Yam) Extract  
Vitex Agnus-Castus (Chaste Tree) Berry Extract  
Cimicifuga Racemosa (Black Cohosh) Extract  
Emulsifying Wax NF  
Dimethyl Sulfone (MSM)  
Panthenol  
Heilmoor Clay  
Aloe Barbadensis (Aloe Vera) Gel  
Citrus Grandis (Grapefruit) Seed Extract  
D-Alpha Tocopherol (Vitamin E)  
Sorbitol



**Product Name: Deodorants**

**SKU#:** Lavender M243 2.7floz 80ml  
Spice M244 2.7floz 80ml

**Description:** These aluminium-free deodorants contain natural anti-bacterial and drying agents to keep you feeling fresh.

**Key Features:**

- ◆ **Zinc Oxide:** "Mops up" excess perspiration
- ◆ **Ethylhexylglycerin:** Natural Anti-Bacterial agent
- ◆ Free of Aluminium and Propylene Glycol

**Home Use:** Apply evenly and liberally once or twice daily as necessary.

**Ingredients:**

Aqua  
Zinc Oxide  
Ethylhexylglycerin  
Hydroxypropyl Methylcellulose  
Heilmoor Clay  
Lactic Acid  
Glyceryl Caprylate  
Glyceryl Undecylenate

**Lavender add:**

Lavandula Angustifolia (Lavender) Oil

**Spice add:**

Boswellia Thurifera (Frankincense) Oil  
Jasminum Sambac (Jasmine) Oil  
Cinnamomum Cassia (Cinnamon) Oil



**Product Name: Neem Cream**

**SKU#:** M245 2.9floz 80ml  
M245P 16.9floz 500ml

**Description:** An exclusive blend of Moor extract, Neem extract and Neem oil helps to reduce inflammation and provides superior soothing benefits for irritated skin.

**Key Features:**

- ◆ **Neem** is particularly effective for dermatitis, eczema and psoriasis
- ◆ Effective natural alternative to medicated skin creams
- ◆ **Comfrey Extract:** skin soothing
- ◆ **Dimethyl Sulfone (MSM):** skin revitalizing

**Professional and Home Use:** Apply as needed. Do not use around eyes or on broken skin. For external use only.

**Ingredients:**

Aqua  
Azadirachta Indica (Neem) Leaf Extract  
Azadirachta Indica (Neem) Leaf Oil  
Berberis Aquifolium (Oregon Grape) Extract  
Symphytum Officinale (Comfrey) Root Extract  
Dimethyl Sulfone (MSM)  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Emulsifying Wax NF  
Heilmoor Clay  
Vitis Vinifera (Grape) Seed Extract  
Glycerin  
Cetyl Alcohol  
Citrus Grandis (Grapefruit) Seed Extract  
Tocopheryl Acetate



BODY PRODUCTS

HAIR CARE

Product Name: **Shaving Foam**

SKU#: M247 6.8loz 200ml  
M247B 1 Gallon 3.8 Litres

**Description:** A rich, 100% natural-source formulation that provides a luxurious and smooth shave, while protecting the skin with soothing chamomile and aloe vera extracts.

**Key Features:**

- ◆ **Olive Oil:** emollient rich oil with anti-oxidant properties
- ◆ **Oleic Acid:** restores balanced sebum levels without clogging pores. Replenishes lost moisture.
- ◆ **Chamomile** Helps to reduce skin irritation. Natural antiseptic.

**Professional and Home Use:** Cleanse area to be shaved and leave the skin wet. Apply the shaving cream by hand or with a brush. Shave, then rinse off any excess foam with warm water. Finish with Moor Spa Body Lotion.

**Ingredients:**

Aqua  
Stearic Acid  
Sodium Myristoyl Sarcosinate  
Glycerin  
Decyl Glucoside  
Lauric Acid  
Propanediol  
Glyceryl Stearate  
Sodium Hydroxide  
Lauryl Lactate  
Heilmoor Clay  
Caprylyl Glycol  
Oleic Acid  
Olea Europaea (Olive) Oil  
Citric Acid  
Potassium Sorbate  
Tetrasodium Glutamate Diacetate  
Chamomilla Recutita (Matricaria) Flower Extract  
Aloe Barbadensis (Aloe Vera) Leaf Extract



Product Name: **Hand Soap**

SKU#: M248 6.8loz 200ml  
M248B 1 Gallon 3.8 Litres

**Description:** A gentle, low sudsing hand soap with tea tree, lavender, lemongrass and ylang-ylang, for skin that is refreshed, purified and balanced. Sulfate free.

**Key Features:**

- ◆ **Tea-Tree Oil:** Natural antiseptic and anti-bacterial agent.
- ◆ **Lavender Oil** Soothes and calms the skin.
- ◆ **Lemongrass Oil:** Purifies and refreshes the skin.
- ◆ **Ylang ylang Oil:** Promotes new skin growth, enhances circulation..

**Professional and Home Use:** Rinse the hands and pour a few drops into your palms. Massage the hands together thoroughly then rinse off with warm water.

**Ingredients:**

Aqua  
Decyl Glucoside  
Sodium Myristoyl Sarcosinate  
Xanthan Gum  
Glycerin  
Heilmoor Clay  
Caprylyl Glycol  
Juniperus Virginiana (Cedar) Wood Oil  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Lavandula Angustifolia Oil  
Cananga Odorata Flower Oil  
Cymbopogon Citratus Leaf Oil  
Benzoic Acid



Product Name: **Volumizing Shampoo**

SKU#: M250 6.8floc 200ml  
M250B 1 Gallon 3.8 Litres

**Description:** Our volumizing shampoo is ideal for thinner, finer hair, or just to add some fullness. Sulfate-free and color-safe. Hempseed oil and guar gum thickener provide moisture and volume.

**Key Features:**

- ◆ Sulfate-free shampoo with moor and botanical extracts
- ◆ **Hemp Oil:** moisturizes the hair and scalp, stimulates hair growth, strengthens hair
- ◆ **Guar Thickener:** Coats the hair with a natural gum residue which provides volume and structure.

**Professional and Home Use:** Wet hair thoroughly. Massage shampoo into hair and scalp for one full minute. Rinse and repeat if desired.

**Ingredients:**

Aqua  
Sodium Cocoyl Isethionate  
Lauryl Glucoside  
Cetyl Betaine  
Propanediol  
Heilmoor Clay  
Caprylyl Glycol  
Glyeryl Stearate  
Polyglyceryl-3 Stearate  
Guar Hydroxypropyltrimonium Chloride  
Lactic Acid  
Citric Acid  
Cannabis Sativa (Hemp) Seed Oil  
Citrus Grandis (Grapefruit) Peel Oil  
Salvia Officinlais (Sage) Oil  
Lavandula Angustifolia (Lavender) Oil  
Pelargonium Graveolens (Geranium) Oil  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Tetrasodium Glutamate Diacetate  
Sorbic Acid



## HAIR CARE

Product Name: **Botanical Shampoo**

SKU#: M251 6.8floz 200ml  
M251P 16.9floz 500ml

**Description:** A gentle sulfate-free shampoo that combines Moor water with a blend of herbal extracts for shiny, smooth hair.

**Key Features:**

- ◆ Sulfate-free shampoo with moor and botanical extracts
- ◆ **Hops extract:** beneficial for restoring balance to hair
- ◆ **Nettle extract:** anti-inflammatory properties & known to be an excellent hair revitalizer
- ◆ **Gotu Kola extract:** revitalizes scalp by stimulating blood flow

**Professional and Home Use:** Wet hair thoroughly. Massage shampoo into hair and scalp for one full minute. Rinse and repeat if desired.

**Ingredients:**

Aqua  
Sodium Cocoamphoacetate  
Sodium Cocoyl Isethionate  
Cetyl Betaine  
Propanediol  
Lauramine Oxide  
Glycerin  
Heilmoor Clay  
Sorbitan Caprylate  
Sodium Magnesium Silicate  
Caprylyl Glycol  
Natamycin  
Hydroxypropyl Methylcellulose  
Citric Acid  
Rosmarinus Officinalis (Rosemary) Leaf Oil  
Lavandula Angustifolia (Lavender) Oil  
Humulus Lupulus (Hops) Extract  
Centella Asiatica (Gotu Kola) Root Extract  
Urtica Dioica (Nettle) Extract



Product Name: **Botanical Conditioner**

SKU#: M252 6.8floz 200ml  
M252P 16.9floz 500ml

**Description:** A rich conditioner containing revitalizing extracts of hops and nettle with silk protein for strong, lustrous hair.

**Key Selling Features:**

- ◆ Rich, creamy formulation that conditions hair
- ◆ **Hops extract:** restoring balance to hair
- ◆ **Nettle extract:** anti-inflammatory properties & known to be an excellent hair revitalizer
- ◆ **Tea Tree oil:** anti-septic & anti-bacterial properties

**Professional and Home Use:** Wash hair with Moor Spa Botanical Shampoo. Rinse, then massage the Botanical Conditioner into the hair and scalp. Leave for 2 to 3 minutes, then rinse again.

**Ingredients:**

Aqua  
Cetyl Alcohol  
Stearyl Alcohol  
Propanediol  
Cetrimonium Chloride  
Heilmoor Clay  
Hydroxypropyl Starch Phosphate  
Caprylyl Glycol  
Xanthan Gum  
Lauryl Lactate  
Humulus Lupulus (Hops) Extract  
Urtica Dioica (Nettle) Extract  
Benzoic Acid  
Cymbopogon Citratus (Lemongrass) Leaf Oil  
Melaleuca Alternifolia (Tea Tree) Leaf Oil  
Lavandula Angustifolia (Lavender) Oil  
Cananga Odorata (Ylang Ylang) Flower Oil  
Juniperus Virginiana (Cedar) Wood Oil



Product Name: **Hair Vitality**

SKU#: M253 4.0floz 120ml  
M253P 16.9floz 500ml

**Description:** An herbal spray that helps support healthy hair growth. Extracts of nicotine and capsicum stimulate the scalp.

**Key Features:**

- ◆ Tonic for aid in hair revitalization
- ◆ **Biotin:** (vitamin B7) vital for healthy circulation
- ◆ **Nicotine extract:** stimulates circulation to the scalp
- ◆ **Rosemary extract:** invigorating, enhances cellular regeneration, promotes healing.

**Professional and Home Use:** For complete hair and scalp care, apply the Hair & Scalp Mask then wash with Moor Spa Shampoo. Finally massage the Hair Vitality into your hair and scalp while the hair is still wet. Leave in for at least 2 minutes then rinse.

Please note that the Hair Vitality will tend to redden any areas where it is applied due to stimulation of circulation. The redness will normally disappear within 10 minutes. Try to avoid going over the hair line.

**Ingredients:**

Aqua  
Propanediol  
Coco Glucoside  
Stearyl Alcohol  
Cetrimonium Chloride  
Caprylyl Glycol  
Heilmoor Clay  
Natamycin  
Rosmarinus Officinalis (Rosemary) Oil  
Hydroxypropyl Starch Phosphate  
Glycerin  
Menthol  
Methyl Nicotinate  
Niacin  
Biotin  
Capsicum Annuum Extract



## HAIR CARE

Product Name: **Hair & Scalp Mask**SKU#: M254 6.8floz 200ml  
M254P 16.9floz 500ml

**Description:** An oil based mask that helps hydrate the hair while balancing the scalp for stronger, healthier hair.

**Key Selling Features:**

- ◆ Balances the scalp secretions and hydrates the hair.
- ◆ Oil-based
- ◆ Rich in **Pure Moor**
- ◆ **Wheat Germ oil:** natural source of Vitamins A,D and E
- ◆ **Peppermint oil:** cooling effect on the skin & helps to remove excessive oils from hair & scalp.

**Professional and Home Use:** Shake well before use. Wet hair thoroughly. Apply approximately 2 tablespoonfuls of the Moor mask to the hair and massage into the scalp. Place a shower cap over the hair. Cover the head with hot towels or, for professional use, apply a steamer sufficiently near the head to keep the head warm but not near enough to be uncomfortable. Leave for 20 minutes. Wash hair thoroughly.

**Ingredients:**

Aqua  
Heilmoor Clay  
Hydroxypropyl Starch Phosphate  
Propanediol  
Sodium Stearoyl Lactylate  
Glycerin  
Caprylyl Glycol  
Cyamopsis Tetragonolobus (Guar) Gum  
Natamycin  
Mentha Piperita (Peppermint) Oil  
Triticum Vulgare (Wheat) Germ Oil  
Simmondsia Chinensis (Jojoba) Seed Oil  
Persea Grattissima (Avocado) Oil

Product Name: **Hair Spray**SKU#: M255 6.8floz 200ml  
M255B 1 Gallon 3.8 Litres

**Description:** A fast drying, firm holding spray formulated with natural source ingredients. Sets hair into place without build-up or flaking.

**Key Selling Features:**

- ◆ **Sodium Polyitaconate:** Natural polymer derived from a type of yeast that provides superior hold without being affected by humidity
- ◆ **Triethyl Citrate:** Coats the hair with a natural film that aids in holding.

**Professional and Home Use:** Spray evenly and liberally over your hair. Avoid contact with the eyes.

**Ingredients:**

Aqua  
Alcohol Denat.  
Sodium Polyitaconate  
Glycerin  
Propanediol  
Caprylyl Glycol  
Triethyl Citrate



## MASSAGE

Product Name: **Massage Lotion**SKU#: M261 6.8floz 200ml  
M261P 16.9floz 500ml

**Description:** This lotion combines the benefits of massage, aroma and Moor Therapy in one product. Fragrance free, so you can blend in the Aroma Balancing Oil of your choice.

**Key Features:**

- ◆ Medium for massage combined with moor therapy
- ◆ Aromabalancing essential oils can be added to customize
- ◆ **Olelyl Erucate:** A slow spreading emollient that gives a luxurious, long lasting feel on the skin
- ◆ **Castorlatum:** combined with Olive oil for creating "slip"

**Professional and Home Use:** For optimal results mix in a few drops of a Moor Spa Aromatherapy blend or your favoured essential oils. Use liberally.

**Ingredients:**

Aqua  
Cocos Nucifera Oil  
Stearic Acid  
Olelyl Erucate  
Olea Europaea (Olive) Fruit Oil  
Propanediol  
Stearyl Alcohol  
Caprylic/Capric Triglycerides  
Glycerin  
Heilmoor Clay  
Sodium Magnesium Silicate  
Ricinus Communis (Castor) Seed Oil  
Hydrogenated Castor Oil  
Caprylyl Glycol  
Arginine  
Natamycin  
Aloe Barbadensis (Aloe Vera) Leaf Extract  
Xanthan Gum  
Rosmarinus Officinalis (Rosemary) Leaf Extract  
Soybean Glycerides  
Butyrospermum Parkii (Shea Butter) Unsaponifiables



MASSAGE

SUN CARE

**Product Name:** Massage Balms  
**SKU#:** M262/3/4 5.4floz 160ml  
 M262/3/4P 16.9floz 500ml

**Description:** The Balms include Olive and Avocado Oils, Shea Butter and Beeswax. A special blending technique allows the blend to solidify at room temperature. As soon as the product touches the skin it melts into a liquid oil which has superb glide and warms up remarkably quickly. Also, by comparison with massage oils and lotions, only half the quantity of balm is needed.

The balm comes in 3 types: The first is **Aroma Free** to allow fragrance free massage or the addition of essential oils of your choice. The other 2 balms include 100% pure essential oil blends: **Revitalizing** combines lemongrass, rosewood and peppermint; and **Purifying** combines nutmeg, jasmine, rose and sandalwood.

**Key Features:**

- ◆ A balm with a superb glide / solidifies at room temperature
- ◆ **Avocado oil:** deeply moisturizes the skin. Also boosts collagen production.
- ◆ **Shea butter:** revitalizes, softens & maintains skin moisture
- ◆ **Rosewood oil:** cell stimulant & tissue regenerator
- ◆ **Rose oil:** hydrating, relieves stress and tension and purifies

**Professional and Home Use:** Melt the balm by rubbing in the palms of your hands and then apply as needed.

**Ingredients:**

Olea Europaea (Olive) Fruit Oil  
 Butyrospermum Parkii (Shea) Nut Butter  
 Cera Alba (Beeswax)  
 Euphorbia Cerifera (Candelilla) Wax  
 Persea Gratissima (Avocado) Oil  
 Glycine Soja (Soybean) Oil  
 Daucus Carota Sativa (Carrot) Root Extract  
 Heilmoor Clay  
 Rosmarinus Officinalis (Rosemary) Leaf Extract  
 Soybean Glycerides  
 Butyrospermum Parkii (Shea Butter) Unsaponifiables

**Revitalizing add:**

Cymbopogon Citratus (Lemongrass) Oil  
 Mentha Piperita (Peppermint) Oil  
 Aniba Rosaeodora (Rosewood) Oil  
 Citrus Medica Limonum (Lemon) Oil

**Purifying add:**

Myristica Fragrens (Nutmeg) Oil  
 Jasminum Grandiflorum (Jasmine) Oil  
 Rosa Centifolia (Rose) Oil  
 Santalum Album (Sandalwood) Oil  
 Cananga Odorata (Ylang Ylang) Oil



**Product Name:** SPF30+ Lotion  
**SKU#:** M271 4.5oz 150g

**Description:** This 100% natural, water resistant sunscreen includes a high concentration of zinc & titanium oxides which protect against the harmful effects of UVA & UVB rays.

**Key Features:**

- ◆ **Reef Friendly / Water Resistant / Non-Nano / Transparent Finish**
- ◆ **Zinc Oxide:** reflective sunscreen which protects against both UVA & UVB rays. This is the safest way to protect against sun exposure,
- ◆ **Green Tea Extract:** potent, natural anti-oxidant which prevents the formation of free radicals from over-exposure to UV rays.
- ◆ **Vitamin E:** provides additional anti-oxidant benefits.

**Home Use:** Apply liberally and evenly 15 minutes before sun exposure. Reapply at least every 2 hours. Reapply after 40 minutes of swimming or sweating and reapply immediately after towel drying. For use on children less than 6 months of age, consult a health care physician.

**Ingredients:**

Aqua  
 Coco-Caprylate  
 Dicaprylyl Carbonate  
 Lauryl Glucoside  
 Polyhydroxyceryl-2 Dipolyhydroxystearate  
 Microcrystalline Cellulose  
 Cellulose Gum  
 Camellia Sinensis (Green Tea) Leaf Extract  
 DL-Panthenol  
 Sodium Ascorbyl Phosphate  
 D-Alpha Tocopheryl Acetate  
 Phytic Acid  
 Triethoxycaprylylsilane  
 Polyhydroxystearic Acid  
 Xanthan Gum  
 Benzyl Alcohol  
 Ethylhexylglycerin  
 D-Alpha Tocopherol

**Medicinal Ingredients:**

Transparent Micronized Zinc Oxide 11%  
 Transparent Micronized Titanium Dioxide 8%



**Product Name:** After Sun Gel  
**SKU#:** M272 4floz 120ml

**Description:** Exposure to the sun and the elements can wreak havoc on your skin. Our soothing gel helps your skin recover with a blend of calming extracts of cucumber, aloe vera and chamomile.

**Key Features:**

- ◆ **Cucumber extract:** soothes skin
- ◆ **Hyaluronic Acid:** moisturizes and gives skin a silky smooth texture
- ◆ **Shea Butter:** a natural cellular renewal ingredient
- ◆ **Green Tea extract:** boosts immune function of skin cells and protects them against the damaging effects of the sun

**Home Use:** Apply a generous amount to sensitive / sun exposed areas of the face or body.

**Ingredients:**

Aqua  
 Glycerin  
 Propanediol  
 Heilmoor Clay  
 Cucumis Sativus (Cucumber) Fruit Extract  
 Aloe Barbadensis (Aloe Vera) Leaf Extract  
 Caprylyl Glycol  
 Yeast Extract  
 Caprylic/Capric Triglycerides  
 Butyrospermum Parkii (Shea) Nut Butter  
 Sodium Magnesium Silicate  
 Natamycin  
 Xanthan Gum  
 Camellia Sinensis (Green Tea) Leaf Extract  
 Rosmarinus Officinalis (Rosemary) Leaf Extract  
 Ormenis Multicaulis (Chamomile) Flower Extract  
 Arginine  
 Acacia Senegal Gum  
 Soybean Glycerides  
 Butyrospermum Parkii (Shea Butter) Unsaponifiables  
 Citrus Aurantium Bergamia (Bergamot) Fruit Oil  
 Citrus Grandis (Grapefruit) Peel Oil  
 Citrus Reticulata (Mandarin) Peel Oil  
 Citrus Medica Limonum (Lemon) Peel Oil  
 Citrus Aurantium Dulcis (Orange) Peel Oil  
 Actinidia Chinensis (Kiwi) Fruit Extract  
 Salvia Officinalis (Sage) Leaf Oil



SUN CARE

HAND & FOOT CARE

Product Name: **SPF30+ Face Cream**

SKU#: M273 2.7floz 80ml

**Description:** Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a Broad Spectrum SPF value of 15 or higher and other sun protection measures.

**Key Features:**

- ◆ Reef Friendly / Water Resistant / Non-Nano / Transparent Finish
- ◆ Zinc Oxide: reflective sunscreen which protects against both UVA & UVB rays.
- ◆ Buriti Oil: antioxidant, anti-inflammatory and photo-protective
- ◆ Evening Primrose promotes a healthy, clear, rejuvenated complexion with enhanced radiance

**Home Use:** Apply liberally and evenly 15 minutes before sun exposure. Reapply at least every 2 hours. Reapply after 40 minutes of swimming or sweating and reapply immediately after towel drying. For use on children less than 6 months of age, consult a health care physician.

**Ingredients:**

Aqua  
 Aloe Barbadensis Leaf Juice  
 Vitis Vinifera (Grape) Seed Oil  
 Glycerin  
 Simmondsia Chinensis (Jojoba) Seed Oil  
 Caprylic/Capric Triglycerides  
 Cetearyl Olivatate  
 Sorbitan Olivatate  
 Salicylic Acid  
 Sorbic Acid  
 Cetearyl Alcohol  
 Citric Acid  
 Calendula Officinalis Seed Oil  
 Glyceryl Isostearate  
 Polyhydroxystearic Acid  
 Oenothera Biennis (Evening Primrose) Oil  
 Mica  
 Mauritia Flexuosa Fruit Oil  
 Aluminum Hydroxide  
 Lauric Acid  
 Tapioca  
 Iron Oxide Yellow  
 Potassium Sorbate  
**Medicinal Ingredients:**  
 Transparent Micronized Zinc Oxide 10%  
 Transparent Micronized Titanium Dioxide 6%



Product Name: **Hand Cream**

All Skin Types

SKU#: M290 1.8floz 50ml  
 M290P 16.9floz 500ml

**Description:** A luxurious anti aging hand cream featuring an exquisite blend of fresh citrus oils, plant sterols, silk amino acid and hydrating emollients.

**Key Features:**

- ◆ Coconut Oil: penetrates deeply, conditions, moisturizes, and softens skin. Also has anti-bacterial action.
- ◆ Silk Protein: soft & velvety feel, prevents dehydration & has anti-oxidant action
- ◆ Olive oil: rich in skin nutrients, excellent moisturizer.

**Ingredients:**

Aqua  
 Olea Europaea (Olive) Fruit Oil  
 Cocos Nucifera (Coconut) Oil  
 Stearic Acid  
 Glycerin  
 Sodium Stearoyl Lactylate  
 Propanediol  
 Cetyl Alcohol  
 Caprylic/Capric Triglycerides  
 Heilmoor Clay  
 Zinc Oxide Glyceryl Stearate  
 Cetyl Palmitate  
 Cetearyl Olivatate  
 Cetearyl Alcohol  
 Cetearyl Glucoside  
 Caprylyl Glycol  
 Ricinus Communis (Castor) Seed Oil  
 Hydrogenated Castor Oil  
 Natamycin  
 Arginine  
 Silk Amino Acids  
 Ipomoea Batatas (Sweet Potato) Extract  
 Rosmarinus Officinalis (Rosemary) Leaf Extract  
 Soybean Glycerides  
 Butyrospermum Parkii (Shea Butter) Unsaponifiables  
 Citrus Aurantium Bergamia (Bergamot) Fruit Oil  
 Citrus Grandis (Grapefruit) Peel Oil  
 Citrus Reticulata (Mandarin) Peel Oil  
 Citrus Medica Limonum (Lemon) Oil  
 Citrus Aurantium Dulcis (Orange) Peel Oil  
 Actinidia Chinensis (Kiwi) Fruit Extract  
 Salvia Officinalis (Sage) Leaf Oil



Product Name: **Foot Cream**

SKU#: M291 2.9floz 80ml  
 M291P 16.9floz 500ml

**Description:** This moisturizing, energizing foot cream penetrates deeply, restoring softness and suppleness to calloused, dry feet. Also helps to eliminate foot odour.

**Key Features:**

- ◆ Coconut oil: rich in vitamins and minerals, excellent skin conditioner
- ◆ Tea-Tree oil: anti-bacterial, promotes healing
- ◆ Eucalyptus oil: disinfectant, stimulates circulation
- ◆ Olive Oil: deeply moisturizes.

**Professional and Home Use:** Massage into the feet for 20 to 30 seconds. Recommended for use after foot baths and foot wraps.

**Ingredients:**

Aqua  
 Olea Europaea (Olive) Fruit Oil  
 Stearic Acid  
 Cocos Nucifera (Coconut) Oil  
 Glycerin  
 Heilmoor Clay  
 Sodium Stearoyl Lactylate  
 Propanediol  
 Cetyl Alcohol  
 Lauryl Lactate  
 Glyceryl Stearate  
 Cetyl Palmitate  
 Ricinus Communis (Castor) Seed Oil  
 Hydrogenated Castor Oil  
 Cetearyl Olivatate  
 Sorbitan Olivatate  
 Cetearyl Alcohol  
 Cetearyl Glycoside  
 Caprylyl Glycol  
 Melaleuca Alternifolia (Tea Tree) Leaf Oil  
 Eucalyptus Globulus Leaf Oil  
 Arginine  
 Natamycin



## HAND &amp; FOOT CARE

## AROMATHERAPY.

Product Name: **Foot Bath**

SKU#: M292 8.5floz 250ml

**Description:** The most natural way to put life back into tired feet. Ideal for use prior to pedicure, reflexology or foot massage.

**Key Features:**

- ◆ Reduces fluid retention
- ◆ Has potent anti-inflammatory and detoxifying properties
- ◆ Used at clinics in Europe as an aid in the treatment of many chronic conditions including arthritis, muscular aches and pains, psoriasis, fibromyalgia and many more.

**Professional and Home Use:** Simply add 3 table-spoonfuls of Moor Spa Foot Bath to a bowl of warm water, and soak your feet for 10 to 15 minutes. Afterwards pat feet dry and gently massage with Moor Spa Foot Cream.

**Ingredients:**

Aqua  
Heilmoor Clay

**Moor Spa Aroma Balancing System**

Moor Spa Aromatherapy system comprises 8 oil blends each consisting of up to 15 individual essential oils of the highest quality. The blends have been carefully and lovingly formulated by one of Britain's leading aromatherapy blenders to create a harmonious and supporting effect on specific mind / body systems. You can enhance the benefits of any Moor Spa treatment by incorporating an appropriate blend.

**INSTRUCTIONS FOR USE:** With a simple assesment of your client's needs you can easily identify the most appropriate essential oil blend to work with (see properties below). Shake the oil thoroughly before use. Use 3 to 6 drops for each treatment. The oil can be either blended in with the Massage Lotion for healing massage; added to the pure Moor for body wraps, packs, facials or baths; or simply diffused in the treatment room.

**The Essential Oil Formulas (all 10ml)**m301 **FORMULA C:**

**resonates with:** the Circulatory system.

**100% pure essential oils:** clary sage, clove bud, geranium, grapefruit, highland lavender, lemon, marjoram, nutmeg, petitgrain, peppermint, rose absolute, rosemary, sandalwood

**Key Ingredients:**

- ◆ **Geranium:** encourages blood and lymph circulation
- ◆ **Grapefruit:** circulation & digestion stimulant. Refreshing
- ◆ **Lemon:** circulatory stimulant, cleansing and uplifting
- ◆ **Rose Absolute:** Balances capillary circulation. Uplifting aroma

m303 **FORMULA R:**

**resonates with:** the Respiratory system.

**100% pure essential oils:** eucalyptus radiata, eucalyptus globulus, tea tree, cajuput, niaouli, peppermint, ravensara

**Key Ingredients:**

- ◆ **Eucalyptus:** anti-viral, decongestant. Generally aids breathing.
- ◆ **Tea-tree:** anti-bacterial, anti-viral and anti-fungal. Prevents infection and shortens recovery time.
- ◆ **Cajuput:** antiseptic, anti-viral & generally anti-infectious. Helps cellular respiration.
- ◆ **Peppermint:** topically cooling. Decongests. Clears & sharpens the mind therefore aids concentration

m302 **FORMULA F:**

**resonates with:** the Female physiology (especially hormonal).

**100% pure essential oils:** Spanish orange, lime, patchouli, ylang extra, ho wood, jasmine grandiflorum, white champaka, rose absolute, benzoin, spearmint, Himalayan cedar

**Key Ingredients:**

- ◆ **Patchouli:** grounding & calming aroma. Anti-fungal, anti-inflammatory & healing for cracked, rough or scarred skin
- ◆ **Ylang-Ylang:** Sensual, euphoric & anti-depressant. Deeply calming, emotionally balancing & sensual
- ◆ **Ho Wood:** Balancing & harmonizing. Used for its balancing, refreshing aroma

m304 **FORMULA I:**

**resonates with:** the Immune system.

**100% pure essential oils:** eucalyptus globulus, cajuput, clove bud, grapefruit, helichrysum, lemon, niaouli, peppermint, pine sylvester, raven-sara, tea tree

**Key Ingredients:**

- ◆ **Eucalyptus:** anti-viral, decongestant. Energizing, stimulating & circulating. Cleanses & assists in lymph circulation
- ◆ **Cajuput:** antiseptic, antiviral and generally anti-infectious. Helps cellular respiration. Reviving
- ◆ **Clove Bud:** antiseptic, stimulant strengthens memory & soothes muscles
- ◆ **Pine:** renowned anti-septic for the respiratory system. An energizing tonic

## AROMATHERAPY cont'd....

## m305 FORMULA M:

**resonates with:** the Musculoskeletal system.

**100% pure essential oils:** basil linalol, birch, black spruce, camphor, Himalayan cedar, eucalyptus, citriodora, fennel, ginger, peppermint, marjoram, Spanish rosemary

**Key Ingredients:**

- ◆ **Birch:** astringent, reduces soreness of muscles & joints
- ◆ **Camphor:** stimulates & soothes, cools then heats, stimulates circulation, analgesic
- ◆ **Ginger:** warming to muscles & joints. Boosts circulation and energizes
- ◆ **Rosemary:** universal aid, toning, very stimulating analgesic, invigorating, reduces muscle soreness

## m306 FORMULA D:

**resonates with:** skin (Dermal).

**100% pure essential oils:** bergamot, clary sage, Himalayan cedar, carrot seed, frankincense, jasmine sambac, highland lavender, lime, myrrh, petit-grain, sandalwood, ylang ylang

**Key Ingredients:**

- ◆ **Bergamot:** helpful for skin conditions such as acne, cold sores, eczema and psoriasis
- ◆ **Carrot Seed:** restores the elasticity of the skin & keeps it soft & smooth, has anti-aging properties
- ◆ **Frankincense:** Assists skin cell health & vitality
- ◆ **Myrrh:** cleansing, antiseptic. Healing & protects the skin from drying

## m307 FORMULA S:

**resonates with:** the functions of relaxation, anti-Stress and Sleep

**100% pure essential oils:** benzoin, bergamot, clove bud, Himalayan cedar, Roman chamomile, frankincense, jasmine sambac, highland lavender, lemon, sweet orange, rose absolute, sandalwood, ylang ylang

**Key Ingredients:**

- ◆ **Benzoin:** soothing, comforting, warming
- ◆ **Roman Chamomile:** soothing, comforting, emotionally calming. Relaxing & aids digestion
- ◆ **Lavender:** Calming, nurturing, cooling & soothing
- ◆ **Sweet Orange:** Uplifting & nurturing. Stimulates creativity

## m308 FORMULA H:

Holistic Formula for Total Well-Being of Mind, Body & Spirit.

**100% pure essential oils:** bergamot, frankincense, rose absolute, vetivert, orange, sweet ho wood, lime

**Key Ingredients:**

- ◆ **Rose Absolute:** Balances capillary circulation. Uplifting aroma
- ◆ **Vetivert:** deeply relaxing, calms an overactive mind. Immuno-stimulant. Grounding & strengthening
- ◆ **Sweet Orange:** gentle circulatory & digestive stimulant. Energizes & refreshes.
- ◆ **Ho Wood:** Used for its balancing and refreshing properties

## SKIN BRUSHING

## 'Vital Chi' Skin-Brushing System

Dr Berkowsky's Vital Chi Skin-Brushing System is an innovative, cogent & powerful therapeutic method designed to tonify blood and lymph flow and the bioenergy or Chi meridians while simultaneously improving the skin's health and beauty.

This Skin-Brushing System can be used as a spa therapy within its own right. It is particularly recommended as a regimen carried out prior to BODY WRAPS, HYDROTHERAPY and FACIALS. The Skin-Brushing treatment is ideally administered by a spa professional. However it can also be easily learned by the client and used in conjunction with moor baths as a home therapy.

m331 Body Brush  
m332 Facial Brush

**Description:** 100% natural brushes hand crafted with wood handle and vegetable fibre bristles.

m333 Training Booklet

**Description:** 48 page booklet with full explanation of the benefits of Vital Chi Skin-Brushing together with instructions and photographs.

**Key Features:**

- ◆ Assists Exfoliation
- ◆ Promotes Optimal Skin Function & Beauty
- ◆ Strengthens The Bioenergy System
- ◆ Supports The Immune System
- ◆ Supports Skin Circulation & Lymph Drainage
- ◆ Helps Reduce Cellulite



## BIO SHORTS

## Bio Shorts Bioceramic Body Contouring System

Apply Moor Spa **Contour Cream**, slip on your **Bio-Shorts** featuring BioCeramic technology, and go about your day. The system works effectively whether you're walking, exercising or simply relaxing. When finished wearing your shorts reapply the **Contour Cream**.

**How Bio-Shorts Work**

The BioCeramic material technology incorporated into each pair of Bio-Shorts both radiates and reflects the body's own Far Infra Red (FIR) rays generating significant heat and increased blood flow. The Bio-Shorts also activate the botanical ingredients in the Contour Cream and help to improve their absorption into the skin.

**The overall result - a visible reduction in the appearance of cellulite and excess fat**

The Bio Shorts are available in size S (dress size 0-2), M (dress size 4-6), L (dress size 8-10), XL (dress size 12-14) and XXL (dress size 16 +)



BioCeram dots insic Bio-Shor

## SPA AMENITIES

## 100% Natural Spa Amenities + Matching Retail

Our elegant dispenser fixtures provide all of the positive attributes of a dispensing system, while not detracting from a spa's design, elegance or from a guest's luxury experience. The dispensers can be configured in your choice of 1-4 bottles (3-bottle dispenser pictured). All products are delivered in our 1 gallon bottles for easy filling of our 9 oz. dispensing bottles.

Choose a configuration to suit your needs along with your 100% natural source, CertClean certified products from the following selection:

**Volumizing Shampoo, Botanical Conditioner, Shower Gel, Body Lotion, Hand Soap and Shaving Foam. Hair Spray and Deodorant Spray** are also available as stand alone bottles.

All of the products are available in retail format with tube products made from biodegradable material featuring d2w technology.



## STARTER KITS

## Moor Spa Retail Starter Kits

These kits offer a great way for your customers to try several related Moor Spa products in a convenient package - at an economical price.



## skin brightening kit

This powerful regimen is designed to help naturally brighten and create a youthful glow to the skin while promoting overall hydration. Active BHA's and AHA's help to reduce fine lines and wrinkles, while improving the look of dull, uneven skin tone, and smoothing rough texture to the skin's surface.

Salicylic Cleanser 120ml 4.1 fl.oz. 10% Glycolic Lotion 30ml 1.0 fl.oz. Glycolic Toner 30ml 1.0 fl.oz.  
Radiance Serum 15ml 0.5 fl.oz. Renewal Cream 15ml 0.5 fl.oz.



## skin purifying kit

This complete 5-step skin system is designed to help effectively treat current blemishes while preventing new ones from forming by using potent, active, natural ingredients. When used daily, this regimen can create balance to the skin while promoting a healthy clear complexion.

Salicylic Cleanser 120ml 4.1 fl.oz. 10% Glycolic Lotion 30ml 1.0 fl.oz. Herbal Toner 30ml 1.0 fl.oz.  
Clarifying Cream 15ml 0.5 fl.oz. Blemish Gel 15ml 0.5 fl.oz.



## skin rejuvenating kit

A complete skin regimen to help target visible signs of aging and promote a smoother complexion by utilizing potent, active ingredients found in nature. When used daily, this routine leaves your skin feeling more hydrated, refreshed and youthful.

Cleansing Milk 120ml 4.1 fl.oz. Pumpkin Peel 30ml 1.0 fl.oz. Hydrating Toner 30ml 1.0 fl.oz.  
Platinum Supreme Serum 15ml 0.5 fl.oz. Platinum Supreme Cream 15ml 0.5 fl.oz.



## travel essentials kit

Whether you are catching your next flight or heading to the gym, this travel kit contains everything you need as a complete routine to take anywhere on the go.

Volumizing Shampoo 30ml 1.0 fl.oz. Botanical Conditioner 30ml 1.0 fl.oz. Botanical Conditioner 30ml 1.0 fl.oz.  
Shower Gel 30ml 1.0 fl.oz. Body Lotion 30ml 1.0 fl.oz. Deodorant Lavender 80ml 2.7 fl.oz. Lip Balm 5ml 0.15 fl.oz.



## men's essentials kit

This kit contains everything you need for your basic skincare needs including cleansing, moisturizing, shaving, and aftercare.

Exfoliating Cleanser 120ml 4.1 fl.oz. Oil Free Moisturizer 15ml 0.5 fl.oz. Lip & Eye Moisture Balm 5ml 0.15 fl.oz.  
Shaving Cream 30ml 1.0 fl.oz. After Shave Balm 30ml 1.0 fl.oz.

Moor Spa products are registered with the Campaign For Safe Cosmetics and the Skin Deep product safety website ([www.ewg.org/skindeep](http://www.ewg.org/skindeep)).

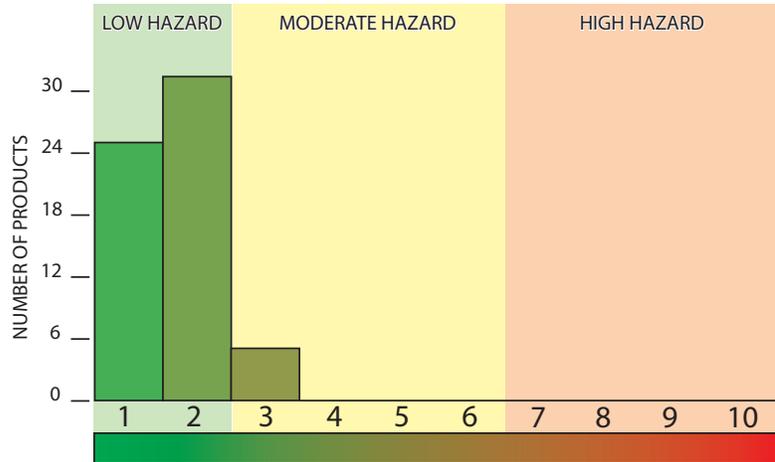
The Skin Deep website evaluates the safety of cosmetic ingredients and products as a whole for brands that are concerned about product safety.

This graph summarizes the safety rating for Moor Spa products and reveals that it is one of the safest lines in the spa industry. Over 80% of the products are rated as low hazard while the remainder fall into the lower end of moderate hazard.

The safety rating for each ingredient in our products is indicated in the Glossary of Ingredients on the following pages. (Ingredient Sources are in red)

MOOR SPA®  
100% NATURAL SOURCE

SKIN DEEP www.ewg.org/skindeep  
Product Safety Ratings  
[www.ewg.org/skindeep](http://www.ewg.org/skindeep)



## CertClean® Certification

Moor Spa is one of the first companies in North America to receive the CertClean product safety certification.

The CertClean certification prioritizes human health over the use of organic and or natural ingredients. Its rigorous Standards focus on ingredients that may pose a risk to human health like cancer causing ingredients or endocrine disruptors, and were developed in consideration of the latest science and regulations from all over the world.

For spa owners, CertClean certifies “clean” beauty products providing distinction in a chaotic marketplace.

For customers, Certclean provides the easiest way to discover beauty and personal care products free from potentially harmful ingredients.



- Acer Saccharinum Extract: Maple Sugar** Reduces fine lines and wrinkles as well as promoting the growth of new skin cells. <sup>1</sup>
- Actinidia Chinensis Oil: Kiwi Fruit** Contains over 60% alpha linolenic acid which helps skin retain moisture. <sup>1</sup>
- Aesculus Hippocastanum Extract: Horse Chestnut** Has anti-inflammatory properties for skin. <sup>1</sup>
- Albumen: Egg** Derived from egg protein. Acts as a film former and skin conditioning agent. <sup>1</sup>
- Allantoin: Comfrey** A compound that occurs naturally in wheat sprouts, comfrey or sugar beets. It is an effective healing agent that helps to promote cellular renewal, and has a soothing and softening effect. <sup>1</sup>
- Aloe Barbadosensis Gel: Aloe Vera** One of the oldest medicinal plants known. It has remarkable healing properties because it draws and holds oxygen to the skin. For this reason it is one of the most effective cellular renewal ingredients available in cosmetics. It has a composition similar to human blood plasma, and because its pH is the same as the human skin it is extremely soothing and protective. It is also a natural astringent. <sup>1</sup>
- Alpha Lipoic Acid (ALA): Yeast** Potent anti-oxidant which helps prevent & repair skin damage. Diminishes fine lines and may cause skin to appear more radiant. <sup>1</sup>
- Althea Officinalis Extract: Marshmallow** Has been used for hundreds of years as a wound healer. Has a general calming effect on the skin. <sup>1</sup>
- Aniba Rosaedora Oil : Rosewood** Antioxidant properties that neutralize free radicals and the hormones have a regulatory effect on cells, aiding in their regeneration. <sup>1</sup>
- Aphanizomenon Flos-Aquae: Blue Green Algae** A nutrient rich substance, containing glycoproteins, vitamins, minerals, lipids and enzymes. Due to the algae's nutritious soft cell wall, these nutrients are readily available to the body. <sup>1</sup>
- Arginine: Soy Protein** An amino acid that supports normal skin function. <sup>1</sup>
- Aqua: Moor Water** All Moor Spa products use the nutrient-rich Moor water as the main ingredient. Moor water is classified as Aqua, Heilmoor Clay (see below). <sup>1</sup>
- Arnica Montana Flower Extract: Arnica** Has a wide variety of properties including anti-inflammatory, circulation stimulating, healing, antimicrobial, and anti-irritant. Promotes the removal of wastes from the skin and has a high vitamin E content that can help the skin regain elasticity, clarity and suppleness. <sup>1</sup>
- Ascophyllum Nodosum Extract: Kelp** Rich in the same vital nutrients present in human blood plasma allowing to penetrate the skin thoroughly. Speeds elimination of toxins and is a natural cellular renewal agent. Helps to nourish and remineralize the skin. <sup>1</sup>
- Ascorbic Acid Polypeptide: Vitamin C** The most stable and water-soluble form of Vitamin C and therefore most effective for absorption through the epidermis. <sup>1</sup>
- Ascorbyl Palmitate / Ascorbic Acid: Vitamin C** Highly effective water-soluble anti-oxidant. Helps to trigger the skin's collagen production. Also helps to prevent breakdown of cells due to environmental exposure. Anti-inflammatory properties soothe damaged skin. <sup>1</sup>
- Avena Sativa Kernal Flour: Oat** Colloidal Oatmeal is a highly soothing skin care agent. <sup>1</sup>
- Azulene: Chamomile** An essential oil distilled from German chamomile. Has anti-inflammatory, healing, antiseptic and antimicrobial properties. Only tiny amounts of this oil need to be used for effectiveness. Excellent for the treatment of dry, reddened or sensitive skin. <sup>1</sup>
- Bentonite: Clay** Opens and cleans facial pores in an effort to eliminate pimples. <sup>2</sup>
- Biotin: Carrot** A vitamin that is vital for healthy circulation. <sup>1</sup>
- Boswellia Serrata (Olibanum) Extract: Boswellia Tree** Otherwise known as Frankincense - skin conditioner and soothing agent. <sup>1</sup>
- Bromelain: Pineapple** Enzyme from pineapple - exfoliates and breaks down dead corneum cells. <sup>1</sup>
- Butyrospermum Parkii Butter: Shea Nut** Obtained from the nuts of the karite nut tree. Revitalizes, softens & maintains skin moisture. <sup>1</sup>
- Calendula Officinalis Extract: Calendula** Extract of marigold. An emollient with anti-inflammatory, antioxidant, soothing, antiseptic properties. <sup>1</sup>
- Calcium Carbonate: Chalk** Natural occurring salt that is found in chalk, Exfoliates and supports skin function. <sup>1</sup>
- Calcium Silicate: Limestone** Mineral that absorbs excess sebum from oily skin. <sup>1</sup>
- Calcium Sulphate: Gypsum** Calcium Sulphate is a constituent of connective tissue, mucous membranes and skin. It is a powerful blood purifier. <sup>1</sup>
- Camelia Sinensis Leaf Extract: Green Tea** Rich in potent anti-oxidants called catechins; anti-inflammatory. <sup>1</sup>
- Cananga Odorata Oil: Ylang Ylang** A natural antiseptic. Used in aromatherapy as a sedative, antidepressant and aphrodisiac. Excellent for soothing and balancing inflamed or irritated skin. <sup>3</sup>
- Cannabis Sativa Seed Oil: Hemp** Source of Essential Fatty Acids, GLAs, anti-oxidants and carotene - superb moisturizing agent. <sup>2</sup>
- Caprylic/Capric Triglyceride: Coconut Oil** Barrier agent, emollient, and solvent derived from Coconut Oil - promotes penetration and leaves no visible traces of grease on skin. <sup>1</sup>
- Capsicum Annuum Extract: Red Pepper** Used to stimulate circulation. <sup>1</sup>
- Centella Asiatica Extract: Gotu Kola** Used for centuries in Asia to heal wounds and treat skin conditions - excellent as a scalp revitalizer as it stimulates blood flow. <sup>1</sup>
- Cera Alba: Beeswax** Natural wax used as an emulsifier. <sup>1</sup>
- Cetearyl Alcohol: Coconut Oil** A thickener and carrying agent for other ingredients. Derived from coconut oil. <sup>1</sup>
- Cetearyl Glucoside: Coconut Oil / Sugar** Emulsifier derived from glucose (sugar) and coconut oil. <sup>1</sup>
- Cetearyl Oliviate: Olive Oil** PEG-free, self-emulsifying system derived from olive oil. <sup>1</sup>
- Cetyl Alcohol: Palm Oil** An emollient and emulsifier derived from Palm Oil - has a low toxicity for the skin. <sup>1</sup>
- Cetyl Palmitate: Palm Oil** Emollient derived from Palm Oil. <sup>1</sup>
- Cetyl Phosphate: Palm Oil** Emollient derived from Palm Oil. <sup>1</sup>
- Cinnamomum Zeylanicum Leaf Oil: Cinnamon** Excellent for promoting circulation; stimulating. <sup>3</sup>
- Citric Acid: Lemon** Is an antioxidant that reduces the process of aging. <sup>2</sup>
- Citrus Aurantium Dulcis Peel Oil: Orange** An antioxidant, which helps protect your body from free radicals that can cause cell damage. <sup>2</sup>
- Citrus Aurantium Dulcis Oil: Orange** Skin-conditioning agent and fragrance ingredient. <sup>1</sup>
- Citrus Aurantium Bergamia Fruit Oil: Bergamot** A potent antiseptic properties help reduce the bacteria on your skin that cause acne breakouts. <sup>2</sup>
- Citrus Grandis Oil: Grapefruit** An active oil with anti-irritant and antiseptic properties. Believed to help balance the lymphatic system. <sup>3</sup>
- Citrus Grandis Seed Extract: Grapefruit** A citrus seed based anti-microbial that is used as a preservative in skin care products. <sup>3</sup>
- Citrus Medica Limonum Oil: Lemon** A natural astringent, antiseptic, and bactericide for the skin. <sup>3</sup>
- Citrus Nobilis Oil: Mandarin** Soothing agent, astringent and skin conditioner. <sup>1</sup>
- Citrus Aurantium Oil: Petitgrain** Widely used for therapeutic and toning effect. Soothing and stress-relieving essential oil. <sup>3</sup>
- Citrus Reticulata Leaf Oil: Tangerine** An amazing antioxidant nutrient that helps to lower aging process. <sup>3</sup>
- Coco-Glucoside: Coconut / Sugar** A surfactant derived from coconut oil and glucose. Produces a fine foam and is very mild & gentle on the skin. <sup>1</sup>
- Cocos Nuncifera Oil: Coconut** Expressed from coconut kernels. Lathers readily and is a fine skin cleanser. <sup>1</sup>
- Cucumis Sativas Extract: Cucumber** Soothing extract - reputedly used by Cleopatra to preserve her skin. <sup>1</sup>
- Cucurbita Pepo Peel: Pumpkin** A nutrient-rich pulp with enzymes, containing high levels of Vitamin C. <sup>1</sup>
- Cyamopsis Tetragonoloba Gum: Guar** An emulsifier, thickener, and stabilizer extracted from the seed of an annual leguminous plant. <sup>1</sup>
- Cymbopogon Martini Oil: Palmarosa** Works by balancing the skin's sebum production. <sup>1</sup>
- Cymbopogon Citratus Oil: Lemongrass** Purifying, refreshing and hydrating essential oil. <sup>1</sup>
- Daucus Carota Sativa Root Extract: Carrot** Rich in Beta-Carotene as well as vitamins B, C, D and E - extremely effective for dry or ageing skin. <sup>1</sup>

Decyl Glucoside: **Sugar** Possesses moisture binding properties that help make the skin feel smooth and soft. <sup>1</sup>

Dimethyl Sulfone (MSM): **Algae Methyl Sulfonyl Methane** - a natural source of organic sulphur with anti-inflammatory and analgesic properties. <sup>1</sup>

Dioscorea Villosa Extract: **Wild Yam** Aids in the production of progesterone. Has been used to treat a variety of female problems and can also lower blood cholesterol and blood pressure. <sup>1</sup>

DMAE: **Fish Hormone** substance found in fish - proven to reduce fine lines & wrinkles. <sup>1</sup>

Eleutherococcus Senticosus Extract: **Siberian Ginseng** Forms a film on the skin that will tighten and smooth the treated skin immediately. <sup>1</sup>

Emblca Officinalis Fruit Extract: **Amla** Skin whitening agent - also has anti-inflammatory, antioxidant, and anti-mutagenic properties. <sup>1</sup>

Epilobium Angustifolium Extract: **Willow** Antiseptic, anti-inflammatory and skin clearing. <sup>1</sup>

Equisitum Arvense Leaf Extract: **Horsetail** Refreshes, stimulates, tones, firms, anti-oxidant. <sup>1</sup>

Eucalyptus Globulus Oil: **Eucalyptus** Antiseptic, disinfectant, and stimulates circulation; a powerful and versatile herbal remedy. <sup>1</sup>

Eugenia Caryophyllus Extract: **Clove** Possesses broad anti-microbial properties against fungi and bacteria. <sup>5</sup>

Euphorbia Cerifera Wax: **Candelilla** Hard, brittle wax - helps give body to formulations. It also protects the skin from moisture loss. <sup>1</sup>

Ferula Assa Foetida Extract: **Asafetida** Resin obtained from the asafetida plant - has skin lightening and clarifying properties. <sup>1</sup>

Fucus Vesiculosus Extract: **Seaweed** Effective antioxidant and has water-binding properties for skin. <sup>1</sup>

Ganoderma Lucidum Extract: **Mannentake Mushroom** Hydrates, firms, improves radiance, increase immune protection and keeps skin supple. <sup>1</sup>

Gluconolactone: **Gluconic acid** Skin-conditioning properties. <sup>1</sup>

Glycerin: **Coconut Oil** A humectant that draws water from the air and helps the skin retain moisture. Derived from vegetable oil. <sup>1</sup>

Glyceryl Caprylate: **Coconut Oil** Derived from coconut oil. It has stabilizing properties and can be used for regulating viscosity and moisture. <sup>1</sup>

Glyceryl Monostearate: **Palm Oil** Excellent emulsifier, softener, and pearling agent. <sup>1</sup>

Glyceryl Stearate: **Palm Oil** An emulsifying and dispersing agent derived from Palm Oil. <sup>1</sup>

Glycine Soja : **Soy Bean** Promotes healthy skin by assisting new cell production. <sup>1</sup>

Glycolic Acid: **Sugar Cane** Contained in sugarcane juice and fruit, this acid is used for peeling - removal of the dead outer layers of the skin. <sup>3</sup>

Glycyrrhiza Glabra Extract: **Licorice** Skin brightening and clearing agent. <sup>1</sup>

Hamamelis Virginiana Water: **Witch Hazel** Used as an astringent. Soothing to irritated skin. Has wound-healing properties. <sup>1</sup>

Harpagophytum Procumbens Extract: **Devil's Claw** The anti-inflammatory and analgesic powers of Devil's Claw have been widely reported. Also has a normalizing effect on the immune system. <sup>1</sup>

Helianthus Annuus Seed Oil: **Sunflower** A commonly used carrier oil. It has soothing properties and is noncomedogenic. Has a high essential fatty acid content. <sup>1</sup>

Heilmoor Clay: **Moor** This is the INCI standard name for the Moor peat. <sup>1</sup>

Helichrysum Italicum Oil: **Helichrysum** Rich in flavinoids, this extract is soothing and anti-inflammatory. <sup>1</sup>

Humulus Lupulus Extract: **Hops** Astringent known to be beneficial for restoring balance to hair. <sup>1</sup>

Hydrastis Candensis Extract: **Goldenseal** Purifier, anti-inflammatory, and antiseptic. <sup>1</sup>

Hydrogenated Castro Oil: **Castro** Used as a skin conditioner - very low in saturated oils. <sup>1</sup>

Hydrogenated Jojoba Oil: **Jojoba** Commonly known as Jojoba beads - solidified jojoba oil used as an exfoliant. <sup>1</sup>

Hydroxyethylcellulose: **Xanthan Gum** A thickening, stabilizing agent derived from xanthan gum. <sup>1</sup>

Hydroxypropyl Starch Phosphate: **Starch** Thickener and stabilizer derived from potato starch. <sup>1</sup>

Hypericum Perforatum Extract: **St John's Wort** Contains glycosides, volatile oils, tannin, resins and pectin. Believed to have potent healing effect. <sup>1</sup>

Ilex Aquifolium Extract: **Holly** Combined with Jojoba Oil to form 'Holly' Oil, an alternative to mineral oil for creating 'slip' in a product. <sup>1</sup>

Iris Pallida Root Extract: **Orris** Used primarily for its violet-like scent. <sup>1</sup>

Ipomoea Batatas Extract: **Sweet Potato** Naturally high in retinol. <sup>1</sup>

Jasminum Grandiflorum Oil: **Jasmine** Useful for regulating menstruation, and is a very soothing, calming and revitalising oil. <sup>1</sup>

Jojoba Esters: **Jojoba** Mimics the natural oils our bodies produce. <sup>2</sup>

Juglans Regia Powder: **Walnut Shell** Used as an exfoliant for the body. <sup>1</sup>

Juniperus Virginiana (Wood) Oil: **Cedar** Antiseptic, skin conditioner, deodorant and soothing agent. <sup>1</sup>

Juniperus Communis Fruit Oil: **Juniper** Has anti-inflammatory properties for skin. <sup>1</sup>

Kaolin: **Clay** Natural claylike mineral (silicate of aluminum) that is used for its absorbent properties. <sup>1</sup>

Lactic Acid: **Sugar** A form of Alpha Hydroxy Acid. <sup>1</sup>

Lanolin Alcohol: **Wool** A natural water absorbing and holding substance derived from wool. <sup>1</sup>

Lavandula Angustifolia Oil: **Lavender** The most versatile of essential oils - excellent for promoting healing and balancing the skin. It is an antiseptic, analgesic, anti-biotic, antidepressant, bactericide, decongestant, and sedative. Helps to reduce scarring and stimulate growth of new cells. <sup>1</sup>

Lecithin: **Soy** Natural antioxidant, emollient and emulsifier derived from eggs. <sup>1</sup>

Lentinus Edodes Extract: **Shiitake Mushroom** Prevents collagen breakdown. <sup>1</sup>

Magnesium Aluminium Silicate: **Magnesium** Magnesium exerts rapid and sustained relief of acute migraine pain. <sup>1</sup>

Macrosystis Pyriferia: **Kelp** Considered an anti-septic and anti-irritant that can not only heal sun-damaged skin, but can prevent wrinkles. <sup>1</sup>

Macadamia Ternifolia Seed Oil: **Macadamia** Vital for delaying skin and cell aging, as our skin ages it rapidly becomes depleted in Palmitoleic Acid. <sup>1</sup>

Melaleuca Alternifolia Oil: **Tea Tree** Has antiseptic and antimicrobial properties and promotes healing. Particularly beneficial for treating problem skin. <sup>1</sup>

Mentha Piperita Oil: **Peppermint** Contains menthol which has a cooling effect on the skin. <sup>1</sup>

Mentha Viridis Oil: **Spearmint** Contains menthol which has a cooling effect on the skin. <sup>1</sup>

Menthol: **Peppermint** Peppermint derivative that creates a feeling of coolness to the skin and helps remove excessive oils from the hair and scalp. <sup>1</sup>

Mentha Piperita Oil: **Peppermint** Contains Omega-3 fatty acids, iron, magnesium, calcium, Vitamins A and C, minerals, potassium, manganese and copper. <sup>1</sup>

Myristica Fragrans Seed Oil: **Nutmeg** Anti-inflammatory agent. <sup>1</sup>

Natamycin **Yeast** Naturally anti-fungal agent. <sup>1</sup>

Niacin: **Vitamin B** An essential nutrient - part of the vitamin B complex. <sup>1</sup>

Ocimum Basillicum Oil: **Basil** Has calming and toning properties. <sup>1</sup>

Olea Europaea Fruit Oil: **Olive** Assisting in repairing cells and in preventing cell damage. <sup>1</sup>

Ormenis Multicaulis Extract: **Chamomile** Contains a high percentage of azulene (see above). In aromatherapy used to balance female energy and reproductive organs. <sup>2</sup>

Oryza Sativa Oil: **Rice Bran** A rich source of Vitamin E. <sup>2</sup>

Palmitoyl Tripeptide-3: **Palm Oil / Soy** An amino peptide that helps to reduce the appearance of wrinkles. <sup>1</sup>

Panthenol: **Vitamin B5** Part of the water-soluble vitamin B complex. Acts as a penetrating moisturizer. Stimulates cellular proliferation and aid in tissue repair. <sup>1</sup>

Papain: **Papaya** Exfoliating enzyme from papaya fruit. <sup>3</sup>

- Pelargonium Graveolens Oil: **Geranium** A natural antiseptic and astringent that promotes healing. Balances sebum production. <sup>1</sup>
- Persea Gratissima Oil: **Avocado** Rich in vitamins and minerals. An excellent skin conditioner and moisturizer that readily penetrates the skin <sup>1</sup>
- Perilla Ocymoides Leaf Extract: **Beefsteak Plant** Naturally occurring preservative. <sup>1</sup>
- Piper Nigrum Extract: **Black Pepper** Stimulates circulation, promotes good muscle tone, and has detoxifying and diuretic benefits. <sup>1</sup>
- Potassium Pyrophosphate: **Potassium** Emulsifying and gelling agent. <sup>1</sup>
- Pyridoxine Hydrochloride **Vitamin B6** Promotes healthy skin by assisting new cell production. <sup>1</sup>
- Ricinus Communis Oil: **Castor Seed** Has a rich, silky feel. Great for dry skin conditions as it helps ease the roughness of the skin <sup>2</sup>
- Rosa Centifolia Oil: **Rosehip** It is a tonic, antiseptic and helps soothe irritated skin. <sup>1</sup>
- Rosa Moschata Seed Oil: **Rosehip** A healing oil with antiseptic properties; also helps regulate oil gland secretion. Rich in vitamin C. <sup>1</sup>
- Rosemarinus Officinalis Extract: **Rosemary** Invigorating to the circulation, enhancing cellular regeneration. Contains anti-oxidant properties; promotes healing. <sup>1</sup>
- Rumex Crispus Root Extract: **Yellowdock** Used extensively to treat chronic skin problems and to promote overall skin health. <sup>1</sup>
- Ruscus Aculeatus Extract: **Butcher's Broom** Has mild anti-inflammatory properties <sup>1</sup>
- Saccharomyces Lysates Extract: **Yeast** A type of yeast extract which contains both hyaluronic acid and collagen. <sup>1</sup>
- Saccharomyces/Copper Ferment: **Yeast** Yeast fermented in the presence of copper ions which are effective for wound healing. <sup>1</sup>
- Salicylic Acid: **Willow Bark** Referred to as beta hydroxy acid (BHA), it is a multifunctional ingredient that addresses many of the systemic causes of blemishes. <sup>1</sup>
- Salvia Officinalis Extract: **Sage** Healing and Soothing agent. <sup>1</sup>
- Santalum Album Oil: **Sandlewood** Contains powerful antioxidants and is also an anti-inflammatory agent that helps to improve blood circulation <sup>2</sup>
- Silica: **Sand** Gel derived from sand that absorbs moisture <sup>2</sup>
- Silk Amino Acids: **Silk** A natural water-soluble source of acid derived from liquid silk; these acids help moisture penetrate the skin and hair (aid in absorption). <sup>1</sup>
- Simmondsia Chinensis Oil: **Jojoba** A thick, waxy oil that is strikingly similar to human sebum and is able to effectively penetrate the skin. It is a natural cellular renewal agent as well as an excellent moisturizer. <sup>1</sup>
- Sodium Ascorbyl Phosphate: **Vitamin C** Highly stable form of Vitamin C. <sup>1</sup>
- Sodium Alginate: **Algae** Thickening / gelling agent derived from algae. <sup>1</sup>
- Sodium Ascorbyl Palmitate: **Vitamin C** A well-known role in boosting the immune system, synthesizes collagen. <sup>1</sup>
- Sodium Cocoate: **Coconut Oil** Surfactant used to make soap base <sup>1</sup>
- Sodium Cocoyl Isethionate: **Coconut Oil** Derived from coconut - a mild detergent cleansing agent. <sup>1</sup>
- Sodium Guiazulene Sulfonate: **Geranium** Surfactant derived from geranium oil. <sup>1</sup>
- Sodium Hyaluronate: **Mineral** Helps to lubricate the joint and reduce pain and inflammation <sup>1</sup>
- Sodium Magnesium Silicate: **Clay** A simple mineral compound comparable to bentonite. It improves consistency and helps products dry more quickly. <sup>1</sup>
- Sodium Stearoyl Lactylate: **Palm Oil / Sugar** An emulsifier formed from stearic acid (plant-derived) and lactic acid. <sup>1</sup>
- Sorbitan Caprylate: **Olives** Can boost the efficacy of natural preservative systems. <sup>1</sup>
- Sorbitan Oliviate: **Olive Oil** PEG-free, self-emulsifying system derived from olive oil <sup>1</sup>
- Soybean Glycerides: **Soybean** A natural antioxidant and that filters out UVA and UVB. <sup>1</sup>
- Soya Isoflavone: **Soy** Potent antioxidant and anti-inflammatory agent for skin. Genistein (a component of soy) has a collagen-stimulating effect and various compounds in soy influence skin thickness and elasticity <sup>1</sup>
- Stearic Acid: **Palm Oil** One of the most common fatty acids, occurring in vegetable fats. Used as both an emulsifier and emollient. <sup>1</sup>
- Stearyl Alcohol: **Palm Oil** A mixture of solid alcohols derived from palm oil - used to create firmness in products. <sup>1</sup>
- Theobroma Cacao Butter: **Cocoa** A solid fat from cocoa seeds which softens and lubricates the skin. <sup>1</sup>
- Tilia Cordata Oil: **Linden Blossom** An extract with soothing, sedative and hydrating properties. Excellent for irritated skin. <sup>1</sup>
- Thioctic (Alpha-Lipoic) Acid: **Yeast** Potent anti-oxidant which helps prevent & repair skin damage. Diminishes fine lines and may cause skin to appear more radiant. <sup>1</sup>
- Thymus Vulgaris Extract: **Thyme** Antiseptic and toner <sup>1</sup>
- Triticum Vulgare Germ Oil: **Wheat** An emollient oil with anti-oxidant properties. Natural source of vitamins A, E and D. <sup>1</sup>
- Ubiquinone: **Plant Source** Boosts skin repair and regeneration and reduces free radical damage. <sup>1</sup>
- Ulmus Fulva Bark Extract: **Slippery Elm** Anti-irritant and anti-inflammatory <sup>1</sup>
- Vaccinium Myrtillus Extract: **Bilberry** Known for its prevention of conditions associated with inflammation <sup>1</sup>
- Vitis Vinifera Extract: **Grape** Contains proanthocyanidins, which are considered to be very potent antioxidants, helpful for diminishing the sun's damaging effects and lessening free-radical damage <sup>1</sup>
- Xanthan Gum: **Xanthan Gum** Natural Thickener <sup>1</sup>
- Zea Mays Starch: **Corn** Thickener that may also draw impurities from skin <sup>1</sup>
- Zinc Oxide: **Mineral** Highly effective UVA and B reflecting agent <sup>2</sup>
- Zingiber Officinale Oil: **Ginger** Warming, inhibits prostaglandins and therefore reduces inflammation. Promotes circulation. <sup>1</sup>

## Normal Skin Facial

Deep Cleanses & Exfoliates For Glowing Skin / Balances pH / Provides Superior Hydration

Retail Product recommendations	Products Used	Facial Mask
Cleansing Gel	Make-up Remover	Eye Zone Cream
Cleansing Milk	Cleansing Gel	Hand Cream
Facial Polish	Herbal Toner	Hydrating Cream
Facial Mask	Facial Polish	Aromabalance Formula D
Herbal Toner	Nourishing Facial Oil	Tension Balm
Hydrating Cream	Radiance Serum	Optional Blemish Gel

- First prepare the hot towels as you would normally by filling up basin with water and placing towels in it. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Apply water to the **Cleansing Gel** to achieve a light foaming cleanser, and cleanse the skin thoroughly from the décolleté to the forehead.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Herbal Toner** on two cotton pads and wiping the entire face in flowing movements
- Exfoliate the skin by using the **Facial Polish** mixed with a few drops of water and exfoliate in a light rotation motion. Make sure to always focus on decongested and dry areas.
- Remove the **Facial Polish** with infused hot towels.
- Tone the skin by using the **Herbal Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** if extractions are performed.
- Start the facial and décolleté massage using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements.
- Prepare your steamer by placing it by the top of your client's head and face nozzle down toward the client's décolleté.
- Mix one teaspoon of the **Facial Mask** with one to two drops of water to get a smooth paste. Apply directly to face and neck starting at the base of the neck and with smooth motions work your way up to the client's forehead. Leave on for about five minutes for the first application and up to ten minutes for successive applications.
- Once the **Facial Mask** has been applied you may start the steamer.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is on and give a neck massage using the **Tension Balm**.
- Remove the **Facial Mask** using the infused hot towel, making sure to remove all product from the skin.
- Tone the skin once more with the **Herbal Toner** cotton pads.
- Tap the **Radiance Serum** onto the skin, applying evenly over the treatment area until completely absorbed.
- Finish with the the **Eye Zone Cream**, patting gently under the eye area with ring finger from outer corner to inner corner of the eye, then moisturizing with the **Hydrating Cream**.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Gel	0.2 oz	\$0.48	Hydrating Cream	0.1 oz	\$0.49
	Facial Polish	0.1 oz	\$0.28	Facial Mask	0.2 oz	\$0.84
	Herbal Toner	0.1 oz	\$0.28	Eye Zone Cream	0.05 oz	\$0.23
	Nourishing Facial Oil	0.05 oz	\$0.44	Aromabalance Formula D	3 drops	\$0.36
	Radiance Serum	0.05 oz	\$0.45	<b>TOTAL</b>		<b>\$5.04</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish) Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE</b>		<b>\$75 - \$125</b>

## Dry Skin Facial

Hydrates Skin / Nourishes Skin / Helps Reduce Signs of Dry Skin

Retail Product recommendations	Products Used	
Cleansing Milk	Cleansing Milk	Radiance Serum
Pumpkin Peel	Make-Up Remover	Nourishing Facial Oil
Facial Polish	Hydrating Toner	Hand Cream
Replenishing Cream	Pumpkin Peel	Aromabalance Formula D
Hydrating Toner	Replenishing Cream	Tension Balm
	Eye Zone Balm	Optional Blemish Gel
	Cream Mask	

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the **Cleansing Milk**. Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Hydrating Toner** on two cotton pads and wiping the entire face in flowing movements.
- Place two warm dampened cotton pads over the eye contours. Apply the **Pumpkin Peel** in long smooth movements from the base of the chin to the cheeks, nose, around the eyes and forehead. Leave the **Pumpkin Peel** on for 10-15 minutes.
- While the **Pumpkin Peel** is on, apply the **Tension Balm** to your hands and start a neck and shoulder massage. This will help the client take his or her mind off any tingling sensations and also help relax tense muscles.
- Remove the **Pumpkin Peel** with the infused hot towel.
- Tone the skin by using the **Hydrating Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** if extractions are performed.
- Start the facial and décolleté massage using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements.
- Tap the **Radiance Serum** into the skin until it's fully absorbed.
- Apply the **Cream Mask** by using a facial brush starting at the base of the neck up towards the forehead in long stroking movements. Let the mask sit on the skin for 10 minutes.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is on.
- Remove the **Cream Mask** with infused hot towel.
- Tone the skin once more with the **Hydrating Toner** cotton pads.
- Apply the **Eye Zone Balm** to the eye contours and moisturize by applying the **Replenishing Cream** to the client's face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Balm	0.05 oz	\$0.31
	Pumpkin Peel	0.2oz	\$1.20	Replenishing Cream	0.1 oz	\$0.50
	Hydrating Toner	0.1 oz	\$0.30	Cream Mask	0.2 oz	\$0.91
	Radiance Serum	0.05 oz	\$0.45	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.05 oz	\$0.44	<b>TOTAL</b>		<b>\$6.14</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$75 - \$130</b>

## Oily Skin Facial

Minimizes Appearance of Pores / Balances the Skin / Cleanses Deeply, Removing Excess Oils

Retail Product recommendations	Products Used	
Blemish Gel	Eye Make-up Remover	Hand Cream
Cover Cream	Salicylic Cleanser	Eye Zone Gel
Mattifying Cream	15% Glycolic Lotion	Mattifying Cream
10% Glycolic Lotion	Glycolic Toner	Aromabalance Formula D
Cleansing Gel	Complete Oil	Tension Balm
Salicylic Cleanser	Algamoor Mask	Optional Blemish Gel
	Rescue Serum	

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Eye Make-up Remover](#) and swiping gently over each eye.
- Mix the [Salicylic Cleanser](#) with warm water to create a mild lather, then cleanse the skin thoroughly from the chin up to the top of the forehead.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by applying the [Glycolic Toner](#) on two cotton pads and wiping the entire face in flowing movements.
- Apply warm damp cotton pads to eyes and using the facial brush start applying the [15% Glycolic Lotion](#) from the base of the throat to the forehead avoiding the eyes and lips. Leave this on for 5-10 minutes while continuing to brush the skin with the facial brush, making sure not to over-stimulate any areas.
- Remove the lotion using the infused hot towels.
- Tone the skin using the [Glycolic Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Start the facial massage using the [Complete Oil](#). (Note - we don't recommend using [Nourishing Facial Oil](#) for this treatment)
- Once absorbed massage the [Rescue Serum](#) gently over face and throat until completely absorbed into the skin.
- Using the facial brush apply the [Algamoor Mask](#) to the entire face and neck starting at the base of the neck and in long flowing movements move up along the neck to the cheeks, nose, around the eyes and forehead. Leave mask on for about 10-15 minutes.
- While the [Algamoor Mask](#) is on use the [Hand Cream](#) for a hand and wrist massage and give a neck massage using the [Tension Balm](#).
- Gently remove the [Algamoor Mask](#) with infused hot towels.
- Tone the skin once more using the [Glycolic Toner](#) pads.
- Finish off your service by applying the [Eye Zone Gel](#) to the contours of the eyes and moisturizing with the [Mattifying Cream](#) - applying it evenly to the face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Salicylic Cleanser	0.2 oz	\$0.56	Mattifying Cream	0.1 oz	\$0.48
	15% Glycolic Lotion	0.1 oz	\$0.32	Algamoor Mask	0.3 oz	\$1.10
	Glycolic Toner	0.1 oz	\$0.34	Eye Zone Gel	0.05 oz	\$0.22
	Complete Oil	0.2 oz	\$0.22	Aromabalance Formula D	3 drops	\$0.36
	Rescue Serum	0.05 oz	\$0.47	<b>TOTAL</b>		<b>\$5.26</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$75 - \$125</b>

## Anti-Aging Facial

Reduces Appearance of Fine Lines / Helps Retain Elasticity / Hydrates and Plumps Skin

Retail Product recommendations	Products Used	Platinum Supreme Serum
Platinum Supreme Serum	Make-up Remover	Hand Cream
Platinum Supreme Cream	Cleansing Milk	Eye Zone Balm
Cleansing Milk	Hydrating Toner	Platinum Supreme Cream
Pumpkin Peel	Pumpkin Peel	Aromabalance Formula D
Vitamin C Mask	Nourishing Facial Oil	Tension Balm
Hydrating Toner	Vitamin C Mask	Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have your client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the [Cleansing Milk](#). Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly.
- Remove the cleanser with the infused hot towels.
- Tone the skin evenly by applying the [Hydrating Toner](#) on two cotton pads and wiping the entire face in flowing movements.
- Place the two warm dampened cotton pads over the eye contours. Apply the [Pumpkin Peel](#) in long smooth movements from the base of the chin to the cheeks, nose, around the eyes and forehead. Leave the [Pumpkin Peel](#) on for 10-15 minutes.
- After the [Pumpkin Peel](#) is applied perform neck and limb stretches on the client. Please make sure that the client has no medical contraindications. For the neck remove head pillow and place a dry facial towel under the client's neck. This will help you with support and also be more comfortable for the client. For the limbs, simply uncover each arm and leg in turn and gently perform the stretches.
- Remove the [Pumpkin Peel](#) with the infused hot towels.
- Tone the skin by using the [Hydrating Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [BlemishGel](#) if extractions are performed.
- Start the facial and décolleté massage using [Nourishing Facial Oil](#). Massage for 10 minutes using upward movements.
- Mix approx 1/2-3/4 vial of [Moor Water](#) with one sachet of the [Vitamin C Mask](#) powder until smooth and apply over face and neck. Leave on for 15-20 minutes.
- Using the [Hand Cream](#), give the client a hand and wrist massage while mask is applied and give a neck massage using the [Tension Balm](#).
- Remove the [Vitamin C Mask](#) gently with the infused hot towels.
- Tone the skin once more with the [Hydrating Toner](#) pads .
- Massage the [Platinum Supreme Serum](#) in to the skin until absorbed.
- To finish, use the [Eye Zone Balm](#) and blend from the inner contour to the outer corner, and apply the [Platinum Supreme Cream](#) as the final moisturizer.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Balm	0.05 oz	\$0.31
	Pumpkin Peel	0.2 oz	\$1.20	Platinum Supreme Cream	0.1 oz	\$1.24
	Hydrating Toner	0.1 oz	\$0.25	Vitamin C Mask	0.3 oz	\$1.15
	Platinum Supreme Serum	0.05 oz	\$0.50	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.05 oz	\$0.44	<b>TOTAL</b>		<b>\$7.12</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$80 - \$130</b>

## Firming Facial

Boosts Skin Cell Growth / Addresses Skin Sagging and Laxity / Smoothes and Firms Skin

Retail Product recommendations	Products Used	Nourishing Facial Oil
Cleansing Milk	Make-up Remover	Platinum Growth Factor Serum
Hydrating Toner	Cleansing Milk	Platinum Growth Factor Cream
Pumpkin Peel	Hydrating Toner	Eye Zone Balm
Platinum Growth Factor Cream	Pumpkin Peel	Hand Cream
Platinum Growth Factor Serum	Radiance Serum	Aromabalance Formula D
Nourishing Facial Oil	Kelzyme Mask	Tension Balm
		Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the **Cleansing Milk**. Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly. Repeat
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Hydrating Toner** on two cotton pads and wiping the entire face, neck and décolleté in flowing movements.
- Place two new warm dampened cotton pads over each eye. Apply the **Pumpkin Peel** in long smooth movements from the base of the neck to the chin, followed by cheeks, nose, around the eyes and forehead. Leave the **Pumpkin Peel** on for 10-15 minutes. (NB: check with client for sensitivity)
- Remove the **Pumpkin Peel** with infused hot towels.
- Tone the skin by using the **Hydrating Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** with a steamer if extractions are performed.
- Apply **Radiance Serum** to face, neck and décolleté, pat and press in the serum until absorbed.
- Start the facial and décolleté massage using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements.
- Apply **Kelzyme Mask** over face, neck and décolleté. Leave on for 10-20 minutes.
- Using the **Hand Cream** give the client a hand and wrist massage while mask is applied and give a neck massage using the **Tension Balm**.
- Remove the **Kelzyme Mask** by placing an infused warm, moistened towel gently on the client's face. Slightly press in for one minute all over, and remove the mask. Repeat removal of mask from neck and décolleté.
- Tone the skin once more by using the **Hydrating Toner** cotton pads.
- Massage **Platinum Growth Factor Serum** in to the face, neck and décolleté until absorbed.
- To finish, use the **Eye Zone Balm**, and blend from the outer eye contour to the inner eye contour, and apply the **Platinum Growth Factor Cream** to face, neck and décolleté as the final moisturizer.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Platinum Growth Factor Cream	0.1 oz	\$1.33
	Pumpkin Peel	0.2 oz	\$1.20	Platinum Growth Factor Serum	0.05 oz	\$0.55
	Hydrating Toner	0.1 oz	\$0.25	Kelzyme Mask	0.2 oz	\$1.16
	Radiance Serum	0.05 oz	\$0.45	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.05 oz	\$0.44	<b>TOTAL</b>		<b>\$7.72</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Eye Zone Balm	0.05 oz	\$0.31	<b>SUGGESTED PRICE:</b>		<b>\$90 - \$150</b>
	<b>OPTIONAL:</b> Blemish)Gel 0.2 oz		\$0.38			

## Intensive Hydration Facial

Provides Extra Hydration and Nourishment For Dry Skin

Retail Product recommendations	Products Used	
Platinum Growth Factor Cream	Make-up Remover	Platinum Growth Factor Cream
Platinum Growth Factor Serum	Cleansing Milk	Platinum Growth Factor Serum
Cleansing Milk	Hydrating Toner	Aromabalance Formula D
Facial Polish	Facial Polish	Eye Zone Balm
Cream Mask	Nourishing Facial Oil	Hand Cream
Nourishing Facial Oil	Cream Mask	Tension Balm
		Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have your client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the **Cleansing Milk**. Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly. Repeat
- Remove the cleanser with the infused hot towels.
- Tone the skin evenly by applying the **Hydrating Toner** on two cotton pads and wiping the entire face in flowing movements.
- Place the two warm dampened cotton pads over each eye. Exfoliate the face, neck and décolleté by using the **Facial Polish** mixed with a few drops of water and exfoliate in a light rotation motion. Make sure to always focus on fine lines and deeper wrinkles.
- Once the **Facial Polish** has absorbed and the jojoba beads have sloughed off the dead skin cells, remove with the infused warm towels.
- Tone the skin by using the **Hydrating Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** with a steamer if extractions are performed.
- Apply **Platinum Growth Factor Serum** to face, neck and décolleté, pat and press in the serum until absorbed. Place moistened facial gauze on client's face, neck and décolleté.
- Cover the eyes with moistened pads and turn on the steamer for the maximum occlusion treatment for 7 minutes.
- Remove the facial gauze; start to massage the face, neck and décolleté using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements starting with the décolleté.
- Apply **Cream Mask** over face, neck and décolleté. Leave on for 10-15 minutes.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is applied and give a neck massage using the **Tension Balm**.
- Remove the **Cream Mask** by placing an infused warm, moistened towel gently on the client's face. Slightly press in for one minute all over, and remove the mask. Repeat removal of mask from neck and décolleté
- Tone the skin once more with the **Hydrating Toner** pads .
- Massage **Platinum Growth Factor Serum** in to the face, neck and décolleté until absorbed.
- To finish, use the **Eye Zone Balm**, and blend from the outer eye contour to the inner eye contour, and apply the **Platinum Growth Factor Cream** to face, neck and décolleté as the final moisturizer.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Balm	0.05 oz	\$0.31
	Facial Polish	0.1 oz	\$0.28	Cream Mask	0.2 oz	\$0.91
	Hydrating Toner	0.1 oz	\$0.27	Nourishing Facial Oil	0.05 oz	\$0.44
	Eye Zone Balm	0.05 oz	\$0.31	Aromabalance Formula D	3 drops	\$0.36
	Platinum Growth Factor Cream	0.1 oz	\$1.33	<b>TOTAL</b>		<b>\$6.43</b>
	Platinum Growth Factor Serum	0.05 oz	\$0.55	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Hand Cream	0.1 oz	\$0.42	<b>SUGGESTED PRICE:</b>		<b>\$80 - \$130</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz		\$0.38			

## Sensitive Skin Facial

Calms Skin / Hydrates Skin/ Helps Soothe Irritation

Retail Product recommendations	Products Used	
Skin Balm	Eye Make-up Remover	Cream Mask
Facial Soother	Cleansing Milk	Hand Cream
Cream Mask	Herbal Toner	Eye Zone Cream
Hydrating Cream	Facial Polish	Hydrating Cream
Cleansing Milk	Rescue Serum	Aromabalance Formula D
Facial Polish	Cream Mask	Tension Balm
	Nourishing Facial Oil	Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the [Cleansing Milk](#). Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the [Herbal Toner](#) on two cotton pads and wiping the entire face in flowing movements.
- Exfoliate the skin by using the [Facial Polish](#) mixed with a few drops of water and massaging the skin in a light rotating motion. Make sure to always focus on decongested and dry areas.
- Remove the [Facial Polish](#) with infused hot towels.
- Tone the skin by using the [Herbal Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Perform a cool stone facial massage using two small cool stones starting on the client's forehead. This will help loosen up the muscles, help calm down any over-stimulation in the skin and open pores for deeper penetration. No product is needed but if you find that the stones aren't sliding enough use a small amount of [Nourishing Facial Oil](#) for a smoother massage.
- Apply the [Cream Mask](#) using the facial brush starting at the base of the neck. Continue up to the forehead in long stroking movements and let sit on the skin for 10 minutes.
- Using the [Hand Cream](#), give the client a hand and wrist massage after the mask is applied and give a neck massage using the [Tension Balm](#).
- Remove the [Cream Mask](#) with infused hot towels.
- Tone the skin once more with the [Herbal Toner](#) cotton pads.
- Massage the [Rescue Serum](#) gently in to the entire face and neck until fully absorbed.
- Using a light touch with your little finger press [Eye Zone Cream](#) in to the inner and outer corner of the eye. Finish the service by applying the [Hydrating Cream](#) to the face and neck.

Cost Analysis	Products			Optional Products		
	Product	Quantity	Price	Product	Quantity	Price
	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Cream	0.05 oz	\$0.23
	Facial Polish	0.1 oz	\$0.28	Hydrating Cream	0.1 oz	\$0.46
	Herbal Toner	0.1 oz	\$0.28	Cream Mask	0.2 oz	\$0.91
	Rescue Serum	0.05 oz	\$0.47	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.025 oz	\$0.22	<b>TOTAL</b>		<b>\$4.88</b>
	Hand Cream	01 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz		<b>\$0.38</b>	<b>SUGGESTED PRICE:</b>		<b>\$75 - \$130</b>

## Acneic Facial

Controls Acne / Calms Irritation / Reduces Appearance of Pores / Restores Natural PH

Retail Product recommendations	Products Used	
Cover Cream	Eye Make-up Remover	Algamoor Mask
Blemish Gel	Salicylic Cleanser	Hand Cream
Algamoor Mask	Glycolic Toner	Blemish Gel
Salicylic Cleanser	Pumpkin Peel	Mattifying Cream
Glycolic Toner	Nourishing Facial Oil	Eye Zone Cream
Pumpkin Peel	Facial Polish	Aromabalance Formula D
Facial Polish	Radiance Serum	Tension Balm
		Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have your client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Mix the **Salicylic Cleanser** with warm water to create a mild lather, then cleanse the skin thoroughly from the chin up to the top of the forehead.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Glycolic Toner** on two cotton pads and wiping the entire face in flowing movements.
- Place two warm dampened cotton pads over the eye contours. Apply the **Pumpkin Peel** in long smooth movements from the base of the chin to the cheeks, nose, around the eyes and forehead. Leave the **Pumpkin Peel** on for 10-15 minutes.
- While the **Pumpkin Peel** is activating, give the client a long arm exfoliation using the **Facial Polish**. Remove with a hot towel. There is no need for a lotion application as you will be giving a hand and arm massage later in the treatment.
- Remove the **Pumpkin Peel** with infused hot towels.
- Tone the skin with the **Glycolic Toner** on cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** if extractions are performed.
- Start the facial and décolleté massage using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements and avoiding any pustules.
- Apply the **Radiance Serum** to the skin in a massage motion until fully absorbed into the skin.
- Using your facial brush apply the **Algamoor Mask** to the entire face and neck starting at the base of the neck and in long, flowing movements move up along the neck to the cheeks, nose, around the eyes and forehead. This mask is left on for about 10-15 minutes.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is on and give a neck massage using the **Tension Balm**.
- Remove **Algamoor Mask** gently with the infused hot towels.
- Tone the skin once more with the **Glycolic Toner** pads.
- Finish off the facial by applying the **Blemish Gel** to any blemishes, the **Eye Zone Cream** for the eye area and the **Mattifying Cream** as the moisturizer for the face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Salicylic Cleanser	0.2 oz	\$0.56	Mattifying Cream	0.1 oz	\$0.48
	Pumpkin Peel	0.2 oz	\$1.20	Algamoor Mask	0.2 oz	\$1.10
	Facial Polish	0.1 oz	\$0.28	Eye Zone Cream	0.05oz	\$0.23
	Glycolic Toner	0.1 oz	\$0.34	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.05 oz	\$0.44	<b>TOTAL</b>		<b>\$6.83</b>
	Radiance Serum	0.05 oz	\$0.45	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Hand Cream	0.1 oz	\$0.42	<b>SUGGESTED PRICE:</b>		<b>\$75 - \$125</b>
	<b>OPTIONAL:</b> BlemishGel 0.2 oz		\$0.38			

## Brightening Facial

Reduces Pigmentation / Evens Skin Tone / Hydrates Skin

Retail Product recommendations	Products Used	
Kelzyme Mask	Salicylic Cleanser	Eye Zone Cream
Salicylic Cleanser	Eye Make-up Remover	Renewal Cream
Glycolic Toner	Glycolic Toner	Hand Cream
10% Glycolic Lotion	15% Glycolic Lotion	Aromabalance Formula D
Renewal Cream	Nourishing Facial Oil	Tension Balm
Nourishing Facial Oil	Radiance Serum	Optional Blemish Gel
	Kelzyme Mask	

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Mix the [Salicylic Cleanser](#) with warm water to create a mild lather, then cleanse the skin thoroughly from the chin up to the top of the forehead.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the [Glycolic Toner](#) on two cotton pads and wiping the entire face in flowing movements
- Apply warm damp cotton pads to the eyes then apply the [15% Glycolic Lotion](#) (note: 15% is available only in professional size) using a facial brush from the base of the throat to the forehead, avoiding the eyes and lips. Leave this on for 5-10 minutes while continuing to brush the skin with the facial brush, taking care not to over-stimulate any areas.
- Remove the [15% Glycolic Lotion](#) using the infused hot towels.
- Tone the skin by using the [Glycolic Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Start the facial and décolleté massage using [Nourishing Facial Oil](#). Massage for 10 minutes using upward movements.
- Remove two small warm stones from the hot cabbie, then perform a warm stone facial massage starting on the client's forehead. This will help open pores for deeper penetration and is also a relaxing experience for your client.
- Apply the [Radiance Serum](#) to the skin in a massaging motion until completely absorbed into the skin.
- Apply a generous layer of the [Kelzyme Mask](#) starting on the neck and quickly working your way in flowing movements up to the forehead. Leave on for approximately 10-15 minutes or until it has turned matte.
- While the [Kelzyme Mask](#) is on, use the [Hand Cream](#) for a hand and wrist massage and give a neck massage using the [Tension Balm](#).
- Gently remove the [Kelzyme Mask](#) with the infused hot towels.
- Tone the skin once more using the [Glycolic Toner](#) pads.
- To finish pat the [Eye Zone Cream](#) under the eye area from outer to inner corner of the eye, and apply the [Renewal Cream](#) as the final moisturizer to the face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Salicylic Cleanser	0.2 oz	\$0.56	Renewal Cream	0.1 oz	\$0.57
	10% Glycolic Lotion	0.1 oz	\$0.32	Kelzyme Mask	0.3 oz	\$1.75
	Glycolic Toner	0.1 oz	\$0.34	Eye Zone Cream	0.05 oz	\$0.23
	Nourishing Facial Oil	0.05 oz	\$0.44	Aromabalance Formula D	3 drops	\$0.36
	Radiance Serum	0.05 oz	\$0.45	<b>TOTAL</b>		<b>\$6.21</b>
	Hand Cream	0.1 oz	\$0.42	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$75 - \$125</b>

## Smoothing Facial

Restores Firmness / Reduces Fine Lines / Increases Radiance

<p>Retail Product recommendations</p> <ul style="list-style-type: none"> <li>Plumping Serum</li> <li>Salicylic Cleanser</li> <li>Glycolic Toner</li> <li>Renewal Cream</li> <li>Nourishing Facial Oil</li> <li>Eye Zone Balm</li> </ul>	<p>Products Used</p> <ul style="list-style-type: none"> <li>Salicylic Cleanser</li> <li>Make-up Remover</li> <li>Glycolic Toner</li> <li>Peel Off Mask</li> <li>Pumpkin Peel</li> <li>Nourishing Facial Oil</li> </ul>	<ul style="list-style-type: none"> <li>Plumping Serum</li> <li>Renewal Cream</li> <li>Eye Zone Balm</li> <li>Aromabalance Formula D</li> <li>Tension Balm</li> <li>Optional Blemish Gel</li> </ul>
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- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Mix the **Salicylic Cleanser** with warm water to create a mild lather, then cleanse the skin thoroughly from the chin up to the top of the forehead.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Glycolic Toner** on two cotton pads and wiping the entire face in flowing movements.
- Place two warm dampened cotton pads over the eye contours and apply the **Pumpkin Peel** in long flowing movements from the base of the chin to the cheeks, nose, around the eyes and forehead. Leave the peel on for 10-15 minutes.
- While the **Pumpkin Peel** is on, treat the client to a scalp massage.
- Remove the **Pumpkin Peel** with the infused hot towel.
- Tone the skin by using the **Glycolic Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** if extractions are performed.
- Perform a massage of the eye area using the **Eye Zone Balm** for approximately 4-6 minutes. Then continue with a regular facial massage using the **Nourishing Facial Oil**.
- Gently massage the **Plumping Serum** into the face and throat until completely absorbed.
- Thoroughly mix one sachet of the **Peel Off Mask Powder** with 1/2 - 3/4 vial of **Moor Water** until smooth. Without delay and to avoid the mask solidifying, apply a generous amount to face. Leave mask on for 10 minutes.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is on and give a neck massage using the **Tension Balm**.
- Remove the **Peel Off Mask** slowly starting from the edges and rinse off with an infused hot towel.
- Tone the skin once more using the **Glycolic Toner** cotton pads.
- Massage the **Plumping Serum** in to the skin focusing on any fine lines and problem areas.
- To finish, use the **Eye Zone Balm** and blend from the inner contour to the outer corner, and apply the **Renewal Cream** evenly to the face and neck as the final moisturizer.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Salicylic Cleanser	0.2 oz	\$0.56	Hand Cream	0.1 oz	\$0.42
	Pumpkin Peel	0.2 oz	\$1.20	Renewal Cream	0.1 oz	\$0.60
	Glycolic Toner	0.1 oz	\$0.34	Peel-Off Mask	0.3 oz	\$1.05
	Nourishing Facial Oil	0.05 oz	\$0.44	Aromabalance Formula D	3 drops	\$0.36
	Plumping Serum	0.05 oz	\$0.46	<b>TOTAL</b>		<b>\$6.51</b>
	Eye Zone Balm	0.05 oz	\$0.31	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$80 - \$135</b>

## Psoriasis / Eczema Facial

Soothes Skin / Calms Irritation / Hydrates Skin

<p>Retail Product recommendations</p> <ul style="list-style-type: none"> <li>Cleansing Milk</li> <li>Hydrating Toner</li> <li>Skin Balm</li> <li>Facial Soother</li> <li>Eye Zone Balm</li> <li>Nourishing Facial Oil</li> </ul>	<p>Products Used</p> <ul style="list-style-type: none"> <li>Make-up Remover</li> <li>Cleansing Milk</li> <li>Hydrating Toner</li> <li>Facial Polish</li> <li>Rescue Serum</li> <li>Hand Cream</li> <li>Facial Mask</li> </ul>	<ul style="list-style-type: none"> <li>Nourishing Facial Oil</li> <li>Neem Cream</li> <li>Eye Zone Balm</li> <li>Skin Balm</li> <li>Aromabalance Formula D</li> <li>Tension Balm</li> <li>Optional Blemish Gel</li> </ul>
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- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the [Cleansing Milk](#). In flowing movements start at the décolleté and work your way up to the forehead, making sure to cleanse thoroughly.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the [Hydrating Toner](#) on two cotton pads and wipe the entire face in flowing movements.
- If the client's skin is too sensitive or irritated, skip the exfoliation. If exfoliation is necessary, use the [Facial Polish](#) diluted with water to lightly exfoliate skin.
- Remove the [Facial Polish](#) with the infused hot towels.
- Tone the skin with the [Hydrating Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Apply the [Neem Cream](#) thoroughly over the face and neck and allow to absorb fully. Continue with a regular décolleté and shoulder massage using the [Nourishing Facial Oil](#). Once you get up to the neck switch to massaging with a facial brush in each hand. This will be a unique experience for your client.
- Next apply the [Nourishing Facial Oil](#) again to the client's skin and massage in gently but thoroughly enough to fully absorb into the skin.
- Mix one teaspoon of the [Facial Mask](#) with one to two drops of water to get a smooth paste. Apply directly to face and neck starting at the base of the neck and with smooth motions work your way up to the client's forehead. Leave on for about five minutes for the first application and up to ten minutes for successive applications.
- Using the [Hand Cream](#), give the client a hand and wrist massage while mask is on and give a neck massage using the [Tension Balm](#).
- Remove the [Facial Mask](#) with the infused hot towel.
- Tone the skin once more with the [Hydrating Toner](#) cotton pads.
- Apply the [Rescue Serum](#) sparingly to the face and neck in massage motions until fully absorbed.
- To finish apply the [Eye Zone Balm](#) from the inner to outer corner of the eye, and the [Skin Balm](#) to face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47	
	Cleansing Milk	0.2 oz	\$0.48	Neem Cream	0.1 oz	\$0.72	
	Pumpkin Peel	0.2 oz	\$1.20	Skin Balm	0.1 oz	\$0.52	
	Hydrating Toner	0.1 oz	\$0.27	Facial Mask	0.2 oz	\$0.84	
	Rescue Serum	0.05 oz	\$0.47	Aromabalance Formula D	3 drops	\$0.36	
	Nourishing Facial Oil	0.1 oz	\$0.88	<b>TOTAL</b>		<b>\$7.24</b>	
	Eye Zone Balm	0.05 oz	\$0.31	<b>DURATION:</b>		<b>45 - 60 mins</b>	
	Hand Cream	0.1 oz	\$0.42	<b>SUGGESTED PRICE:</b>		<b>\$80 - \$130</b>	
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38						

## After-Sun Facial

Helps to Repair Skin / Soothes Skin / Calms Skin After Irritation

Retail Product recommendations	Products Used	Skin Balm
Facial Soother	Cleansing Milk	Hand Cream
SPF30+ Face Cream	Make-up Remover	Nourishing Facial Oil
Rescue Serum	Hydrating Toner	Eye Zone Gel
Cleansing Milk	Facial Polish	SPF30+ Face Cream
Hydrating Toner	Cream Mask	Aromabalance Formula D
Nourishing Facial Oil	Rescue Serum	Tension Balm
	Facial Soother	Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have your client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the [Cleansing Milk](#). Start at the décolleté then work your way up to the forehead in flowing movements, making sure to cleanse thoroughly.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the [Hydrating Toner](#) on two cotton pads and wiping the entire face in flowing movements.
- If the client's skin is too damaged, skip the exfoliation. If exfoliation is necessary, use the [Facial Polish](#) to lightly massage over dry areas.
- Remove the [Facial Polish](#) with the infused hot towels.
- Tone the skin by using the [Hydrating Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Start the facial massage by using the [Nourishing Facial Oil](#) avoiding any strong pressure.
- Apply the [Cream Mask](#) using the facial brush, starting at the base of the neck and proceeding in long stroking movements up to the forehead. Leave on for 10 minutes.
- Using the [Hand Cream](#), give the client a hand and wrist massage after the mask is applied, and give a neck massage using the [Tension Balm](#).
- Remove the [Cream Mask](#) with infused hot towels.
- Tone the skin by using the [Hydrating Toner](#) cotton pads.
- Cleanse the skin for the second time by mixing a few drops of warm water with the [Cleansing Milk](#). This will nourish and soothe the client's skin.
- Remove the [Cleansing Milk](#) with infused hot towels.
- Tone the skin once more with the [Hydrating Toner](#) cotton pads.
- Massage the [Rescue Serum](#) gently into the entire face and neck until fully absorbed.
- To finish, apply the [Facial Soother](#) sparingly until fully absorbed and moisturize with [Skin Balm](#) and [SPF30+ Face Cream](#). Add the [Eye Zone Gel](#), patting a small amount around the eye area and blending inward from the corner of the eye.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Gel	0.05 oz	\$0.22
	Facial Polish	0.1 oz	\$0.28	Facial Soother	0.1 oz	\$0.35
	Hydrating Toner	0.1 oz	\$0.27	Skin Balm	0.1 oz	\$0.52
	Rescue Serum	0.05 oz	\$0.47	Cream Mask	0.2 oz	\$0.91
	Nourishing Facial Oil	0.05 oz	\$0.44	Aromabalance Formula D	3 drops	\$0.36
	Hand Cream	0.1 oz	\$0.42	<b>TOTAL</b>		<b>\$5.66</b>
	SPF30+ Face Cream	0.1 oz	\$0.53	<b>DURATION:</b>		<b>45 - 60 mins</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz \$0.38			<b>SUGGESTED PRICE:</b>		<b>\$75 - \$130</b>

## Environmental Damage Facial

Helps Restore Broken Capillaries / Calms Irritation / Hydrates Skin

Retail Product recommendations	Products Used	
Platinum Supreme Cream	Make-up Remover	Eye Zone Balm
Facial Polish	Cleansing Milk	SPF30+ Face Cream
Cleansing Milk	Hydrating Toner	Rescue Serum
Skin Balm	Facial Polish	Skin Balm
SPF30+ Face Cream	Nourishing Facial Oil	Aromabalance Formula D
Eye Zone Balm	Hand Cream	Tension Balm
Nourishing Facial Oil	Vitamin C Mask	Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the [Aromabalance Formula D](#) (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the [Aromabalance Formula D](#) by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Apply [Hand Cream](#) in a thick layer on each the client's hands and slowly place them into a bag of paraffin. Using large towels, wrap client's arms and hands and place back under the blanket.
- Remove eye make up using cotton pads dampened with [Make-up Remover](#) and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the [Cleansing Milk](#). Start at the décolleté then work your way up to the forehead in flowing movements, making sure to cleanse thoroughly.
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the [Hydrating Toner](#) on two cotton pads, wiping the entire face in flowing movements.
- Exfoliate the skin with the [Facial Polish](#) mixed with a few drops of water and massage in a light rotating motion. Make sure to always focus on congested and dry areas.
- Remove [Facial Polish](#) with infused hot towels.
- Tone the skin by using the [Hydrating Toner](#) cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the [Blemish Gel](#) if extractions are performed.
- Start the facial and décolleté massage using [Nourishing Facial Oil](#). Massage for 10 minutes using upward movements.
- Massage a small quantity of the [Rescue Serum](#) all over the face and neck focusing on damaged areas.
- Thoroughly mix 1/2 to 3/4 sachet of the [Vitamin C Mask Powder](#) with one vial of the [Moor Water](#) until smooth. Apply generously to face. Leave on for 10 minutes.
- Lift your client's arms out, un-wrap the towels and remove the paraffin. Any excess paraffin may be removed with a hot towel.
- Using the [Hand Cream](#), give the client a hand and wrist massage while the mask dries and give a neck massage using the [Tension Balm](#).
- Remove the [Vitamin C Mask](#) slowly from the sides of the client's face and rinse off the rest using the infused hot towels.
- Tone the skin once more with the [Hydrating Toner](#) cotton pads.
- Complete treatment with the [Eye Zone Balm](#) blending inward from the outer corner of the eye. Apply the [Skin Balm](#) and then the [SPF30+ Face Cream](#) to the client's entire face and neck.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Eye Zone Balm	0.05 oz	\$0.31
	Facial Polish	0.1 oz	\$0.28	Skin Balm	0.1 oz	\$0.52
	Hydrating Toner	0.1 oz	\$0.27	Vitamin C Mask	0.3 oz	\$1.15
	SPF30+ Face Cream	0.1 oz	\$0.53	Aromabalance Formula D	3 drops	\$0.36
	Rescue Serum	0.05 oz	\$0.47	<b>TOTAL</b>		<b>\$6.00</b>
	Nourishing Facial Oil	0.05 oz	\$0.44	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Hand Cream	0.1 oz	\$0.42	<b>SUGGESTED PRICE:</b>		<b>\$80 - \$130</b>
	<b>OPTIONAL:</b> Blemish Gel 0.2 oz		\$0.38			

## Mens Facial

Deeply Cleanses & Exfoliates Skin/ Balances PH/ Helps reduce signs of aging

<p>Retail Product recommendations</p> <p>Exfoliating Cleanser</p> <p>Age Defying Mask</p> <p>Age Defying Cream (dry skin) or Oil-Free Moisturizer (normal/oily skin)</p> <p>Lip &amp; Eye Moisture Balm</p> <p>Shaving Cream</p> <p>After Shave Balm</p> <p>Beard Oil</p>	<p>Products Used</p> <p>Aromabalance Formula D</p> <p>Exfoliating Cleanser</p> <p>Age Defying Mask</p> <p>Age Defying Cream (dry skin) or Oil-Free Moisturizer (normal/oily skin)</p>	<p>Lip &amp; Eye Moisture Balm</p> <p>Herbal Toner</p> <p>Hand Cream</p> <p>Tension Balm</p> <p>Optional Blemish Gel</p>
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- First prepare the hot towels by placing them into a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Apply water to the **Exfoliating Cleanser** to achieve a light foaming action and cleanse the skin thoroughly from the décolleté to the forehead.
- Remove the **Exfoliating Cleanser** with infused hot towels.
- Tone the skin evenly by using the **Herbal Toner** on two cotton pads and wiping the entire face in flowing movements
- Prepare your steamer by placing it by the top of your client's head and face nozzle down toward the client's décolleté. Allow your client to steam for 5-10 minutes. This will help with preforming extractions
- While the client is steaming, give a light pressure scalp massage
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** if extractions are performed.
- Start the facial and décolleté massage using the **Beard Oil**. Massage for 10 minutes using upward movements.
- Apply **Age Defying Mask** over face, neck and décolleté. Leave on for 10-15 minutes.
- Using the **Hand Cream**, give the client a hand and wrist massage while mask is on and give a neck massage using the **Tension Balm**.
- Remove the **Age Defying Mask** using an infused hot towel, making sure to remove all product from the skin.
- Tone the skin once more with the **Herbal Toner** cotton pads.
- Massage **Age-Defying Cream** or **Oil-Free Moisturizer** depending on client's skin type.
- Finish with the **Lip & Eye Moisture Balm**, patting gently under the eye area with ring finger from outer corner to inner corner of the eye, then applying a thin layer over the client's lips and massaging in. Then finish by moisturizing with either the **Oil-Free Moisturizer** or **Age Defining Cream**.

Cost Analysis	Exfoliating Cleanser	0.2 oz	\$0.53	Lip & Eye Moisture Balm	0.01 oz	\$0.53
	Herbal Toner	0.1 oz	\$0.28	Aromabalance Formula D	3 drops	\$0.36
	Beard Oil	0.05 oz	\$0.60	<b>TOTAL</b>		<b>\$4.56</b>
	Age-Defying Mask	0.2 oz	\$1.15	<b>(Oily Skin</b>		<b>\$4.33)</b>
	(or Oil-Free Moisturizer	0.2 oz	\$0.92)	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Hand Cream	0.1 oz	\$0.42	<b>SUGGESTED PRICE:</b>		<b>\$75 - \$130</b>
	Age-Defying Cream	0.1 oz	\$0.69			

## Pure Moor Body Wrap

Detoxifies and Revitalizes the Body / Helps Skin Regain Suppleness & Elasticity / Effective for Cellulite, Weight Loss, Stretch-Marks & Scar Tissue

Retail Product recommendations	Products Used
Complete Oil	Himalayan Crystal Salt Glow
Body Lotion	Complete Oil
Contour Cream	Body Mask
Herbal Bath	Body Lotion
Complete Nutrition / Herbal Infusion	Contour Cream
	Shower Gel
	Aromabalance Formula C

- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Ask the client to take a shower and cleanse the skin using the [Shower Gel](#).
- Mix two tablespoons of the [Himalayan Crystal Salt Glow](#) mixed with one tablespoon of the [Complete Oil](#).
- Exfoliate the client's body starting on the back and shoulders and working your way down to their lower legs. Help the client flip over onto the back and exfoliate the front of their legs, stomach, arms, finishing with their décolleté and chest. Remove the remaining salt using a hot towel.
- After exfoliation, turn over the client over to lie face down on the table, and prepare the back of the body.
- A full body wrap uses 150-200ml (5 to 7 fl.oz.) of the [Body Mask](#). The mask may be warmed at the client's request by making a hot water bath for the bowl.
- Add a few drops of water to the [Body Mask](#) for smooth consistency if necessary.
- Add 5 drops of [Aromabalance Formula C](#) to enhance the effects of the mask.
- Do not apply the paste too thickly; make it just thick enough to cover the tone of the client's skin.
- Apply the [Body Mask](#) using your hands or a body brush and work your way from the ankles up the back of the legs, back, and up to the neck. Help the client flip over and apply the mask on the entire front of the body.
- Wrap your client with the plastic wrap, making sure the sheet adheres to the skin preventing any air flow. It is important that the mask does not completely dry on the client's skin.
- Wrap the client in the blanket and allow him/her to rest for 30-40 minutes.
- After the body wrap is applied, you may offer the client a scalp massage.
- After the [Body Mask](#) application, remove all sheets and help the client in to the shower. Have them to use the [Shower Gel](#) to make sure that the [Body Mask](#) is fully removed.
- Finish the treatment with the [Body Lotion](#) applied in massage motions. For anti-cellulite treatment the [Contour Cream](#) may be used on cellulite prone areas.
- **OPTIONAL** We also recommend offering the client a glass of the [Herbal Infusion](#) (one teaspoon) mixed with fruit juice or a capsule of [Complete Nutrition](#) with water after the body wrap treatment.

Cost Analysis	Shower Gel	0.4 oz	\$0.46
	Himalayan Crystal Salt Glow	1.5 oz	\$0.75
	Complete Oil	0.5 oz	\$1.08
	Aromabalance Formula C	5 drops	\$0.41
	Body Mask	6.0 oz	\$5.66
	Body Lotion / Contour Cream	0.5 oz	\$0.88
	<b>TOTAL</b>		<b>\$9.24</b>
	<b>DURATION:</b>		<b>60 - 90 mins</b>

## Algamoor Body Wrap

Purifies & Deeply Hydrates the Skin

<p>Retail Product recommendations</p> <ul style="list-style-type: none"> <li>Shower Gel</li> <li>Body Lotion</li> <li>Contour Cream</li> <li>Herbal Bath</li> <li>Herbal Infusion / Complete Nutrition</li> </ul>	<p>Products Used</p> <ul style="list-style-type: none"> <li>Shower Gel</li> <li>Himalayan Crystal Salt Glow</li> <li>Algamoor Body Mask</li> <li>Body Lotion</li> <li>Contour Cream</li> <li>Complete Oil</li> <li>Aromabalance Formula C</li> </ul>
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- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Have the client to shower and cleanse the skin using the [Shower Gel](#).
- Mix two tablespoons of [Himalayan Crystal Salt Glow](#) mixed with one tablespoon of [Complete Oil](#).
- Exfoliate the client's body starting on the back and shoulders and working your way down to the lower legs. Help the client flip over onto the back and exfoliate the front of the legs, stomach, arms, finishing with the décolleté and chest. Remove the remaining salt using a hot towel.
- After the exfoliation is finished, turn the client over to lie face down on the table, and begin to prepare the back of the body.
- Apply the [Algamoor Body Mask](#) to the client's whole body either by hand or with a spa body brush. Add 5 drops of [Aromabalance Formula C](#) to enhance the effects of the mask.
- The client's body should now be wrapped tightly but comfortably in the plastic sheet and covered with a warm blanket. The client can now relax for 20-30 minutes.
- While the body wrap is on, you may offer the client a scalp massage.
- Unwrap the plastic sheet and remove the [Algamoor Body Mask](#) from the client with hot towels, or have the client shower off the remaining mask.
- Finish the treatment with the [Body Lotion](#) applied in massage motions. For anti-cellulite treatment, the [Contour Cream](#) may be used on cellulite prone areas.

Cost Analysis	Shower Gel	0.4 oz	\$0.46
	Himalayan Crystal Salt Glow	1.5 oz	\$0.75
	Complete Oil	0.5 oz	\$1.08
	Aromabalance Formula C	5 drops	\$0.41
	Algamoor Body Mask	6.0 oz	\$5.10
	Body Lotion / Contour Cream	0.5 oz	\$0.88
	<b>TOTAL</b>		<b>\$8.68</b>
	<b>DURATION:</b>		<b>60 - 90 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$90-\$120</b>	

## Gel Body Wrap

Specially Formulated for Dry Room Treatments / Mask Absorbs Fully into the Skin / Minimal Product Removal

Retail Product recommendations	Products Used
Shower Gel	Shower Gel
Body Lotion	Moor or Seaweed Gel Body Mask
Contour Cream	Body Lotion or
Herbal Bath	Contour Cream
Herbal Infusion / Complete Nutrition	

- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Have the client shower and cleanse the skin with the [Shower Gel](#).
- Exfoliate the client's body starting on the back and shoulders and working your way down to the lower legs. Use [Dr. Berkowsky's Vital Chi Skin Brushing System](#).
- After the exfoliation, turn over the client to lie face down on the table, and prepare the back of the client's body.
- Apply your choice of [Gel Mask](#) using your hands or a spa body brush. If applying by hand, the [Gel Mask](#) can be massaged into the skin. You may use the [Moor Gel Body Mask](#) or [Seaweed Gel Body Mask](#) depending on the client's needs. The [Moor Gel](#) is recommended for therapeutic oriented treatments while the [Seaweed Gel](#) is recommended for deep hydration.
- The client's body should now be wrapped tightly in the plastic sheet and covered with a warm blanket. The client may now relax for 30-40 minutes.
- While the body wrap is applied, you may now offer the client a relaxing scalp massage.
- Once the [Gel Mask](#) has been absorbed you may remove the wrap from the client's body, and any product that remains can be massaged into the skin or removed with warm towels.
- Finish the treatment with the [Body Lotion](#) applied in massage motions. For anti-cellulite treatment the [Contour Cream](#) may be used on cellulite prone areas.

### Cost Analysis

Shower Gel	0.4 oz	\$0.46
Moor Gel Body Mask	6.0 oz	\$6.35
Body Lotion / Contour Cream	0.5 oz	\$0.88
<b>TOTAL</b>		<b>\$7.69</b>
<b>DURATION:</b>		<b>60 - 90 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$80-\$120</b>
<b>Note:</b> Seaweed Gel Body Wrap Total cost is \$8.42		

## Firming Contour Wrap

Reduces the Appearance of Cellulite / Aids in Fat Dissolution / Firms the Skin / Creates a Slimmer Silhouette Dramatic

Results in a Series of Treatments, Visable Results With One Treatment

Retail Product recommendations	Products Used
Contour Cream	Himalayan Crystal Salt Glow      Herbal Bath
Herbal Bath	Shower Gel      Complete Oil
Complete Nutrition / Herbal Infusion	Contour Cream
Bio-Shorts Contouring System	Firming Contour Gel

- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Get the client to shower and cleanse the skin using the [Shower Gel](#).
- The first step in the treatment is measuring the client's contoured areas. Make sure you measure and record correctly to get correct results
- Exfoliate the client's body starting on their back and shoulders and working your way down to their lower legs. Use [Dr. Berkowsky's Vital Chi Skin Brushing System](#).
- Soak body tensor bandages in the [Herbal Bath](#).
- After the exfoliation allow the client to stay on their back.
- Prepare the skin by applying the [Firming Contour Gel](#) to problem areas from the client's waist to knee. Help the client sit up on the table to apply to back areas.
- Tightly wrap each area with the soaked bandages, then cover the client with warm blankets.
- Allow the client to rest for 30 minutes while the wrap is on.
- Offer the client a scalp, hand and arm, or foot massage while the wrap is in place.
- After 30 minutes, remove the bandages and wipe off any excess product with hot towels.
- Apply the [Contour Cream](#) to areas of concern in strong effleurage movements towards the heart.
- After the wrap re-measure the client's areas and reveal the results. Inform the client about the value of repeated treatments for maximum results.
- Follow up with home care recommendations.

Cost Analysis	Shower Gel	0.4 oz	\$0.46
	Himalayan Crystal Salt Glow	1.5 oz	\$0.75
	Complete Oil	0.5 oz	\$1.08
	Herbal Bath	2.0 oz	\$1.18
	Firming Contour Gel	2.0 oz	\$4.82
	Contour Cream	1.0 oz	\$3.80
	TOTAL		\$12.09
	DURATION:		60 - 90 mins
SUGGESTED PRICE:		\$95-\$130	

## Kelzyme Body Wrap

For Detoxification, Deep Cleansing, Weight Loss and General Well Being / Activates Lymph Glands, Kidneys, Skin and Intestines / Stabilizes Tissues and Reduces Tissue Volume / Deacidifies and Mineralizes Skin / Excellent for Psoriasis, Dermatitis and Acne

Retail Product recommendations	Products Used
Body Lotion	Kelzyme Body Mask
Contour Cream	Himalayan Crystal Salt Glow
Complete Nutrition / Herbal Infusion	Complete Oil
Bio-Shorts Contouring System	Contour Cream
	Body Lotion
	Shower Gel

- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Have the client shower and cleanse the skin using the [Shower Gel](#).
- Mix two tablespoons of the [Himalayan Crystal Salt Glow](#) mixed with one tablespoon of the [Complete Oil](#).
- Exfoliate the client's body starting on the back and shoulders and working your way down to the lower legs. Help the client flip over onto the back and exfoliate the front of the legs, stomach, arms, finishing with the décolleté and chest. Remove the remaining salt using a hot towel.
- After exfoliation, turn over the client to lie face down on the table, and prepare the back of the client's body .
- Apply the [Kelzyme Body Mask](#) to the whole body either by hand or with a spa body brush.
- Wrap your client with the plastic wrap, making sure the sheet adheres to the skin, preventing any air flow.
- The body should now be covered with a warm blanket. The client may now relax for 30-40 minutes while the wrap is on.
- While the body wrap is on, you may offer the client a scalp massage.
- Unwrap the plastic sheet, and remove the [Kelzyme Body Mask](#) with hot wet towels or have the client shower off the remaining mask.
- Finish the treatment with the [Body Lotion](#) applied in massage motions. For anti-cellulite treatment, the [Contour Cream](#) may be used on cellulite prone areas.
- Results will be seen and felt immediately after the treatment.

### Cost Analysis

Shower Gel	0.4 oz	\$0.46
Himalayan Crystal Salt Glow	1.5 oz	\$0.75
Complete Oil	0.5 oz	\$1.08
Kelzyme Body Mask	6.0 oz	\$8.82
Body Lotion / Contour Cream	0.5 oz	\$0.88
<b>TOTAL</b>		<b>\$12.40</b>
<b>DURATION:</b>		<b>60 - 90 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$90-\$120</b>

## Gemstone Clay Body Wrap

Envelopes the body in the balancing, healing energy of 11 varieties of gemstones present in our unique green clay from Vancouver Island plus tourmaline. Optionally a PEMF therapy pad can be used to enhance the energetic effects of the treatment,

Retail Product recommendations	Products Used	
Body Lotion	Shower Gel	Body Lotion or Contour Cream
Contour Cream	Gemstone Clay Body Mask	Cream
Herbal Bath	Himalayan Crystal Salt Glow	Aromabalance Formula C
Complete Nutrition / Herbal Infusion	Complete Oil	

- **OPTIONAL:** Place the OMI PEMF (Pulsed Electromagnetic Field) mat on the table.
- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Place approx 7oz. of the **Gemstone Clay Body Mask** in a small steel bowl, then place the steel bowl into a larger steel bowl of hot water. NB: Do not warm the Gemstone Clay in a microwave oven.
- Exfoliate the client's skin using two tablespoons of **Himalayan Crystal Salt Glow** mixed with one tablespoon of **Complete Oil**. Add 5 drops of **Aromabalance Formula C** to the salt mixture to enhance the effects of the treatment.
- Apply the blended salt using your hands and work towards the heart, using vigorous but gentle movements.
- During the treatment, the **Complete Oil** will be fully absorbed, leaving the dry salt on the skin, making for easy removal.
- Brush off the salt using a dry towel or help the client over to the shower to rinse off fully.
- Assist the client back up onto the table and have them lay on their stomach.
- Start applying the **Gemstone Clay Body Mask** either using your hands or a large brush. Start from the ankles up the back of the legs, then continue with the back and up to the neck. Help the client to flip over and apply the mask on the entire front of the body.
- Wrap the client in the plastic wrap, making sure the sheet adheres to the skin preventing any air flow. Then wrap the client in the blanket.
- **OPTIONAL:** Plug in the PEMF mat and use the control panel to set to the P1 program for 20 minutes.
- After the mask has been applied, you may offer the client a scalp massage (Optional)
- After approx 20 minutes, remove all sheets and help the client in to the shower. Have them use the **Shower Gel** to make sure that the **Gemstone Clay Body Mask** is fully removed.
- Finish the treatment with the **Body Lotion** applied in massage motions. For anti-cellulite treatment the **Contour Cream** may be used on cellulite prone areas.
- **OPTIONAL:** If you have used the PEMF mat make sure to give the client a large glass of water after the treatment. You may also offer them a teaspoonful of **Herbal Infusion** mixed into the water or a capsule of **Comple Nutrition**.

### Cost Analysis

Himalayan Cyrstal Salt Glow	1.5 oz	\$0.75
Complete Oil	0.5 oz	\$1.08
Aromabalance Formula C	5 drops	\$0.41
Gemstone Clay Body Mask	7.0 oz	\$5.45
Body Lotion / Contour Cream	0.5 oz	\$0.88
Shower Gel	0.2 oz	\$0.23
<b>TOTAL</b>		<b>\$8.80</b>
<b>DURATION:</b>		<b>60 - 90 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$80-\$120</b>

## Back Facial

For Oily / Acneic skin on the back. Minimizes the appearance of pores / balances the skin / cleanses deeply / Removes comedones and blemishes.

Retail Product recommendations	Products Used	
Salicylic Cleanser	Aromabalance Formula D	Complete Oil
Glycolic Toner	Salicylic Cleanser	Skin Balm
Radiance Serum	Glycolic Toner	Radiance Serum
Skin Balm	Facial Polish	Body Mask
	Blemish Gel	Mattifying Cream

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** to the water, so that the hot towels are infused with the essential oil
- To begin the back facial, have the client lay down in the prone position (on their stomach). Gently roll the sheet down the their waistline and place a towel under the panty line to avoid spillage on to sheets.
- Mix the **Salicylic Cleanser** with warm water to create a mild lather, then cleanse the back thoroughly from their neck to their waistline.
- Remove the cleanser with an infused hot towel and repeat the cleansing process.
- Tone the back and neck evenly by applying the **Glycolic Toner** onto two large cotton pads and wipe the entire area in upward motions.
- Apply **Facial Polish** to the entire back and neck area. Then with your fingertips apply a gentle, light exfoliating massage all over. Exfoliate for 1 - 2 minutes or until the jojoba beads are dry enough to dust off of the clients' back and neck.
- Start the skin analysis. (Optional) If your clients' skin still shows signs of Comedones and Blemishes, then spread a layer of **Blemish Gel** on areas and use a steamer for 5 - 10 minutes to open the pores for easier extractions.
- Start the back facial massage using 2 parts **Complete Oil**, 2 parts **Skin Balm** and 3 drops **Aromabalance Formula D**.
- Once absorbed massage **Radiance Serum** gently over the back and neck until completely absorbed into the skin.
- Using the body mask brush apply the **Body Mask** to the entire back and neck area. Leave on for 10 - 15 minutes and mist occasionally with water or **Glycolic Toner** to keep moist.
- While the **Body Mask** is applied, offer a head & scalp massage with 2 drops of **Aromabalance Oil D** on your finger tips. Massage for 5 minutes.
- Gently remove the **Body Mask** with the remaining hot towels.
- (Optional) Finish off your service by applying the **Mattifying Cream** evenly.

Cost Analysis	Aromabalance Formula D	8 drops	\$0.96	Radiance Serum	0.1 oz	\$0.84
	Salicylic Cleanser	0.4 oz	\$1.09	Body Mask	1.2 oz	\$1.17
	Glycolic Toner	0.4 oz	\$1.28	Mattifying Cream	0.1 oz	\$0.46
	Facial Polish	0.2 oz	\$1.16	<b>TOTAL</b>		<b>\$10.16</b>
	Pre & Post Extraction Gel	0.2 oz	\$0.38	<b>DURATION:</b>		<b>45 - 60 mins</b>
	Skin Balm	0.4 oz	\$1.99	<b>SUGGESTED PRICE:</b>		<b>\$80 - \$110</b>
	Complete Oil	0.4 oz	\$0.83			

## Himalayan Crystal Salt Glow

Exfoliation Treatment Prior to Body Wraps or Hydrotherapy /Or May Be Offered as a Stand Alone Exfoliation Treatment

Retail Product recommendations	Products Used
Body Lotion	Himalayan Crystal Salt Glow
Complete Oil	Complete Oil
Herbal Infusion / Complete Nutrition	Body Lotion
	Aromabalance Formula C

- Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Exfoliate the client's skin using two tablespoons of the **Himalayan Crystal Salt Glow** mixed with one tablespoon of **Complete Oil**.
- Add 5 drops of **Aromabalancing Formula C** to the salt mixture to enhance the effects of the treatment.
- Apply the salt mixture using your hands and work towards the heart, using vigorous but gentle movements.
- During the treatment, the **Complete Oil** will be fully absorbed, leaving the dry salt on the skin, making for easy removal.
- Brush off the salt using a dry towel, or help the client to the in-room shower to rinse off the salt fully.
- If the treatment is not followed by a body wrap, finish by applying the **Body Lotion** to the client's body in flowing massage motions.

### Cost Analysis

Himalayan Crystal Salt Glow	1.5 oz	\$0.75
Complete Oil	0.5 oz	\$1.08
Aromabalance Formula C	5 drops	\$0.41
Body Lotion	0.5 oz	\$0.82
<b>TOTAL</b>		<b>\$3.06</b>
<b>DURATION:</b>		<b>20 - 45 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$65-\$100</b>

## Body Pack Treatment

Utilizes the Thermal Properties of the Moor / Eases Aches and Pains Associated with Muscle or Joint Problems

<p>Retail Product recommendations</p> <ul style="list-style-type: none"> <li>Joint Balm</li> <li>Tension Balm</li> <li>Herbal Bath</li> <li>Herbal Infusion / Complete Nutrition</li> <li>Body Lotion</li> </ul>	<p>Products Used</p> <ul style="list-style-type: none"> <li>Body Lotion</li> <li>Body Mask</li> </ul>
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- Make sure that the room temperature is between 22-25C.
- Prepare the treatment table by setting up normally as you would for a massage.
- Place a sufficient quantity of **Body Mask** in a stainless steel bowl and place the bowl in hot water at about 40C temperature until mask is warm.
- Soak a large cloth in hot water then wring out and lay on a flat surface.
- Spread the heated **Body Mask** onto the cloth approximately one finger in thickness.
- Apply the cloth directly onto the skin so that the **Body Pack** is in contact with the affected area.
- Wrap the treated part of the body in warm blankets or towels and leave for 40-50 minutes.
- While **Body Pack** is applied, treat the client to a scalp, foot, or hand and arm massage depending on the area where the pack is located.
- Remove the **Body Mask** with hot towels and finish with a **Body Lotion** application to re-hydrate the skin.

### Cost Analysis

Body Mask	3.0 oz	\$2.83
Body Lotion	0.1 oz	\$0.16
<b>TOTAL</b>		<b>\$2.99</b>
<b>DURATION:</b>		<b>50-60 mins</b>
<b>SUGGESTED PRICE:</b>		<b>\$40-\$60</b>

## Foot Treatment

Revitalizes Tired Feet / Softens Calluses / Stimulates Circulation / Can be Carried Out on its Own, or Combined with a Pedicure or Reflexology

<p>Retail Product recommendations</p> <p>Foot Bath or Herbal Bath</p>	<p>Products Used</p> <p>Foot Bath or Herbal Bath Foot Cream Aromabalance Formula C</p>
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- Pour three tablespoons of **Foot Bath** or **Herbal Bath** into the pedicure foot spa and mix thoroughly, then add in 3 drops of **Aromabalancing Formula C**.
- Soak the client's feet in the foot spa for about 10-15 minutes.
- Offer your client a hand and arm massage while feet are soaking.
- Once the soak is complete, continue with your scheduled pedicure or reflexology treatment as requested by the client.
- Once your treatment is finished, take the client's feet out gently and dry them thoroughly.
- Follow with a lengthy foot massage using **Foot Cream** to finish off the treatment.
- Please note that, although dark in color, the **Foot Cream** will absorb completely in to the client's skin.

Cost Analysis	Foot Bath / Herbal Bath	1.0 oz	\$0.59
	Foot Cream	0.1 oz	\$0.41
	Aromabalance Formula C	3 drops	\$0.26
	<b>TOTAL</b>		<b>\$1.26</b>
	<b>DURATION:</b>		<b>20-30 mins</b>
	<b>SUGGESTED PRICE:</b>		<b>\$30 - \$50</b>
	<b>(Combined with Foot Massage/ Reflexology/ Pedicure)</b>		

## Hair & Scalp Treatment

Excellent for Devitalized or Damaged Hair / Helps to Re-Establish Natural Balance / Prevents Hair Loss by Stimulating Blood Flow to the Follicles

Retail Product recommendations	Products Used
Botanical Shampoo	Botanical Shampoo
Hair and Scalp Mask	Complete Oil
Hair Vitality	Hair and Scalp Mask
Botanical Conditioner	Hair Vitality
	Botanical Conditioner

- Wash the client's hair using one to two teaspoons of the **Botanical Shampoo** depending on the thickness of the hair.
- Massage the **Botanical Shampoo** into the hair and scalp of the client for one full minute, then rinse thoroughly.
- Next, massage the **Complete Oil** into the scalp manually or with a hair brush.
- Apply one tablespoon of the **Hair and Scalp Mask** onto the whole scalp area. Make sure to apply it evenly to the hair and scalp.
- Next, wrap the client's hair and scalp in a plastic shower cap and put under a steamer or heater for about 10-15 minutes.
- Now remove the cap and rinse the hair thoroughly.
- Massage the **Botanical Shampoo** into the hair and scalp of the client for one full minute, then rinse thoroughly.
- Spray 15-20 pumps of the **Hair Vitality** into your hand and massage vigorously into the hair and scalp. Make sure that the product does not seep away from the scalp as it stimulates circulation and can cause skin to redden temporarily.
- Leave the **Hair Vitality** to set for five minutes then rinse the product out.
- Finally massage the **Botanical Conditioner** into the hair and leave for two minutes.
- Rinse out the product thoroughly from the client's hair and blow dry to finish.

Cost Analysis	Botanicle Shampoo	0.5 oz	\$0.63	DURATION:	30-40 mins
	Botanicle Conditioner	0.5 oz	\$0.86	SUGGESTED PRICE:	\$40-\$60
	Hair Vitality	0.3 oz	\$0.62		
	Hair & Scalp Mask	1.0 oz	\$2.20		
	Complete Oil	0.3 oz	\$0.66		
	TOTAL		\$4.97		

## Massage Treatment

Massage Lotion is Excellent Tool for Combining the Benefits of Massage with Moor Therapy and Aromatherapy / Use Massage Balms for Greater Glide and Massage Lotion for Greater Nutrient Absorption

<p>Retail Product recommendations</p> <ul style="list-style-type: none"> <li>Body Lotion</li> <li>Tension Balm</li> <li>Joint Balm</li> <li>Massage Balm or Lotion</li> <li>Herbal Infusion / Comeplete Nutrition</li> </ul>	<p>Products Used</p> <ul style="list-style-type: none"> <li>Tension Balm</li> <li>Joint Balm</li> <li>Body Lotion</li> <li>Massage Balm or Lotion</li> </ul>
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- When using the [Massage Lotion](#) add a few drops of an [Aromabalance Blend](#) to customize the massage according to the needs of the client. Use product liberally.
- If the client has fairly dry skin or you wish to perform a deep tissue massage use the [Massage Balm Aroma Free](#).instead of the [Massage Lotion](#)
- If using the [Massage Balm](#), allow the product to melt by rubbing your palms together then apply it to the area to be massaged. The product will always warm up on touch. You can add an [Aromabalance Formula](#) to the [Massage Balm Aroma Free](#).
- Rub [Tension Balm](#) between hands and use for inhalations before you begin the massage.
- Continue your treatment as per your specifications.
- Use the [Tension Balm](#) on areas of muscular tightness, particularly in the shoulder and neck areas. Use the [Joint Balm](#) on areas of joint inflammation or pain.

Cost Analysis	Massage Lotion	3.0 oz	\$4.50
	Aromabalance Formula	5 Drops	\$0.35 (Approx)
	Tension Balm	0.05 oz	\$0.23
	<b>TOTAL</b>		<b>\$5.08</b>
	<b>DURATION:</b>		<b>30-60 mins</b>
	<b>SUGGESTED PRICE:</b>		<b>\$60 - \$85</b>
<b>OPTIONAL:</b> Massage Balm 1.5 oz \$3.87 (TOTAL \$4.45) Add on Tension Balm 0.1 oz \$0.46 or Joint Balm 0.1 oz \$0.42			

## Hydrotherapy Treatment

Profoundly Relaxing & Healing for Skin and Body / Therapeutic Benefits For Inflammatory Conditions Including Arthritis, Rheumatism, Gout, Muscle or Joint Pain, Back Problems, Sports Injuries, Hormonal Imbalance, Menstrual Problems, Psoriasis, Eczema and Fibromyalgia / Excellent for Reducing Fluid Retention (Edema)

Retail Product recommendations	Products Used
Herbal Bath or	Herbal Bath or Joint Balm
Himalayan Crystal Salt Bath	Himalayan Crystal Salt Bath Tension Balm
Tension Balm	Shower Gel
Complete Nutrition / Herbal Infusion	

- **PLEASE NOTE:** The only contraindication to **Moor Spa Hydrotherapy** is high blood pressure.
- First, prepare the bath by adding a sachet of the **Herbal Bath** into running bath water. The **Herbal Bath** should be thoroughly mixed into the water, and the water temperature should be at a maximum of 38C (100F).
- Client will shower and cleanse the skin using the **Shower Gel**.
- Exfoliate the client's body starting on the back and shoulders and working your way down to the lower legs. Help the client flip over on to the back and exfoliate the front of the legs, stomach, arms, finishing with the enhance vitality décolleté and chest. Use two tablespoons of the **Himalayan Crystal Salt Glow** mixed with one tablespoon of the **Complete Oil**.
- Brush off the salt using a dry towel, or help the client to the in-room shower to rinse off the salt fully.
- Set the hydrotherapy jets to a low level. The effects of the **Herbal Bath** should not be over-amplified by the effects of the hydrotherapy jets.
- Help the client into the bath and provide a pillow to support the neck and have them simply relax for 15 - 20 minutes.
- Once the client is out of the bath, wrap them in a large warm towel or robe, then have them rest in a warm room for up to one hour. During this time various healing agents are still in contact with the skin and will continue to penetrate into the blood stream.
- While the client is relaxing, offer them a glass of water or fruit juice and 2 capsules of **Complete Nutrition** or a teaspoonful of **Herbal Infusion** to enhance their vitality and aid in internal detoxification.
- For clients with joint pain, varicose veins, carpal tunnel, or tendonitis, massage the **Joint Balm** gently into the affected area after the treatment has finished. For muscular tension use the **Tension Balm**.
- When used for therapeutic purposes, a full course of 21 baths should be taken every other day. The treatment may be continued partially at home, in which case it is recommended that the bath be taken at bed time. For acute conditions, more than one course may be required.
- Follow up with your home care recommendations.
- The same procedure can be carried out using the **Himalayan Crystal Salt Bath** instead of the **Herbal Bath**.

### Cost Analysis

Himalayan Crystall Salt Glow	1.5 oz	\$0.75	<b>TOTAL</b>	<b>\$6.76</b>
Complete Oil	0.5 oz	\$1.08	<b>DURATION:</b>	<b>60 - 90 mins</b>
Herbal Bath	8.0 oz	\$4.72	<b>SUGGESTED PRICE:</b>	<b>\$45 - \$75</b>
Body Lotion	0.5 oz	\$0.81		
Complete Nutrition	2 caps	\$1.16		

**OPTIONAL:** Add on Tension Balm 0.1 oz \$0.46 or Joint Balm 0.1 oz \$0.42

## Home Detoxification Program

Detoxification is one of the most important factors in health care maintenance and anti-aging. The purification of the gastro-intestinal tract encourages a healthy metabolism of food. This translates into healthier, more radiant skin. Combining the Herbal Bath and Complete Nutrition at home may help to purify the body both externally and internally

<p>Retail Product recommendations</p> <p>Herbal Bath Complete Nutrition / Herbal Infusion</p>	<p>Products Used</p> <p>Herbal Bath Complete Nutrition / Herbal Infusion</p>
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- Clients should take a course of Herbal Bath and either Complete Nutrition or Herbal Infusion for 30 days.
- 2 capsules of Complete Nutrition should be taken once a day or 1 teaspoonful of Herbal Infusion should be taken twice a day. Either may be taken with fruit juice or warm water.
- The Herbal Bath should be taken 2-3 times a week. Run a warm bath and stir in 1 sachet or 6 oz. of the Herbal Bath paste. Make sure that the bath is not too hot (max 38OC). Relax in the bath for up to 20 minutes. After the bath, do not rub down, but wrap the body in a large towel and lie down for one hour in a warm room. When draining the Herbal Bath, stir the water periodically.

Cost Analysis	(Home Treatment - Retail Sale)		
	Herbal Bath	2 boxes x 6 sachets	\$46.20
	Complete Nutrition	60 caps	\$35.00
	<b>TOTAL</b>		<b>\$81.20</b>
	<b>DURATION:</b>		<b>6 Weeks (at home)</b>
	<b>SUGGESTED PRICE:</b>		<b>\$180</b>
	<b>OPTIONAL:</b> Herbal Infusion instead of Complete Nutrition (1 bottle) \$20.00		

These wellness regimens were developed in conjunction with Moor Spa's medical consultant, Kimberly Crawford M.D., F.A.C.P.M. They may be used as suggested treatments to help clients with specific health issues. However, they should be used in conjunction with, not as a substitute for, treatments or recommendations provided by the client's physician.

In rare cases, an initial flaring of symptoms may occur as balance is restored to the body. In these cases the symptoms will normally disappear quite quickly. However, if the symptoms do persist, ensure that the client consults with his/her personal physician.

Note: other therapeutic regimens available upon request

**GENERAL DETOXIFICATION:** *MOOR SPA body wraps in the spa 2x weekly.*

- ◆ Take home: [Herbal Bath](#) every other night and [Complete Nutrition or Herbal Infusion](#) daily, until process is completed (generally 3-4 weeks). Maintenance: Weekly body wrap, 2-3x weekly [Herbal Bath](#), 1x daily [Complete Nutrition or Herbal Infusion](#).

**FACIAL SKIN / ANTI-AGING:** *MOOR SPA Facials in the spa once weekly.*

- ◆ Take home: Facial Mask, [Cleansing Gel](#), [Herbal Toner](#), [Facial Polish](#), [Moisture Cream](#) (For Skin Type - add [Clarifying Cream For Oily / Combination Skin](#) if "age spots" are also a concern).
- ◆ For problem skin use the [Facial Mask](#) 2x per week and the [Skin Balm](#) daily on all problem areas. We also recommend the [Complete Nutrition or Herbal Infusion](#) daily.
- ◆ For anti-aging facial care use the Renewal Serum and Cream daily before bedtime.
- ◆ For other aging skin concerns: partial body wraps in the spa, and [Herbal Baths](#) at home.
- ◆ Note: Any chemical peel or mechanical process such as micro-dermabrasion should be followed by use of the [Facial Mask](#) and the [Skin Balm](#), which will speed up the healing process. These products can also be used with alpha-hydroxy acid (including the [10% Glycolic Lotion](#)), Retina-A, Renova, and vitamin-C products.

**FACIAL SKIN LIGHTENING:** *MOOR SPA Facials in the spa: apply 10% Glycolic Lotion for 10 minutes prior to using pure moor Facial Mask - follow this with Radiance Serum.*

- ◆ Take home: [Facial Mask](#) 2x weekly unless doing two in-spa treatments. Use [Moisture Cream for Oily / Combination skin](#) 2x daily. Use the [10% Glycolic Lotion](#) - starting every third night, working up to nightly or, in some cases of very thick, oily skin; twice daily. This should occasionally be used on "non-mask" days.
- ◆ Note: If extra moisture is needed, add [Replenishing Cream for Dry / Devalitized Skin](#) or [Skin Balm](#).

**ACNE:** *In the Spa: MOOR SPA Facials (mask detoxifies the skin, and extractions are required)*

- ◆ Take home: [Facial Mask](#) (2x weekly, and dot on blemishes). The [Cleansing Gel](#), [Herbal Toner](#) and [Skin Balm](#) can all be used safely with other prescribed therapies. Use the [10% Glycolic Lotion](#) - starting every third night, working up to nightly or, in some cases of very thick, oily skin; twice daily. This should occasionally be used on "non-mask" days.

**FACIAL ESTHETIC MEDICAL PROCEDURES:** *Botox, Collagen, Perlane, etc.*

- ◆ Facials and peeling-agent products stopped 48 hours prior. Post botox: no [Facial Mask](#) for 48 hours. Post collagen or perlane injection: light film of [Facial Mask](#), covered by [Skin Balm](#) helps to keep swelling down especially in the lips. Keep the mask moist with the [Herbal Toner](#) - not steam for 8 minutes. Cover with ice pack as soon as [Skin Balm](#) is applied.

**FIBROMYALGIA / CHRONIC FATIGUE:** *In the Spa: MOOR SPA body wraps in the spa 2-3x weekly*

- ◆ Take home: [Herbal Bath](#) every other night, [Complete Nutrition or Herbal Infusion](#) daily until maintenance. Maintenance varies, but will generally consist of weekly Body Wrap in the spa, 2-3 x weekly [Herbal Bath](#) and 1x daily [Complete Nutrition or Herbal Infusion](#). Other medical regimens such as [Vital Chi Skin-Brushing](#), stretching, exercise, and stress-management are vital.

**STRETCH MARKS AND SCARS:** *In the spa: partial body wraps to affected areas, with varied visits from 1-5 times weekly, depending on severity and desired speed of results.*

- ◆ Take home: non-treatment night - [Herbal Bath](#), daily - [Complete Nutrition or Herbal Infusion](#) and massage [Skin Balm](#) and [Contour Cream](#) over affected areas. If areas are small, the [Facial Mask](#) can be substituted for some "in clinic" partial wraps.

- ◆ Take home: Every other night **Herbal Bath**; 1x daily **Complete Nutrition or Herbal Infusion**, and 2x daily use of **Contour Cream** until desired results are achieved. Maintenance: 1x weekly body wrap treatment and 2-3 times weekly **Herbal Bath**, with 1x daily **Complete Nutrition or Herbal Infusion**. Also, **Vital Chi Sin Brushing** is recommended daily along with regular application of **Contour Cream** and use of **Bio-Shorts**.

**ARTHRITIS:** *(OK to treat benign swelling - not if area is showing redness) In the spa: body packs applied to affected area 2-3 times weekly until relief is achieved.*

- ◆ Take home: 1x daily **Joint Balm**, 2-3x weekly **Herbal Bath** and 1-2x daily **Complete Nutrition or Herbal Infusion**. Maintenance regimen will vary: in general **Joint Balm** and **Complete Nutrition or Herbal Infusion** daily, **Herbal Baths** 1-2x weekly and **Body Packs** as needed.

**MUSCULAR PAIN / BACK PAIN / TENDONITIS:** *In the spa: Body Packs 2-3x weekly*

- ◆ Take home: **Complete Nutrition or Herbal Infusion** and **Herbal Baths** on non-treatment nights. **Tension Balm** is very useful for tender muscles, tension headaches and muscular low back pain.

**DEPRESSION:** *When more than just "mild", always seek the advice of a doctor, as medication and/or counseling may be recommended. Most cases are associated with anxiety, so the recommendations would include: body wraps 2-3X per week in the spa plus massage using the S (relaxation / anti-stress) essential oil blend.*

- ◆ Take home: **Herbal Bath** on non-treatment night, and the **Complete Nutrition or Herbal Infusion** taken daily. Massage could also be done using the **Massage Lotion or Balm**. The **S essential oil blend** should be used with the massage and the baths.

**JETLAG:** *This is a great "hook" for the traveller especially for hotel-spas. In the spa: Body wrap and massage on arrival.*

- ◆ Take home: **Herbal Bath** that evening and following 2 evenings - same procedure upon return. If they don't think they'll have time for a wrap upon return, just supply them with a box of the **Herbal Bath**. As always take **Complete Nutrition or Herbal Infusion** daily. You might want to use the C (circulation) essential oil blend with the baths. (Note: we have recently discovered that taking a **Herbal Bath** for 2 evenings prior to time-zone changing travel greatly reduces the symptoms as well - so be sure to impart this information to your staff and clients, so that clients leave, making sure they have a "starter box" of **Herbal Bath**.)

**SHOULDER TENSION:** *Very common with stress-related jobs, times, computer work etc (nearly everybody has this to a lesser or greater extent!) The usual treatments for muscle tension including massage, stretching, exercise, adequate fluids and stress management are essential.*

- ◆ Take home: The **Tension Balm** 2-3x daily works much better than Tiger Balm to relax and improve the pain/tension. Every other night take **Herbal Baths** with the **M (musculoskeletal) essential oil blend**.

**PSORIASIS:** *We have seen excellent results for this condition. Note: if you see hot, red, swollen areas of skin on anyone, this is "cellulitis", and requires medical intervention. In the spa: treat with 3x weekly body wraps, followed by massaging in the **Skin Balm or Neem Cream**, and finishing with the **Body Lotion**.*

- ◆ Take home: Excellent results have been achieved with daily **Herbal Baths**. Also apply the **Skin Balm or Neem Cream** 2-3x daily - this can also be used with the vitamin cream doctors prescribe, but do not use it with PUVA - as that is a treatment which involves UV light, and moor treatments can occasionally exacerbate UV-burned areas.

**COLDS & FLUS:** *Moor treatments can be very effective for warding off colds and flus particularly if you can catch' them before the full symptoms set in. In the spa: daily body wraps if possible (blend in the **R (respiratory) essential oil blend**).*

- ◆ Take home: **Complete Nutrition** daily, **Herbal Baths** daily with **R essential oil blend**.

**GENERAL HEALTH MAINTENANCE:** *In the Spa: 2x monthly body wrap and facial.*

- ◆ Take home: Skin Care products as recommended, **Herbal Bath** 1-2x weekly and **Complete Nutrition or Herbal Infusion** daily. (Increase for anti-viral, antibacterial, anti-fungal, or anti-inflammatory effect).

**SPECIAL USES FOR CERTAIN PRODUCTS:**

- ◆ **Eye Lotion:** great for morning puffiness
- ◆ **Eye Zone Cream:** great for plumping up fine lines
- ◆ **Tension Balm:** great for headaches when massaged into neck and shoulders and applied at acupuncture sites, and also for therapy clinics to use with ultrasound for deep penetration and better effects of the ultrasound treatment.
- ◆ **Contour Cream:** Not only tightens / tones skin, but smells "good enough to eat"
- ◆ **Herbal Toner:** Keep at your desk for a refreshing spritz.
- ◆ **Herbal Bath:** GREAT for jet-lag, along with using the body wrap, in a spa or similar environment
- ◆ **Herbal Bath:** Useful for chronic female yeast infections: often seen in humid environments!
- ◆ **Skin Balm:** Use a coating before putting on sun block, when venturing out to windy, snowy, cold environments
- ◆ For post-microdermabrasion and post-chemical peel: a light coating of **Facial Mask** followed by a generous coating of **Skin Balm** speeds healing, improves redness and overall results are superior. (This works on all parts of the body).

**Notes/Frequent Questions:**

- ◆ We have found that, in most cases, **Herbal Baths** can be taken daily for maximum effect. However, it can happen in rare cases that the effects can be slightly overwhelming. This is why our general advice is for **Herbal Baths** every other day.
- ◆ Pregnancy: If "normal" we have yet to hear of any adverse effects. Obviously - any complication such as hypertension, diabetes, pre-eclampsia, membrane defects will contraindicate the use of any body products and treatments including baths or wraps. For a normal pregnancy we would suggest that (at least in American spas) a "release" is signed. This should be done as a routine, matter-of-fact statement about the purity, lack of adverse effects, and the litigious nature of certain areas which simply dictate this formality. Also the abdominal area should not be covered with the moor, and two sheets should be used so that the abdominal area is not wrapped, and potentially overheated.

Similarly, the same explanation should be given regarding the **Herbal Bath**, with a release again stating that the company has never had a report of any adverse effect. Do not start someone on the **Complete Nutrition** as a "new product" if they are pregnant (similar philosophy to things like allergy desensitization), but the same caveat holds true regarding the recommended release form.



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